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8 ***Biomass-derived carbon/ γ -MnO₂ nanorods/S composites prepared***
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11 ***by facile procedures with improved performance for Li/S batteries***
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43 **Highlights**

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45 - A biomass-activated carbon from olive stone with nanorod γ -MnO₂-S is reported.
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47 - Facile and low-cost processes were used to improve the practical applications.
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49 - Composites were studied for application as a cathode for Li/S batteries.
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51 - γ -MnO₂ in the C/S composite markedly improves the performance of the batteries.
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53 - The γ -MnO₂ nanorods confine the polysulphides, restricting their dissolution.
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Abstract

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2 The promising prospects of the Li/S battery, due to its theoretical energy density of about
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4 2500 Wh kg⁻¹, are severely limited by two main weaknesses: the poor conductivity of S and
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6 the solubility of the polysulphides in the electrolyte. A combination of carbon and transition
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8 metal oxides is the best option for mitigating both of these shortcomings simultaneously. In
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10 this work, we use hydrothermally-tailored γ -MnO₂ nanorods combined with an activated
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12 biomass-derived carbon, which is an inexpensive material and easy to prepare. This strategy
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14 was also followed for a AC/MnO₂/S composite, a preparation of which was made by
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16 grinding; this is the simplest method for practical applications. More complex procedures for
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18 the formation of in situ hydrothermal MnO₂ nanorods gave similar results to those obtained
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20 from grinding. Compared with the AC/S composite, the presence of MnO₂ markedly
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22 increased the delivered capacity and improved the cycling stability at both low (0.1 C) and
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24 high (1 C) currents. This behaviour results from a combination of two main effects: firstly,
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26 the MnO₂ nanorods increase the electrical conductivity of the electrode, and secondly, the
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28 small particle size of the oxide can enhance the chemisorption properties and facilitate a
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30 redox reaction with polysulphides, more efficiently blocking their dissolution in the
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32 electrolyte.
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53 **Keywords:** biomass-derived carbon; manganese dioxide; composites; lithium-sulphur
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1. Introduction

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2 Today, Li-ion batteries (LIB) play a significant role in various fields, and particularly in
3 portable electronic devices, laptops, mobile phones and digital cameras. The main reasons for
4 this are their low weight, a specific energy that is adequate for the demands of these devices
5 and a reasonably long life [1-3]. Unfortunately, their ability to meet the demands of the
6 operation of other emerging technologies, such as electric vehicles and electrochemical
7 storage energy devices for renewable power systems, is questionable, as these devices require
8 higher energy values (around 200 Wh kg⁻¹) than those supplied by LIBs [2,4]. Alternative
9 reversible electrochemical reactions in which the electron transfer is greater than that taking
10 place in an LIB (which has a maximum of one electron) may be able to overcome this
11 shortcoming, as a reaction-based battery would supply a higher specific capacity and hence a
12 higher specific energy.

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14 The electrochemical reaction between Li and S satisfies the above condition, and its
15 theoretical specific capacity and specific energy are 1675 mA h g⁻¹ and 2600 Wh kg⁻¹,
16 respectively (much higher than that of the current Li-ion battery, which is around 600 Wh
17 kg⁻¹). Moreover, S is an abundant element, and is cheap and environmentally friendly.
18 Despite these advantages, the Li/S battery has several drawbacks that hinder its use in
19 practical applications [5-8]. The three most important of these are [8,9]: (i) **the low electronic**
20 **conductivity of S** and its discharge product Li₂S, ~ 5 × 10⁻³⁰ and ~ 10⁻¹⁴ S cm⁻¹, respectively,
21 **several orders of magnitude** lower than that of a transition metal oxide-base electrode, giving
22 rise to a low use of the active material as a result; (ii) the significant volumetric
23 expansion/shrinkage (approx. 80%) during the discharge/charge processes due to the different
24 densities of S and Li₂S (2.03 and 1.67 g cm⁻³, respectively) causes structural instability of the
25 electrode; and (iii) the solubility of the intermediate lithium polysulphides (LiPSs) in the
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1 liquid electrolyte creates a “shuttle effect”, which causes capacity loss of the cell on cycling
2 and the corrosion of the Li electrode [10].
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4 A common technique for mitigating these obstacles is the use of additives of various
5 compositions. Carbon is one of the more promising additives, as it can have a positive effect
6 on the three drawbacks mentioned above. Its good conductivity can counteract the insulating
7 behavior of S; it can also buffer the strains produced by the volume changes involved in the S
8 \leftrightarrow Li₂S conversion; and finally, it can trap the polysulphides in its pore system, thus
9 alleviating the shuttle effect [11]. This multifaceted behavior is the reason for the abundant
10 literature on carbon materials of diverse textural and morphological properties as sulphur
11 hosts [12]. Since the adsorption of LiPSs is mainly related to the surface area and porosity,
12 the textural properties of carbon play a relevant role. In this context, activated carbons (AC),
13 which have a well-defined micropore system that enhances their adsorption properties, are a
14 good choice [13]. However, the nonpolar properties of carbon weaken the interactions with
15 polar species of LiPS. This feature suggests an alternative approach to constraining the
16 diffusion of polysulphides based on polar compounds, involving metal oxides [14]. Ti- and
17 Mn-based oxides have been most widely studied as possible components of the S composite;
18 these have been used alone [15-18] and have been frequently combined with graphitic
19 carbons [18-22]. It should be mentioned that the interest aroused by Mn oxides is probably
20 motivated by the variety of phases and valence states, combined with the non-toxic behavior
21 and abundance of the element [23]. In the last few years, several C/MnO₂/S composites have
22 been studied as electrodes for Li/S batteries, showing disparate levels of performance [23-
23 35]. The specific capacity values range from 1125 to 400 mAh g⁻¹ after 100 cycles at 0.2 C
24 and 0.1 C, respectively. The reason for this is that the numerous factors affecting the
25 performance of a battery make it difficult to establish comparisons, even between systems
26 using materials of a similar nature. In most of these articles, the main focus is the shape and
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1 morphology of the carbon particles (nanofibres, nanotubes, nanosheets, hollow spheres, etc.),
2 the synthesis of which require complex and laborious procedures, either using hard templates
3 or special methodologies for obtaining particular morphologies. For S, the most frequently
4 used deposition method is melt-diffusion, involving heating in a vacuum or inert atmosphere
5 at temperatures above 150°C; other deposition methods, such as dissolving S in CS₂, pose
6 serious problems with regard to solvent management. These factors mean that these proposals
7 are very expensive and have uncertain feasibility for practical applications on a large scale.
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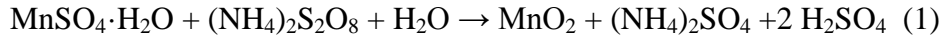
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10 In this context, the use of biomass as a source of C, well known in the manufacture of ACs
11 [36], is gaining relevance in the field of electrochemical storage energy [37], and particularly
12 as source of a C host for Li/S batteries [38-42]. Biomass-derived carbons possess a notable
13 property, which is the ability to induce a pore system during preparation; this is beneficial for
14 sulphur deposition and for capturing the LiPSs in the cavities to mitigate the shuttle effect. In
15 this study, we use a microporous carbon obtained from olive pits, combined with MnO₂
16 nanorods prepared using a hydrothermal process, and examine its electrochemical properties
17 as an electrode for Li/S batteries. AC/MnO₂/S composites are prepared using simple and
18 straightforward procedures, a requisite for developing low-cost and sustainable Li/S batteries
19 for future applications.
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43 **2. Material and methods**

44 *2.1 Synthesis of activated carbon and MnO₂*

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46 The olive stone AC was obtained from the bioenergy plant at S.C.O. El Tejar, Córdoba
47 (Spain); details of its synthesis are described elsewhere [43]. MnO₂ was obtained using a
48 hydrothermal method, following the procedure proposed by Gu et al. [44]. In a typical
49 procedure, MnSO₄·H₂O (Panreac, 51 mmol) and (NH₄)₂S₂O₈ (Panreac, 51 mmol) were
50 dissolved in 260 mL of deionised water; the solution was distributed to four Teflon-lined
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1 stain-less steel autoclaves (VEVOR, 80 mL) and further heated at 90°C for 6 h. The resultant
2 solid was filtered, washed with distilled water and absolute ethanol several times and dried in
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4 a oven at 80°C. The chemical reaction in (1) achieved a yield of 74%:
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7 8 9 10 2.2 *Synthesis of AC/S@gr; AC/MnO₂/S@gr; AC/MnO₂/S@ht composites*

11 Commercial **micronized S (Solvay)** was used for the three composites studied, which had an
12 initial S content of 60% (w/w). The remaining 40% was made up either of AC or a mixture of
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14 AC and MnO₂ in a 1:1 mass ratio. Two composites were prepared by grinding for 3 h at 300
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16 rpm in ethanol in a Retsch PM100 ball mill. These composites are identified by the letters
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18 “gr”. The third composite, identified by the letters “ht”, was prepared using an AC matrix
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20 together with the chemical precursors of MnO₂, which were placed in a Teflon-lined stainless
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22 autoclave and underwent the treatment described above for the synthesis of pure oxide. In
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24 this case, the S in the composite was homogeneously dispersed by magnetic stirring in
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26 ethanol for 14 min at 4000 rpm, using a Ultraturrax IKA T18. These conditions were chosen
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28 to be comparable to those used in the grinding method. The scheme shown in Fig. 1
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30 summarises the different steps used for the preparation of the composites.
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39 **Figure 1**

40 41 2.3. *Carbon, MnO₂ and composite characterisation*

42 The structural properties were examined using X-ray diffraction (XRD) and X-ray
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44 photoelectron spectroscopy (XPS). The XRD patterns were recorded with a Bruker D8
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46 Discover X-ray diffractometer, using Cu K α radiation and a Ge monochromator. The XPS
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48 spectra were obtained on a SPECS mod. PHOIBOS 150 MCD spectrometer, using
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50 monochromatic Mg K α radiation and a multichannel detector. All spectra were fitted to
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52 Gauss–Lorentz curves to better identify the different chemical environment of the elements in
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54 each material. The morphology of the samples and the element mapping were investigated
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1 using a Jeol JSM-7800F scanning electron microscope (SEM) equipped with a with an X-
2 ACT Cambridge Instrument analyser. The specific surface area was determined with a
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4 Micromeritics ASAP 2020, using N₂ gas as an adsorbate. Pore size distribution was
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6 calculated using the density functional theory (DFT) method, applied to the adsorption
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8 branch of the isotherms. The sulphur content was determined by thermogravimetric analysis
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10 with a Mettler Toledo TGA/DSC at a heating rate of 5°C min⁻¹ from 25° to 800°C, in a
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12 nitrogen atmosphere.
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16 17 18 *2.4 Electrode preparation*

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20 The positive electrodes were prepared by mixing the composites with PVDF (6020, binder,
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22 Solvay) and carbon Super P (conducting agent, Timcal) in a weight proportion of 80:10:10,
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24 adding 1-methyl-2-pyrrolidone (Sigma Aldrich, 0.5 mL per 100 mg) and magnetically
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26 stirring for 24 h. The resulting slurry was coated using doctor-blade deposition onto an Al foil
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28 (thickness 15 µm). The deposits were dried for 24 hours in an oven at 60°C and cut into 12.8
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30 mm discs. The electrodes were then dried in a vacuum overnight at 45°C. The sulfur loading
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32 was approximately 1.0 mg cm⁻².
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38 39 *2.5. Cell assembly and electrochemical characterisation*

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41 Electrochemical measurements were performed on CR2032 coin cells assembled inside an
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43 Ar-filled glovebox (MBraun, oxygen and moisture content lower than 1 ppm) with Li metal
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45 foil as a counter and reference electrode. The separator was a polyethylene membrane
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47 (Celgard) with a thickness of 25 µm and a porosity of 39%. The electrolyte was LiTFSI (1M,
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49 Sigma Aldrich) and LiNO₃ 0.4 M (Sigma Aldrich) in 1,3-dioxolane (DOL, Sigma Aldrich)
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51 and 1,2-dimethoxyethane (DME, Sigma Aldrich) (1:1 v/v). The cyclic voltammograms (CV)
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53 were recorded with a Solartron 1286 at 0.1 mV s⁻¹ between 1 and 3 V. Electrochemical
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55 impedance spectroscopy (EIS) was carried out using an Autolab (Ecochemie, Pgstat 30)
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1 electrochemical workstation in the frequency range 0.1 Hz to 500 KHz at a disturbance
2 amplitude of 10 mV. Galvanostatic measurements were performed on an Arbin BT2143 in a
3 voltage range of 1.8 to 2.7 V at various currents (1 C is defined as 1675 mA g⁻¹). All specific
4 capacity values were calculated per gram of sulphur.
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10 11 12 **3. Results and discussion**

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16 The XRD patterns of activated carbon and the Mn oxide obtained by hydrothermal treatment
17 are shown in Fig. S1 (in the Supplementary Information). The latter pattern can be indexed in
18 the γ -MnO₂ phase (JCPDS 44-0142). The peak weakness and the background of the pattern
19 reveals the formation of a phase of high structural disorder (some reflections as (120) and
20 (003) are not well resolved) [45]. The pattern for activated carbon (Fig. S1b) also exhibits
21 weak, wide peaks at 25° and 43.5° (2 θ); these were assigned to the (002) and (100)
22 crystallographic planes, respectively, and are typical of highly disordered carbons. The
23 patterns of the three composites were quite similar, and as an example, the pattern of the
24 AC/MnO₂/S@ht composite is shown in Fig. S1c. The only clearly distinguishable phase was
25 S, which maintained its crystalline structure throughout the treatment to which it was
26 subjected. Neither AC nor MnO₂ were detected, due to their lower content and particularly
27 their low crystallinity.
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45 The three composites were further characterised by XPS. The C 1s spectrum of the
46 AC/MnO₂/S@ht composite is shown as representative sample in Fig. 2a, and was fitted to
47 four components, ascribed to C-C/C=C (283.6 eV), C-O (285.1 eV), C=O (286.5 eV), and O-
48 C=O (287.9 eV) [46]. The percentages of these components are shown in Table 1. In general,
49 the intensity of the peaks assigned to functional oxygen groups increased slightly for the
50 composites with MnO₂. The S 2p spectrum, as shown in Fig. 2 b, is characterised by the S
51 doublet (2p_{3/2} and 2p_{1/2}) with energies of 162.7 eV and 164 eV respectively, and a lower
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intensity peak at higher energies (at 167.2 and 168.4 eV, respectively) is assigned to S bound to O, derived from its oxidation [47]. In fact, the intensity of this peak increases when MnO₂ is present; this behaviour is similar to that observed for the C peaks assigned to the oxygen functional groups. The strong oxidising properties of this oxide may be responsible for the changes that take place at the surface level of the particles, where this technique is useful. More pronounced differences are shown in the spectrum of O 1s (Fig. 2c), due to the MnO₂ content. The spectrum can be fitted to at least three components, with binding energies 528.7, 530.5 and 532.3 eV assigned to Mn-O, C-OH and C-O (or H-O-H), respectively. Finally, the two peaks in the Mn 2p spectrum (2p_{3/2} and 2p_{1/2}) (Fig. 2d) are relatively symmetric binding energies of 641.1 and 652.6 eV, which are consistent with Mn⁴⁺ [47].

Figure 2

Table 1. Contributions of the four components used in the fitting of the C 1s photoemission peak (in %)

Sample	C-C	C-O	C=O	O-C=O
BE (eV)	283.6	285.1	286.5	287.9
AC/S@gr	75.6	16.2	5.4	2.5
AC/MnO ₂ /S@gr	71.3	17.2	6.8	4.7
AC/MnO ₂ /S@ht	66.0	20.1	8.0	5.9

SEM images of the composites and their components are shown in Fig. 3. MnO₂ has a microsphere-shaped morphology, with a variable diameter ranging from 4–10 μm (see Fig. 3a). The microspheres are formed by agglomerates of submicronic nanorods of nanometric thickness. A fluffy type of morphology is adopted by the activated carbon (Fig. 3b). The macroparticles are agglomerates of smaller particles, as shown by the high specific surface discussed below. The sulphur forms micrometric particles of variable size and shape, a typical morphology for commercial S. Two observations can be made for the SEM images of

1 the composites with AC/MnO₂: the first is the spherical morphology loss of the γ -MnO₂
2 phase and the more homogeneous distribution of the components in the AC/MnO₂/S@gr
3 composite (Fig. 3c), while the second is the presence of MnO₂ microspheres and sponge-like
4 particles of AC in the AC/MnO₂/S@ht composite, and the more heterogenous distribution of
5 the components as a result. In the image of this composite (Fig. 3d), the γ -MnO₂ phase is
6 clearly identified. Therefore the absence of peaks belonging to this phase in the XRD pattern
7 is due to its low content in the composite. Thus, its poor crystallinity and low content appear
8 to be the reasons for the apparent disagreement between the two characterisation techniques.
9 The energy dispersive spectroscopy (EDS) of the elemental maps of C, O, Mn and S is shown
10 in Figs. 3e-f. The grinding process clearly destroys the MnO₂ microspheres, and the
11 composite exhibits a more homogeneous distribution of elements compared with that of the
12 composite prepared under hydrothermal conditions. In this composite, the microsphere
13 particles of MnO₂ are clearly localised and the sulphur is homogeneously distributed.
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31 **Figure 3**

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34 The sulphur content was determined from TG measurements recorded in a dynamic N₂
35 atmosphere (Fig S2). The sublimation of sulphur occurs in the range 180°C–360°C for the
36 composites with MnO₂, and in a somewhat wider range of up to 420°C for the composite
37 without MnO₂. In this temperature range, both the oxide and the AC matrix also lose a small
38 amount of weight; these losses can be attributed to water and the decomposition of the
39 containing oxygen-related functional groups, respectively (see Fig. 2a). After correcting for
40 these weight losses, the S content calculated for the MnO₂-containing composites was 58%,
41 and a somewhat higher value of 61% was calculated for the composite without MnO₂.
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53 The N₂ adsorption-desorption isotherms of AC, MnO₂ and the composites are shown in Fig.
54 4. According to the BDDT classification, the shape adsorption of AC is type I (associated
55 with microporous systems) and type IV at relative pressures of above 0.6. Moreover, the
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presence of a mesoporous system is revealed by the hysteresis loop in the desorption curve [48], which allows the use of hierarchical porous system terminology for our carbon. The adsorption isotherm for MnO₂ is type II, which is typical of non-porous solids, and the small hysteresis loop at high pressure is of little significance. The composites also show type II isotherms, but with a drastic decrease in the adsorbed volume of N₂ compared to that of pristine carbon and, to a lesser extent, that of the oxide. BET surface and pore volume values are shown in Table 2. The pore size distribution evaluated using the DFT method confirms the micro-mesoporous texture of the pristine carbon (Fig. S3). The average micropore size is calculated as being between 0.7 and 1.9 nm, and wide, weak peaks appear at 3.7 and 6.5 nm, which are values in the mesopore range. The high value for the specific surface for carbon, 615 m² g⁻¹, is due mainly to its microporosity. The specific surface of γ-MnO₂ was notably lower, at only 40 m² g⁻¹, which is consistent with its non-porous nature. The decrease was even greater for the three composites. These values are within the limits of accuracy of the adsorption measurements, and the origin is the coating of the matrix particles by S, a material with very small BET surface values [49].

Figure 4

Table 2. Values of specific surface area and pore volume for the AC, MnO₂ and composites

Sample	S _{BET} (m ² g ⁻¹)	V _{pore} (cm ³ g ⁻¹)	V _{micro} (cm ³ g ⁻¹)
AC	615	0.38	0.16
MnO ₂	40	0.19	0.005
AC/S@gr	2	0.01	0.0007
AC/MnO ₂ /S@gr	5	0.04	0.001
AC/MnO ₂ /S@ht	5	0.03	0.0009

1 To evaluate the electrochemical properties of the composites, coin cells were assembled with
2 composite acting as the cathode and Li metal as the anode. The galvanostatic
3 discharge/charge curves recorded at a rate of 0.1 C (Fig. 5a-c) show two typical discharge
4 plateaus at around 2.3 and 2.0 V for the three composites [50]. In the first plateau, the S₈ ring
5 is opened and high long chain polysulphides are formed via the reaction: $2 \text{Li} + n\text{S} + 2 \text{e}^- \rightarrow$
6 $\text{Li}_2\text{S}_n + \text{S}$ ($4 \leq n \leq 8$). In the second plateau, the breakdown of the S-S bonds continues, and
7 the chains of the polysulphides become shorter until they form Li₂S, the most reduced form,
8 via the reaction $\text{Li}_2\text{S}_n + 2(n-1) \text{Li}^+ + 2(n-1) \text{e}^- \rightarrow n\text{Li}_2\text{S}$ ($n < 4$). On charging the cell, strong
9 polarisation takes place, which is derived from changes in the inner resistance of the cell
10 caused by the reaction products. The two plateaus are perceptible, but are less differentiated
11 due to the observed polarisation, and particularly for the AC/S@gr composite. The first
12 plateau located at **approximately** 2.2 V is caused by the oxidation of Li₂S to polysulphides,
13 which continue to oxidise to S at the higher potential centred at **approximately** 2.3 V. The
14 shape of the curves therefore reveals the reversibility of the electrochemical reactions
15 undergone by S. On further cycling, no significant changes in the profile shape were detected.
16 It is worth noting that the polarisation between the discharge and charge curves for the
17 three composites shows rather similar effects for AC/MnO₂/S@gr and AC/MnO₂/S@ht, and
18 is clearly higher for the AC/S@gr composite. This can be detected more clearly in the CV
19 curves (Fig. S4), since in addition to exhibiting the peaks typical of the plateaus described
20 above, the polarisation between the peaks of reduction and between these and the oxidation
21 peaks is clearly greater for the AC/S composite than for the MnO₂-based composites.
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51 **Figure 5**

52 The discharge capacity values delivered by the three composites are shown in Fig. 5d as a
53 function of the number of cycles at a rate of 0.1 C. To facilitate the comparison, some
54 selected values are summarised in Table 3. The initial discharge of the AC/S@gr composite,
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692 mAh g⁻¹, is notably lower than that of the composites with MnO₂. The values for these MnO₂-based composites are rather similar: 926 and 874 mAh g⁻¹ for the AC/MnO₂/S@gr and AC/MnO₂/S@ht, respectively. On cycling, a decrease in the specific capacity was shown (this was more pronounced in the first cycles, in which the cell is activated). After 100 cycles, the specific capacities delivered by the AC/S@gr, AC/MnO₂/S@gr and AC/MnO₂/S@ht composites were 300, 541 and 555 mAh g⁻¹, respectively. In terms of capacity loss, the calculated values were 0.56%, 0.41% and 0.36% per charge/discharge cycle. Lower differences were observed in the values of coulombic efficiency for the three composites, which varied between 98% and 100 % after the first few cycles. It is worth noting the differences between the discharge capacity values obtained in the AC/S@gr composite and those reported in [42], which used the same carbon matrix but with S deposited via the disproportionation reaction of Na₂S₂O₃ in an acid medium. After 100 cycles, the capacity delivered by this cell was higher (600 mAh g⁻¹ at a rate of 0.06 C). This improved performance is attributed to the deposition S method, and is consistent with other reports [51,52], in which methods for in situ S deposition, such as the dissolution of S in CS₂ or thiosulphate in an acid medium, give better performance than those which use commercial S followed by grinding or melt diffusion.

Table 3. Discharge capacity values delivered by the composites at different cycles (mAh g⁻¹) for a rate of 0.1 C

Composite/cycle	1 st	10 th	50 th	100 th
AC/S@gr	692	499	353	300
AC/MnO ₂ /S@gr	926	710	611	541
AC/MnO ₂ /S@ht	874	702	592	555

The long-term cycling stability of the electrode was also tested at higher rates of 0.5 and 1 C after being activated at C/16 for two cycles. The results are shown in Figs. 5e and 5f, and are presented in Table 4. After this activation and the subsequent drop in specific capacity, the capacity delivered by the AC/S@gr, AC/MnO₂/S@gr and AC/MnO₂/S@ht composites at the third cycle was 460, 507 and 522 mAh g⁻¹ at 0.5 C, and 159, 493 and 489 mAh g⁻¹ at 1 C, respectively. After 100 cycles, the discharge capacities of the AC/S@gr, AC/MnO₂/S@gr and AC/MnO₂/S@ht composites decreased to 349, 401 and 464 mAh g⁻¹ at 0.5 C and to 120, 295 and 300 mAh g⁻¹ at a rate of 1C. These results confirm the beneficial role played by MnO₂ in the electrochemical reaction between Li and S, as evidenced by a clear increase in the discharge capacity values observed at lower current densities and a less pronounced increase in the coulombic efficiency values. Moreover, there is a persistent (although limited) influence from the composite preparation method, in this case grinding or hydrothermal procedures.

Table 4. Discharge capacity values delivered by the composites at different cycles (mAh g⁻¹) at rates of 0.5 C and 1 C

Composite	Cycle	3 rd		10 th		50 th		100 th	
		0.5 C	1 C	0.5 C	1 C	0.5 C	1 C	0.5 C	1 C
AC/S@gr		460	159	327	115	399	119	349	120
AC/MnO ₂ /S@gr		522	493	529	460	508	345	464	296
AC/MnO ₂ /S@ht		507	489	529	468	479	363	401	300

EIS measurements were also used to compare the resistance between the electrodes, based on the three composites in the Li/S cells at open circuit voltage (OCV) and after cycling, in order to shed light on the reason for the improved electrochemical performance induced by the presence of MnO₂. The corresponding Nyquist plots are shown in Fig. 6a. The semicircle in

1 the high-/medium-frequency region is assigned to the charge transfer taking place at the
2 electrolyte/electrode interface, and the straight line in the low-frequency region is ascribed to
3 semi-infinite diffusion (Warburg impedance). Interestingly, under OCV conditions, the
4 charge transfer resistances of the AC/MnO₂/S@ht and AC/MnO₂/S@gr electrodes are 540
5 and 610 Ω, respectively. These values are relatively similar compared with the significant
6 increase in the value measured for the AC/S@gr composite of 790 Ω. The explanation of
7 these results considering the electrical conductivities of AC and MnO₂ is difficult taking into
8 account the numerous intrinsic and extrinsic factors that affect the measurement of this
9 property. The only value of the electrical conductivity of an activated carbon from biomass
10 found has been that reported by Barroso-Bojeat et al., 54.3 S m⁻¹ [53]. The available data of
11 the conductivity of MnO₂ are more abundant although they are serious discrepancies from
12 values oscillate from 200 S m⁻¹ [54], 0.06 S m⁻¹ [55] and 5.10⁻⁴ S m⁻¹ [56]. Even some
13 authors describe an increase in the conductivity for MnO₂/CB (carbon black) composites by
14 increasing the oxide content [57]. Unfortunately the measurement of the electrical properties
15 of our composites is beyond our reach, hence this property raises doubts as to the origin of
16 the observed behavior. After three cycles, the interfacial transport resistance of the three
17 electrodes decreased; this is commonly observed [58-61] behaviour which is associated with
18 an improvement in the interfacial contact between the S species and conductive components,
19 due to the transformation of S to soluble polysulphides. The approximate values of the
20 resistances for the AC/MnO₂/S@ht, AC/MnO₂/S@gr and AC/S@gr electrodes were 115, 130
21 and 300 Ω, respectively. Clearly, the presence of MnO₂ in the electrode gave rise to a
22 decrease in the charge transfer resistance, which becomes more pronounced when cycling the
23 cell. In later cycles, the decrease slows down. Considering that MnO₂ is virtually
24 electrochemically inactive within the voltage window used [62] (1.8–2.7 V), the
25 improvement in cell performance must be related to its ability to constrain the dissolution of

1 the polysulphides, thus hindering their diffusion between the cathode and anode [63]. The
2 exposed S surface would be passivated by polysulfides forming a passivation layer the
3 thickness of which would increase in parallel to the amount of polysulfides dissolved in the
4 electrolyte. The absorption capacity of the oxide towards these species would hinder the
5 growth of the passivation layer a a decrease in the resistance as a result. This inherent
6 property of MnO₂ would explain the irrelevance of the composite preparation method
7 (grinding and hydrothermal treatment) despite the significant differences induced in the
8 particle morphology. This may also be the reason for the difficulty in correlating the
9 crystalline structure, the particle morphology and the content of MnO₂ with the observed
10 performance of the Li/S cell [23-35].
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24 **Figure 6**

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26 Table 5 presents some selected properties of Li/S batteries made from C/MnO₂/S composites
27 recently reported in the literature, in order to carry out a comparison with our results. Since
28 our aim is to examine the role played by MnO₂ in the performance of the cell, we have
29 chosen articles that include electrochemical data for cells made from C/S and C/MnO₂/S
30 composites, in order to identify with more accuracy the real improvement in the battery
31 performance caused by the presence of MnO₂. Other features taken into consideration were as
32 follows: (i) in order to investigate the cycling properties, the number of cycles was extended
33 to 100; (ii) the amount of MnO₂ and S in the composites; (iii) a brief description of the
34 experimental conditions used for the C preparation together with its source, the S
35 impregnation method and the crystalline phase and morphology of MnO₂. The oxide content
36 of our composites has an average value, while the S content of around 60% is somewhat
37 lower than most of the values in the table, but is high enough for practical applications. The
38 first observation made was the difficulty in establishing a clear correlation between the
39 experimental conditions and the electrochemical response of the electrode. In most of the
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1 references, resorcinol-formaldehyde was chosen as the carbon source, and silica is used as a
 2 template to tailor the particle morphology and the melt-diffusion method used for S
 3 impregnation. Despite these similarities, there are significant differences between the
 4 capacity values in the initial cycles and after 100 cycles, which makes it difficult to compare
 5 the real improvement produced by the oxide. To overcome this issue, we include a column
 6 containing the ratio between the capacity values delivered by the composite, with and without
 7 oxide, at the 100th cycle. These values better define the contribution of the oxide to the
 8 improvement in battery performance, and make a comparison easier and more reliable.
 9 According to these values, the beneficial effect of our MnO₂ on the performance of the cell is
 10 among the best of those included in the table, particularly at low to moderate values of
 11 current (0.1 to 0.2 C). Even at a higher current (1 C) the values of approximately 2.5 obtained
 12 from Table 4 are still remarkable.

31 **Table 5.** Selected properties of Li/S cells made from different carbon/MnO₂ composites

Carbon, sulphur and MnO ₂ components	Composite	C _i ^(a)	C ₁₀₀ ^(a)	MnO ₂ (%)	Rate (C)	S (%)	Ratio C ₁₀₀ ^(b)	Ref.
Activated carbon from olive stones S (gr) γ -MnO ₂ nanorods	AC/S	693	300	20	0.1	62	1.85	This study
	AC/MnO ₂ /S@gr	926	541					
	AC/MnO ₂ /S @ht	874	555					
C nanofibers (RF), SiO ₂ (t) S (md) α -MnO ₂ nanowires	C/S	1216	400	17	0.2	71	2.25	[28]
	MnO ₂ /C/S	1147	900					
N-doped C nanospheres (RF;PPy), SiO ₂ (t) S (md) δ -MnO ₂ nanosheets.	C/S	1216	1000	27	0.2	69	1.12	[29]
	MnO ₂ /C/S	1283	1125					
RF-derived C, SiO ₂ (t) S (md) δ -MnO ₂ nanocubes	C/S	875	100	37	1	68	5.0	[30]
	MnO ₂ /C/S	1042	500					
GO, CNT S (md) δ -MnO ₂	C/S	980	532	11	0.2	78	1.55	[31]
	MnO ₂ /C/S	1100	825					
CMK-3 S (md) MnO ₂	C/S	950	350	7	0.1	79	1.71	[32]
	MnO ₂ /C/S	1050	600					

N-C spheres S (CdS) MnO ₂	S/C MnO ₂ /C/S	725 1150	300 400	11	0.1	71 60	1.33	[33]
N-doped carbon (melamine,RF), SiO ₂ (t) S (md) δ -MnO ₂ nanosheets	C/S MnO ₂ /C/S	1176 1050	825 976	22	0.5	70 68	1.18	[34]
Mesoporous carbon (RF) SiO ₂ (t) S (md) δ -MnO ₂ nanospheres	S/C MnO ₂ /C/S	800 1142	225 850	26	0.5	84 58	3.77	[35]
^(a) mAh g ⁻¹ ; ^(b) Ratio = C _{100 (C/MnO₂/S)} / C _{100 (C/S)} RF: resorcinol-formaldehyde; t: template; gr: grinding; md: melt-diffusion								

The rate capability of the composites was further examined at rates of current of between 0.1 and 1 C (see Fig. 6b). The similar electrochemical behavior already described for the AC/MnO₂/S@gr and AC/MnO₂/S@ht composites was also observed in these tests; hence, we include in the figure the data for a composite prepared using a hydrothermal treatment, AC/MnO₂/S@ht. As expected, the discharge capacity becomes lower as the current rate increases. However, a more pronounced decrease in the discharge capacity was observed at 0.1 C, particularly in the first three cycles, from 1190 to 825 mAh g⁻¹ for the AC/MnO₂/S@ht composite and somewhat less, from 710 to 650 mAh g⁻¹, for the AC/S@gr composite. At other rates, the delivered capacity tended to stabilise. The average values measured were about 650, 600, 560, 530 and 500 mAh g⁻¹ for rates of 0.2, 0.5, 0.8 and 1 C, respectively, for the AC/MnO₂/S@ht composite, and 420, 300, 210 and 170 mAh g⁻¹ for rates of 0.2, 0.5, 0.8 and 1 C, respectively, for the AC/S@gr composite. When the current was changed back to 0.1 C, the AC/MnO₂/S@ht and AC/S@gr composites almost recovered their original capacities of 620 and 470 mAh g⁻¹, respectively. Again, the beneficial role played by MnO₂ is obvious.

The beneficial contribution of MnO₂ is mainly ascribed to its high oxidising power, which gives it the ability to oxidise polysulphides, and the in situ formation of thiosulphate/polythionate, as suggested by Liang et al. [63] and further investigated by Ni et

1 al. [64]. Moreover, the nanometric size of the particles and the significant surface value
2 enhance the interaction between MnO₂ and the polysulphides. This hinders the diffusion of
3 polysulphides in the electrolyte and the loss of S, and moderates the shuttle effect as a result.
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7 Experimental evidence on this hypothesis was obtained from two complementary measures
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9 (i) study of the absorption properties of carbon and oxide towards polysulfides and (ii) the
10 analysis of the S distribution in the composites after cell cycling. The adsorption properties of
11 the AC and MnO₂ towards polysulfides, prepared according to previously reported literature
12 [65], is shown in Fig. S5. The intensity of the yellow-brown color decreases more sharply in
13 contact with MnO₂ than with the carbon matrix. The intensity of the brown color of
14 polysulfide disappeared upon contact with the carbon matrix. The Vis/UV spectrum gives
15 further support to this observation since the intensity of the peak at 450 nm, responsible of
16 the yellow-brown color of polysulfide, suffers a slight decrease in contact with carbon. By
17 contrast, when in contact with the pure oxide or mixed with carbon, the peak hardly becomes
18 discernable. These data confirm the better absorption ability to polysulfides of MnO₂ and the
19 improved performance of the cell as a result.
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36 Post-mortem studies of the electrodes were carried out in the charge state on cycling the cell up
37 to 100 cycles. After dismantling the cells, washing the electrodes with electrolyte solvents to
38 remove electrolyte salt and drying, the surface morphology and composition were analysed
39 by SEM-EDS. The SEM images shown in Fig. S6 a, b reveal that the presence of MnO₂
40 causes a greater compaction of the electrode and consequently a better connectivity between
41 the deposit particles, thus decreasing the electrode resistance consistent with EIS data (Fig.
42 6a). The extent of S agglomeration with cycling was deduced from the EDS data of the
43 deposits. Before cycling, the mapping of deposits with and without MnO₂ shows a
44 distribution of the S throughout their surface but with certain areas where its concentration
45 becomes higher, Fig. S7 a, b. The main effect of cycling is a decrease in the intensity of the S
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signal, but in the AC/S composite there are still area of high S concentration Fig. S7a). By contrast, a more homogeneous distribution of S is observed when MnO₂ is present (Fig. 7S b), thus indicating that the extent of S agglomeration is greatly reduced. The S content directly obtained from the spectra (without introducing any correction due to the signals of other elements present, O, Al, F ... and without following a determined schedule to obtain accurate composition values) is shown in Table S1. As expected, The S content of AC/S and AC/MnO₂/S@ht composites is quite similar (like AC/MnO₂/S @gr composite not shown). The S percentage, somewhat higher than 20%, is far from that calculated from TG data the reason of which the reason is that by not performing an exhaustive treatment to quantify the technique, the composition values are qualitative but valid to clarify the role played by MnO₂. After cycling a S loss is observed caused the “shuttle effect”. This loss is specially pronounced for the AC/S composite being another proof of the mitigating behavior of MnO₂ on the shuttle effect. These results confirm that the cells with MnO₂ improve the utilization of S and display better cycling behaviour and delerever higher capacities.

4. Conclusions

In summary, the use of γ -MnO₂ nanorods synthesised using a hydrothermal method is a good candidate for improving the capacity and cycling properties of carbon/sulfur composites in Li/S batteries. The advantage of these composites in comparison with others reported in the literature is the use of simple and inexpensive procedures for the preparation of the components. A biomass-derived microporous carbon was used, mixed with commercial S either by wet grinding or magnetic stirring. γ -MnO₂ was incorporated either by in situ growth under hydrothermal conditions or by grinding. Compared to the AC/S composite, the capacity of the AC/MnO₂/S composite increases by more than 80% at 0.1 C and around 145% at 1 C, and these values are affected very little by the preparation method. The improved performance is ascribed to the ability of the polar MnO₂ to trap and confine the generated

1 polysulphides via a synergistic combination of its strong oxidising properties and the nanorod
2 morphology, revealed by the relatively high specific surface area for this type of compound.
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4 The observed improvement is comparable with and even superior to those reported for other
5 forms of carbon preparation and S impregnation, which are more complex and expensive.
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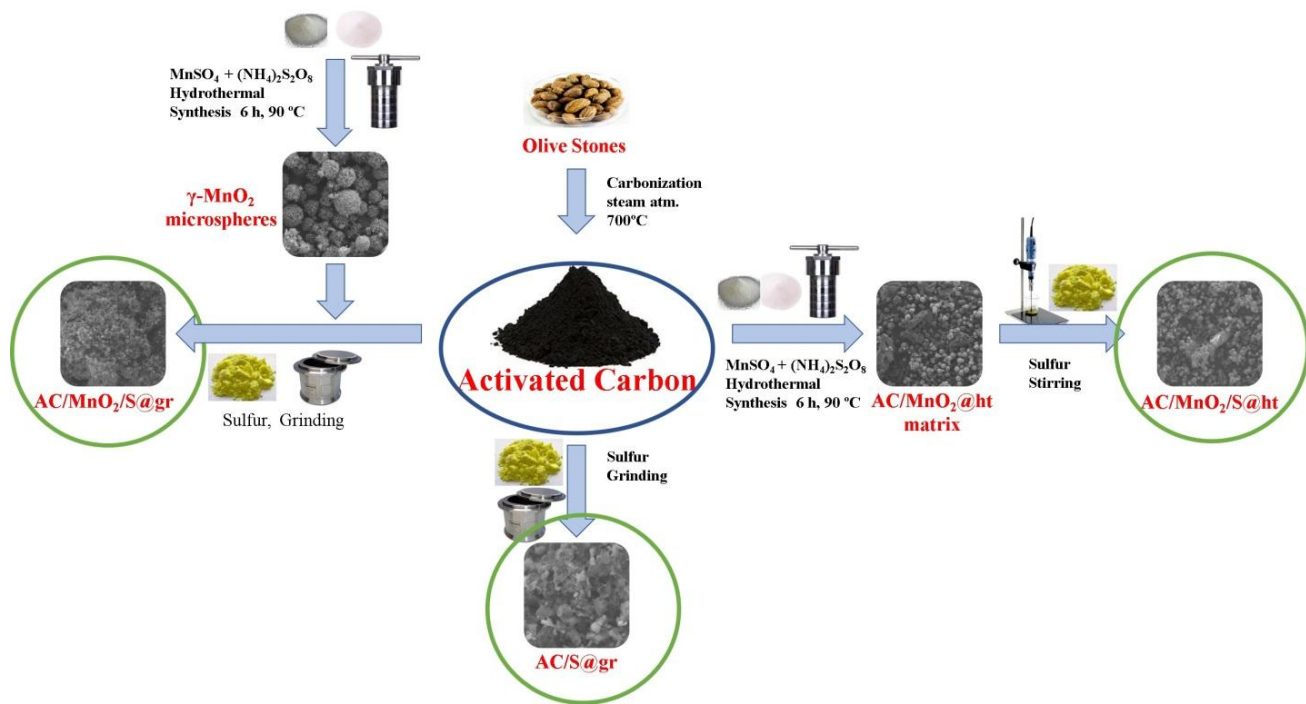


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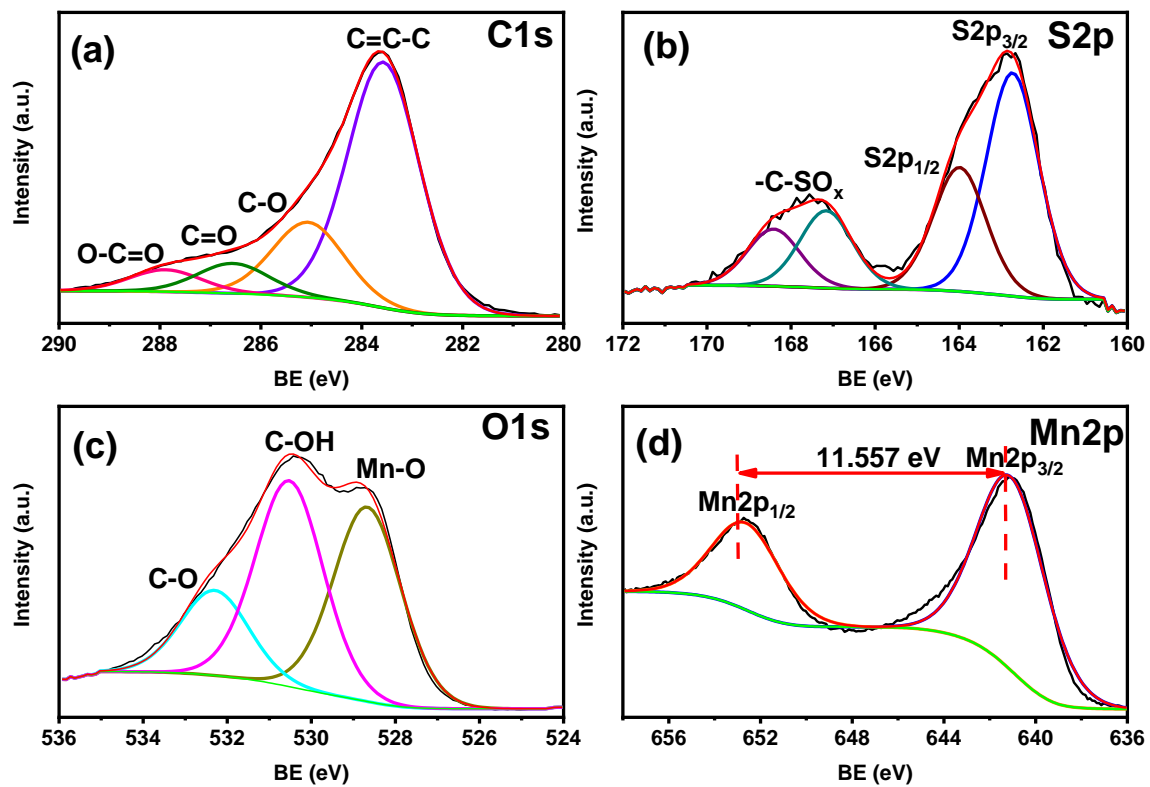


Figure 2.

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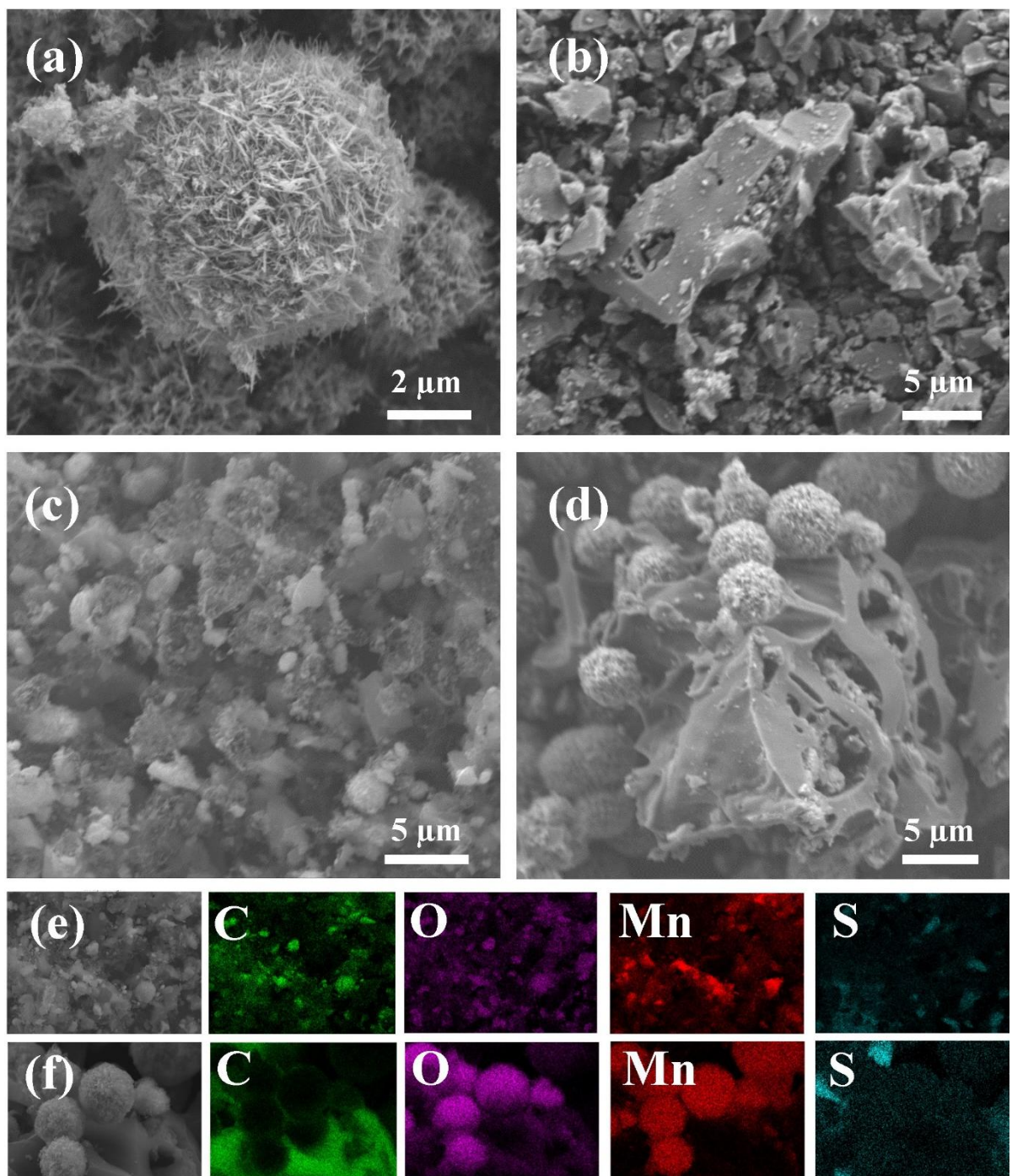


Figure 3.

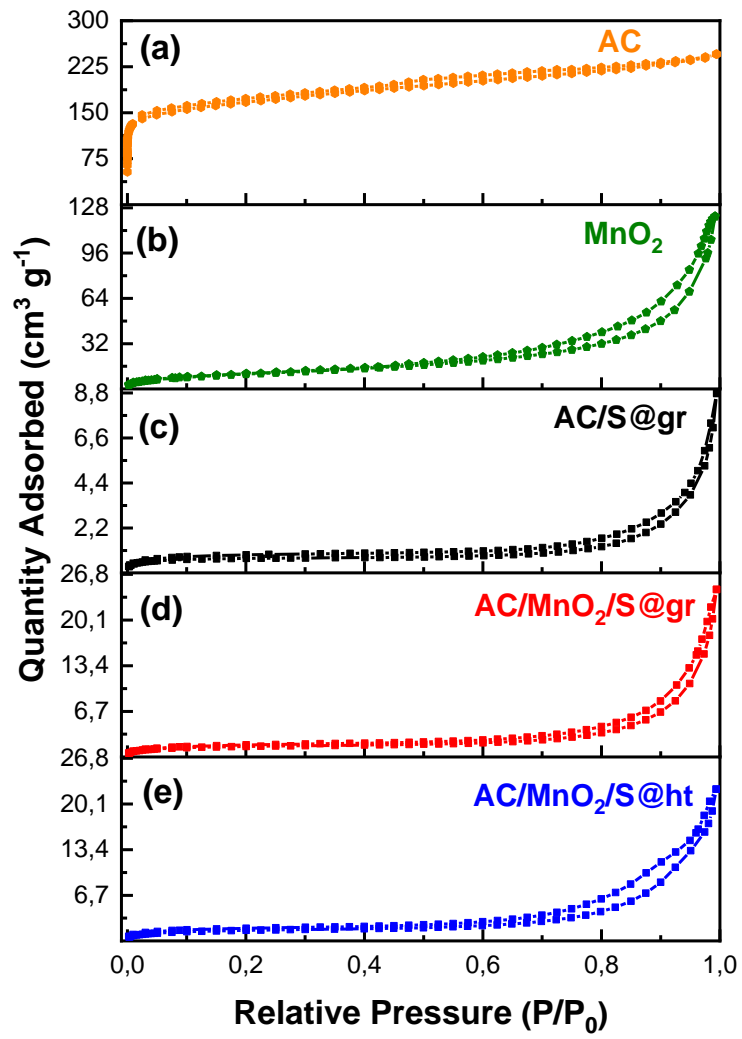


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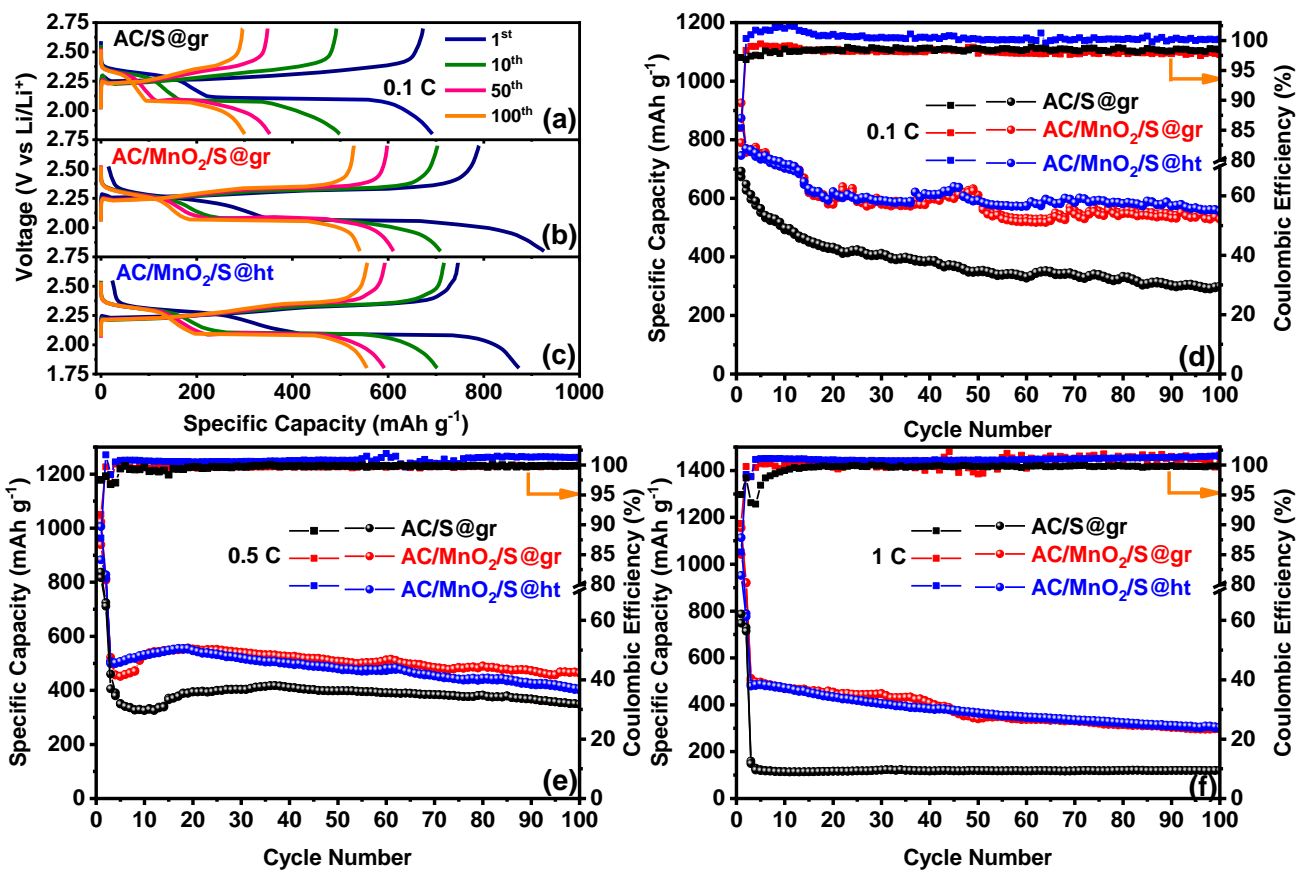


Figure 5.

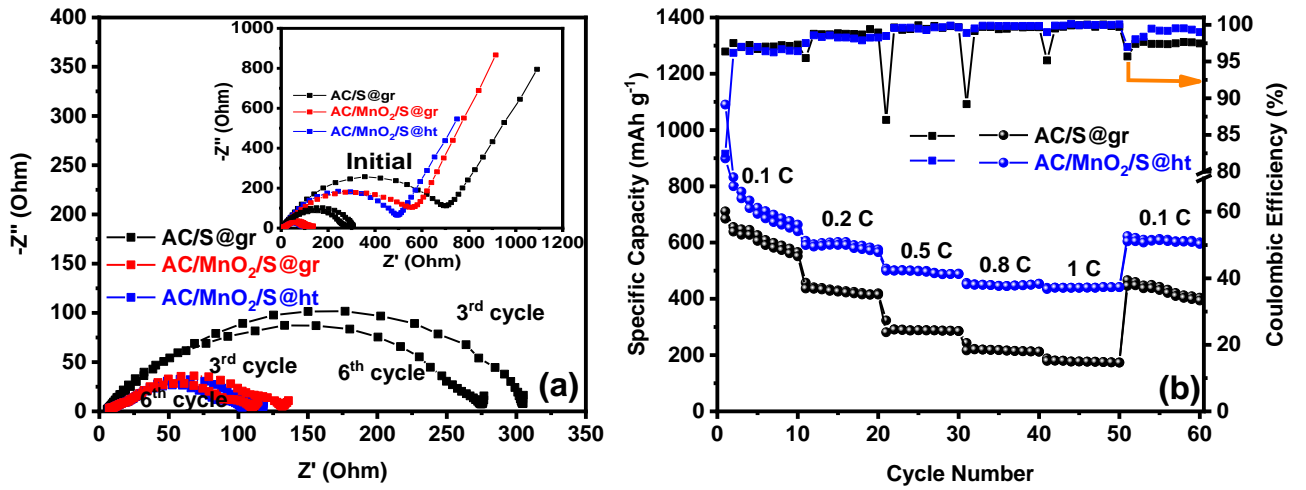


Figure 6.

Supplementary Materials

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