

1 ***Parietaria* major allergens vs pollen in the air we breathe**

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12 **Key words**

13 Allergens, Par j 1, Par j 2, Urticaceae pollen, PM10, PM2.5, airborne pollution.

14

15 **ABSTRACT:**

16 *Background:* *Parietaria* and *Urtica* are the genera from the Urticaceae family more frequent in
17 Mediterranean and Atlantic areas. Moreover, both genera share pollination periods, and their pollen (of the
18 main species) is so similar that there is no aerobiological evidence of the proportion of each of them in the
19 airborne pollen identification, except in the case of *U. membranacea*. However, *Parietaria* is one of the
20 most important causes of pollinosis and *Urtica* is not. Our aim is determine if airborne Urticaceae pollen
21 concentrations show the aerodynamics of the two major allergens of *Parietaria* (Par j 1 and Par j 2) as well
22 as the allergen distribution in the different-sized particles.

23 *Methods:* The air was sampled during the pollination period of *Urticaceae* using Hirst Volumetric Sampler
24 and Andersen Cascade Impactor in two cities of Southern Spain (Córdoba and Granada). The samples were
25 analysed by the methodology proposed by the Spanish Aerobiology Network (REA) and the minimum
26 requirements of the European Aeroallergen Society (EAS) for pollen, and by ELISA immunoassay for
27 allergens.

28 *Results:* The patterns of airborne pollen and Par j 1-Par j 2 were present in the air during the studied period,
29 although with irregular oscillations. Urticaceae pollen and Par j 1-Par j 2 allergens located in PM_{2.5} showed
30 positive and significant correlation during the period with maximum concentrations (March to April).

31 *Conclusion:* *Parietaria* aeroallergens show similar pattern of Urticaceae airborne pollen. Urticaceae pollen
32 calendar is as a good tool for allergy prevention. On the other hand, important concentrations of Par j 1 and
33 Par j 2 were located in the breathable fraction (PM_{2.5}), which could explain the asthmatic symptoms in the
34 allergic population to *Parietaria*.

35 **Keywords:** Par j 1-Par j 2 allergens, Urticaceae pollen, Biological air quality, ELISA analysis

36

37 1. Introduction

38 Allergic disorders constitute an important public health problem, which is increasing dramatically since the
39 last decades. The pollen and spores are known to play an important role in respiratory allergies that appear
40 especially during the flowering periods of plants. In Europe is estimated that the prevalence of pollen allergy
41 affects up to 40% of the allergic population (D'Amato et al., 2007).

42 Urticaceae is a family of dicotyledonous plants with more than 1800 species. The better represented genera
43 in the Mediterranean area are *Parietaria* L. and *Urtica* L. Both are wind-pollinated weed that are commonly
44 found in the countryside and urban areas, growing on walls and soils with high nitrogen content. Moreover,
45 the flowering of these genera is overlapped in time, beginning in winter and, in the case of *Parietaria*, being
46 extended until autumn. Because pollen from different genera are similar under light microscopy
47 (spheroidal, psilate and triporate), except for *Urtica membranacea* with smaller and periporate pollen, the
48 pollen calendars are always displayed with the name of Urticaceae pollen type.

49 However, the clinical significance of these genera is different. *Parietaria* constitute the third most
50 sensitizing allergen source after mites and grass pollens in South-East France (Charpin, 2000) and one of
51 the main causes of asthma and rhinitis in Spain and Italy (D'Amato & Liccardi 1994; Alergológica 2005).
52 On the contrary, *Urtica* pollen displays little allergenic activity. Bousquet et al. (1986), Vega-Maray et al.
53 (2006a) and Tiotiu et al (2016) confirmed the absence of cross-reactive antigens between *Parietaria* and
54 *Urtica* pollen grains and concluded the lowest allergy risk of this last genus to induce diseases.

55 The first proteomic map of *Parietaria* pollen shows that the 36% of the total proteins correspond to
56 allergens (Barranca et al., 2010). The major allergens isolated and characterized are Par j 1 and Par j 2 with
57 IgE of 95% and 82%, respectively. Both are two small non-specific lipid transfer protein (LTP) and present
58 a conserved structure (Colombo et al., 1998). On the other hand, two minor allergens have been isolated
59 and characterized: Par j 3 is a profilin protein (Asturias et al., 2004) and Par j 4 (Pj CBP) is characterized
60 as Calcium-Binding Protein (Bonura et al., 2008).

61 In the last two decades, the Aerobiology focus the research on both, airborne pollen behaviour and
62 aeroallergens (i.e. Moreno-Grau et al., 2006; De Linares et al., 2010; Jato et al., 2010; Galán et al., 2013;
63 Buters et al. 2012, 2015; Alcázar et al. 2015; Plaza et al. 2016a, 2017). Knowledge on the dynamic of these
64 particles is contributing to major information on airborne biological pollution. Several methods have been
65 used for aeroallergen detection, such as Cyclone collector (i.e. Moreno-Grau et al., 2006; De Linares et al.,
66 2014; Plaza et al 2016a; 2016b), Andersen cascade impactor (i.e. Schäppi et al., 1996; De Linares et al.,
67 2007) or Chemvol® high-volume cascade Impactor (Buters et al. 2008; Albertini et al 2013; Galán et al
68 2013). Comparable results have been observed when comparing different samplers in the same place and
69 years, i.e. Cyclone collector and Chemvol® high-volume cascade impactor in Córdoba (Plaza et al 2017).
70 These studies have also shown similar dynamic between airborne pollen and aeroallergen but with
71 discrepancies when exposition to different external events.

72 In the same way, there has been an increased interest in determining the size-fractions particles where these
73 allergens are airborne (De Linares et al 2010; Esposito et al 2012; Buters et al 2012). Knowing that the
74 Environmental Protection Agency (EPA) has determined that particles are classified in two size categories
75 based on their penetration capacity into the lung as either: PM10 as particulate matter with an aerodynamic
76 diameter of 10 µm and PM2.5 as fine particulate matter with an aerodynamic diameter of 2.5 µm (Esworthy,

77 2013), a comparison of allergen load of these two categories could reveal the different clinical symptoms
78 that provoke these particles.

79 The main goal of this paper was to study the behaviour of Urticaceae pollen and the two major *Parietaria*
80 allergens, Par j 1 and Par j 2, in Southern Spain (Córdoba and Granada). The specific goals have been to
81 determine if the airborne Urticaceae pollen concentrations show the aeroallergens dynamics and study the
82 allergen distribution in different-sized particles to establish whether this distribution could be related with
83 the allergy symptoms.

84

85 **2. Materials and methods**

86 *2.1. Area of study*

87 The aerobiological study was carried out in two cities of Southern Spain (Córdoba and Granada). The
88 aerobiological station of Córdoba (37°50'N, 04°45' W; 123 m.a.s.l.) is situated in the University of Córdoba
89 in the north-eastern part of the city, while the station of Granada is localized in the University of Granada
90 in the city centre (37°11' N, 03°35' W; 685 m.a.s.l.). Although the climate in both cities is Mediterranean
91 (characterized by moderate annual temperature and summer drought), it presents important oscillations in
92 temperature (summer-winter and day-night).

93 The genera of Urticaceae family present in Córdoba and Granada are *Urtica* and *Parietaria* (Castroviejo et
94 al. 1993; Blanca et al. 2009). *U. dioica* L., *U. urens* L. and *P. judaica* L. are present in both cities while *U.*
95 *membranacea* Poir. in Lam. only in Córdoba and *P. mauritanica* L. and *P. lusitanica* L. only in Granada.
96 Although the flowering start of these species is variable, their flowering periods are usually overlapped.
97 According to the Spanish handbooks of plants (Castroviejo et al. 1993; Blanca et al. 2009), the flowering
98 start of *U. urens* occurs in January, *U. membranacea* and *P. lusitanica* in February, *P. judaica* and *P.*
99 *mauritanica* in March, and *U. dioica* in April.

100 *2.2. Sampling of Airborne Pollen and Allergens*

101 For this study, airborne pollen behaviour was performed during the period 1993-2016. The monitoring was
102 realized with a volumetric Hirst type Spore Trap (Hirst 1952). This collector was designed specifically for
103 pollen, spores, and other particles suspended in the air, with an aspiration of 10L/min, comparable with the
104 respiration of an average adult human.

105 Hirst samplers were placed at 22-23m above ground level. The counting method was that recommended by
106 the Spanish Aerobiology Network, REA (Galán et al. 2007) and the minimum requirements of the European
107 Aerobiology Society, EAS (Galán et al. 2017a). Terminology used in this paper follows the International
108 Association for the Aerobiology (IAA) and EAS recommendations (Galán et al., 2017b). The daily pollen
109 data are expressed as daily average of pollen per cubic metre of air (pollen/m³). In this study, we analyse
110 the data expressed in daily pollen and Annual Pollen Integral (APIn).

111 *U. membranacea* have a pollen type different from that of other Urticaceae species. The former has
112 polipantoporate pollen with a smaller diameter of 9–12 µm while the others have triporate pollen with a
113 diameter of 14–19 µm (Trigo et al 2008). In this study, only the dynamics of the Urticaceae pollen type was
114 taken into account.

115 The aeroallergens were studied through a temporal study considering the years from 2006 to 2009 in the
116 aerobiological station of Córdoba and a spatial study analysing the year 2006, in two cities (Córdoba and
117 Granada). In both cases a cascade impact collector was used (Andersen 1958). The sampling took place
118 during the middle hours of the day when pollen concentrations are highest (between 12 and 17h) (Díaz de
119 la Guardia et al. 1998; Galán et al 2000). These collectors distribute the particles in different stages of size-
120 fractions. The air flow through the impactor is controlled by a pump that draws in air at 30L/min (Lanzoni
121 SPS 3001, Italy). The size discrimination of the particles is possible by the variation in the air velocity,
122 which is led sequentially through a series of fibreglass Whatman® filters (Glass microfibre filters; type:
123 GF/A) of descending pore size, this increasing the air velocity from the first stage to the last. The largest
124 particles are deposited at the first stages while the smallest pass through the collector until being stopped
125 by the correspondingly fine filter (Andersen 1958).

126 The samples were analysed by an indirect ELISA (De Linares et al. 2007). For each filter, 4 circular
127 replicates (diameter 0.5 cm) were taken on a radial pattern. As a control, 4 replicates of 1 filter with no
128 impact were used. The filters were submerged in 125 µL phosphate-buffered saline (PBS, pH 7.4) in
129 microplate wells for 20 h at room temperature. The discs were removed and the wells cleaned with PBS-
130 TW (0.3% Tween 20). After blocking during 1 h at 37 ° C with 200 µL/well of PBS containing 1% bovine
131 serum albumin (Sigma, St. Louis, Mo., USA) and 0.3% Tween 20. After 3 washes with 200 µL PBS-TW
132 (0.3% Tween 20), 125 µL horseradish peroxidase (Polyclonal Swine Anti-Rabbit Immunoglobulins; Dako
133 Cytomation, Glostrup, Denmark) diluted in PBS at a concentration of 1: 1,000, was added and incubated
134 in the same conditions. Further washes were carried out by incubating at room temperature and in darkness
135 with 125 µl O-phenylenediamine tablets (OPD; Sigma, St. Louis, Mo., USA) diluted in citrate buffer (1
136 tablet of OPD + 12.5 ml buffer citrate + 12.5 ml distilled water + 20 µl H₂O₂). This reaction was stopped
137 by adding 50 µL of HCl 3N. The results in all cases are expressed in nanograms of allergen per cubic metre.
138 Par j 1-Par j 2 allergens were quantified using polyclonal antibody (Bial-Aristegui, Spain), which were
139 isolated in the same fraction and identified by the fingerprinting of the peptide (Arilla et al., 2006). The
140 standard curve was drawn from dilutions of Par j 1-Par j 2 allergens purified from *P. judaica* pollen extract
141 by affinity chromatography (Bial-Aristegui, Spain; Arilla et al., 2006).

142 For a reliable comparison of the results for the two samples of two cities, these collectors functioned
143 adjacently to Hirst samplers on the same timetable. The results in all cases are expressed in nanograms of
144 allergen per cubic metre of air (ng/m³).

145 2.3. Meteorological data

146 Daily series of Temperature (maximum, mean, and minimum), Precipitation and mean Related Humidity
147 were used. Data were provided by the Andalusia Network of Agroclimatic Information (RIAA).

148 2.4. Statistical analysis

149 The reproducibility of ELISA technique was determined by mean the coefficient of variance percentage
150 (%CV) being calculated as the standard deviation/mean × 100. 30 replicates in each city and year were
151 used. In the case of Córdoba, the CV ranges from 8.33% to 6.53 and in Granada, 6.65%.

152 Spearman's correlation coefficients between daily data of Urticaceae pollen, Par j 1-Par j 2 allergen,
153 allergen in Pm10 and PM2.5, and meteorological parameters were calculated during the allergen studied
154 period. This analysis was carried out by using the SPSS version 19.0.

155 3. Results

156 3.1. Airborne pollen vs. aeroallergens

157 The meteorological parameters during the studied period were examined in each area (Table 1). In Córdoba,
158 a warmer and rainier climate is observed (16.9°C, 553.7 mm) than in Granada, with a colder and drier
159 climate (15.2°C, 267.4 mm).

160 Figure 1 shows average concentration of the Urticaceae airborne pollen during 24 years (1993-2016) and
161 the annual patterns during the studied period. This pollen type is presented in the air throughout the year
162 showing its maximum pollination in winter and spring in both cities. Córdoba registered a lower
163 concentration than Granada, and showed an explosive increase in its concentrations at the beginning of
164 spring. Instead in Granada, the higher concentrations were registered during end of spring.

165 Regarding the years with pollen and allergen detection, the four year aerobiological behavior in Córdoba
166 followed similar dynamics to the average 1993-2016 for pollen (Figure 1). 2009 presented the longest
167 pollen season (256 days) but the lowest Annual Pollen Integral (APIn) (1343 pollen/m³), while 2006
168 presented the shortest season (134 days) and 2008 the highest APIn (3306 pollen/m³). The peak day pollen
169 concentration was higher in 2006 (400 pollen/m³) than the others years (ranging from 151 to 53 pollen/m³)
170 (Table 1).

171 In Granada, the Urticaceae airborne pollen concentration recorded during 2006 followed similar patterns to
172 the average 1993-2016, as in Córdoba, this year registered higher pollen concentrations than others years
173 (Figure 1).

174 The comparative study of the two cities during the same year (2006) shows that the APIn in Córdoba was
175 2108 pollen/m³, registering the peak day on 2st April (400 pollen/m³). In Granada, this pollen type
176 registered higher APIn (5957 pollen/m³) and was presented in the air during more time (338 days) than on
177 Córdoba (134 days), despite peak day was registered two days before with lower concentration (31th
178 March, 194 pollen/m³; Table 1).

179 The Spearman correlation test between Urticaceae pollen concentrations and meteorological variables
180 during allergen study period (Table 2) showed significant and negative correlations with the temperature in
181 both cities (except 2007 in Córdoba). On the other hand, relative humidity presented significant and positive
182 correlation in 2006 and 2009 in Córdoba, and also during 2006 in Granada.

183 The aeroallergen study during the four years in Córdoba showed fluctuation in the analysed years (Table
184 1). The Allergen Season Integral (ASIn) and peak allergenic concentrations recorded differences; while in
185 2007 was detected 23016.9 ng/m³ of Par j 1-Par j 2 in the 118 analysed days, in 2008 was detected 13037.8
186 ng/m³ during the 170 analysed days. In the case of peak allergen days, while the highest concentration were
187 detected in 2007 (February 27th), reaching the 856.1 ng/m³; the lowest occurred in 2008 (June 12th) with
188 389.8 ng/m³. Only 2009 and 2008 registered moments where airborne allergens were not detected (18 and
189 7 days, respectively). Comparing Córdoba and Granada during 2006, the peak day in Córdoba occurred on
190 March 29th with 450.3 ng/m³, while in Granada occurred on May 9th, with 369.6 ng/m³.

191 The aeroallergen dynamic of Par j 1-Par j 2 in both cities was characterized by its continued presence during
192 the studied period, although with irregular oscillations (Fig. 1). In the case of Córdoba, when Urticaceae
193 pollen registered the highest concentrations, aeroallergen behaviour was similar to pollen. However, before
194 and after pollen season, allergen load was detected. On the other hand, Granada registered two allergen
195 periods with different concentrations: 1st February to 30th April, with low levels but with similar dynamic
196 with airborne pollen; and 1st May to 30th June, with high allergen concentrations and low pollen (Figure
197 1).

198 Results for the Spearman correlation test around the studied period are showed in Table 2. In Córdoba
199 positive and significant correlation between Urticaceae pollen and Par j 1-Par j 2 during 2007 and 2008
200 were registered (0.225 and 0.212; $p < 0.05$, respectively), but not in 2006 and 2009. In relation with the
201 meteorological variables, aeroallergens showed significant correlation with mean and minimum
202 temperature (2007, 2008, and 2009).

203 The spatial study shows that during 2006 non-significant correlation was observed between aeroallergens
204 and pollen. However, if we analyse the period with maximum pollen concentration in both cities (1st
205 March-30th April in Córdoba and 1st February-30th April in Granada), the correlation were positive and
206 significant (0.440; $p < 0.05$ and 0.283 $p < 0.01$, respectively). In relation with the meteorological variables,
207 allergens concentrations showed significant correlation with maximum temperature in Granada.

208 *3.2. Airborne allergens in different-size particles*

209 The distribution of Par j 1-Par j 2 allergen according to the particle sizes showed that the stage with larger
210 particles (stage 1) registered the lower concentration of allergens (Table 3), lower than 10.2%. In Córdoba
211 the highest allergens concentrations were localized in the different stages depending of the studied year.
212 Comparing 2006 in both cities, in Córdoba the highest concentration (25.1%) were registered in stage 3 and
213 in Granada in the stage 6 (35.6%) ($< 1.1 \mu\text{m}$).

214 According to EPA classification, the results obtained showed that the highest allergen load was localized
215 in PM 2.5 in the both cities (ranging to 67.9% to 39.3% in Córdoba, and 72.1% in Granada during 2006),
216 except in 2009 that the result was opposite, with higher concentrations in PM10.

217 Correlation analysis between allergen load (PM10 and PM2.5), airborne pollen concentration and
218 meteorological variables are showed in Table 2. The results showed similar correlations when comparing
219 aeroallergen with pollen, i.e, PM 2.5 showed significant positive correlations with Urticaceae pollen, while
220 PM10 not. This analysis in relation with meteorological variables obtained non-significant results.

221 **4. Discussion**

222 *4.1. Dynamics of Airborne particles related with Urticaceae pollen*

223 One of the main goals when monitoring pollen and spores is to know the allergen exposition in the air to
224 develop successful strategies for protecting human health and improve the quality of life of allergic patients.
225 At the end of the 1990s, the studies of aeroallergens, based on immunological analysis, have been
226 recognized as a good bio-indicator of the allergens presence and as a good tool for improving prevention
227 mechanisms in allergic patients (Cecchi, 2013).

228 In this study, the daily average of Urticaceae pollen concentration (1993-2016) shows a constant presence
229 throughout the year in both cities, although the highest levels are recorded between late winter and early

230 spring. Both studied cities are characterized by showing variability in interannual behaviour. E.g. Córdoba
231 registered average autumn concentration of 23 and 21 pollen/m³ during 1996 and 2000 respectively, while
232 in the other years were ranging 6 to 1 pollen/m³. The same phenomenon was registered in Granada where
233 the average autumn concentration was 11 pollen/m³ during 1997 and 2001, while in the other years were
234 ranging 4 to 1 pollen/m³. These significant average concentrations have contributed to provoke that the
235 mean pollen calendar show two peaks (spring and autumn) while it is not shown for the allergens during
236 the studied years. In the other hand, 2006 has been characterized by an explosive flowering in few days and
237 a peak day of 400 pollen/m³ in Córdoba and 194 pollen/m³ in Granada. This variable interannual and
238 intraannual behavior has been observed in previous years in the same cities (Galán et al., 2000; Díaz de la
239 Guardia et al., 1998) and in other regions of Mediterranean area (Belmonte and Roure, 1991; Trigo et al.,
240 1996; Belmonte et al., 1999) due to the humidity is a determinant factor in the Urticaceae pollen
241 concentration. In fact, the correlation between pollen and relative humidity in this study was positive and
242 significant in both cities. On the other hand, the significant negative correlation with daily temperature in
243 both cities could be due to drought stress, because the increased of temperature provokes withering of these
244 plants.

245 Many studies have indicated that airborne pollen and allergens load have parallel dynamics with significant
246 correlations during the period of maximum pollination (Spieksma et al. 1995, Schäppi et al. 1996, Spieksma
247 and Nikkelss 1999, De Linares et al 2010; Buters et al., 2012). In the case of *Parietaria* allergens, significant
248 correlations were obtained in Córdoba during 2007 and 2008 for all period studied while in 2006 (as
249 occurred in Granada) the significant correlation was obtained during the period with maximum pollen
250 concentration. These results coincide with another study on *Parietaria* allergens in Spain (Jato et al., 2010)
251 with a low but positive correlation between Par j 1-Par j 2 and Urticaceae pollen in Cartagena (Southeaster
252 Spain) and Ourense (Northwester Spain).

253 Although during March to April high values of pollen and allergens were reached, in May and June the
254 allergen concentrations were higher than airborne pollen. With the botanical information obtained in the
255 Spanish handbooks of plants (Castroviejo et al. 1993; Blanca et al. 2009), it could speculate that the high
256 levels of Urticaceae pollen during March and April in both cities probably are due to overlap the blooming
257 of *Urtica* and *Parietaria* plants. After these months, the flowers of *Urtica* wither while *Parietaria* continues
258 to flower (especially *P. judaica*, which continues until the end of autumn) showing the real pollination of
259 *Parietaria* (more low than *Urtica*) and high allergen load.

260 The temporal study realized in Cordoba during the four years showed that the years with maximum allergen
261 concentrations, the pollen concentrations were lower and *vice versa*. 2009 was the year with higher
262 allergens concentrations but lower pollen (Table 1). This year registered the more extreme meteorological
263 conditions, with the highest temperatures, and the lowest precipitation and relative humidity of the period
264 2006-2009. As Chen et al. (2016) indicated, the pollen allergens could be associated with stress responses
265 and metabolic events during pollen development. Although more studies are needed, perhaps the release of
266 the *Parietaria* allergens is conditioned to stress, registering this significant increase levels in 2009.

267 4.2. *Parietaria* airborne allergens in different particles sizes

268 The allergen load in Andersen cascade Impactor showed differences in the distribution of these particles.
269 Except in Córdoba during 2009, the maximum allergen concentrations were detected in PM 2.5. Several

270 studies have speculated that the pollen grains can release allergens before germination, appearing smaller
271 biological particles with equal or greater allergenicity (Suarez-Cervera et al., 2003; Vega-Maray et al.,
272 2006b; De Linares et al. 2007; Prado et al., 2015). The present study has supported these results and has
273 classified the particles according to size and to EPA categories. The major concentrations of aeroallergens
274 registered have an aerodynamic size that can easily penetrate the lower respiratory zone and provoke
275 asthmatic symptoms almost immediately. It could explain the high percentage of asthmatic symptoms in
276 the patients sensitized to *Parietaria*. I.e. in Italy and Spain more than 50% of patients sensitized suffer
277 asthma with severe bronchial hyper-responsiveness (D'Amato et al 2007 and Alergológica 2005,
278 respectively).

279 The analysis protocol carried out in this study has been focused to simulate the mucosal surface of the
280 human tract respiratory, using phosphate-buffered saline (PBS, pH 7.4) as hydration method. Given that
281 the allergens are located in the interior of the pollen grains (Casas et al., 1996; Vega-Maray et al., 2006b),
282 if this pollen has not germinated during the hydration process and released proteins into the wells of the
283 microplate, the primary antibody is incapable of detecting the existence of allergens, and therefore less
284 activity is detected (De Linares et al. 2007). The use of saline buffer show that in natural conditions, the
285 human respiratory tract is exposed to allergens located in different sizes particles. If the allergen
286 concentration in PM10 particles is compared with PM 2.5, this study shows that there is an important
287 allergen load located in particles low than 2.5 μm that can easily penetrate the lower respiratory zone and
288 provoke asthmatic symptoms almost immediately.

289 Spearman correlation analysis have shown a positive and significant correlation between Urticaceae pollen
290 vs Par j 1- Par j 2 and PM 2.5 in all studied period, except in 2009. This year, Córdoba registered the lowest
291 precipitations and relative humidity of this period (2006-2009) and this situation could affect the allergen
292 release per pollen.

293 In conclusion, the Urticaceae airborne pollen shows similar pattern of *Parietaria* allergens in the
294 atmosphere. For this reason, the Urticaceae pollen calendar is a good tool for allergy prevention. On the
295 other hand, important Par j 1 and Par j 2 concentrations are located in the breathable fraction, which could
296 explain the asthmatic symptoms in the *Parietaria* allergic population.

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Table 1. Par j 1-Par j 2 allergens, Urticaceae pollen and meteorological parameters in Córdoba and Granada. Tmax (mean annual maximum temperature), Tmean (mean annual temperature), Tmin (mean annual minimum temperature), P (total annual rainfall), RH (mean annual Relative Humidity).

	Granada	Córdoba			
	2006	2006	2007	2008	2009
Par j 1-Par j 2 allergens					
Peak (ng/m³)	369,6	450,3	856,1	389,8	3494,7
Peak day	9-May	29-Mar	27-Feb	12-Jun	11-Mar
Analyzed days	150	92	120	172	170
Days with allergen presence	150	92	118	170	152
Allergen Integral	21116,6	13459,6	23016,9	13037,8	18884,4
Urticaceae Pollen					
Peak (pollen/m³)	194	400	53	151	56
Peak day	31-Mar	2-Apr	24-Mar	13-Mar	4-Apr
Analyzed days	365	351	364	358	349
Days with pollen presence	338	134	205	235	256
Pollen Integral during period allergen studied	4218	1764	1509	3037	1145
Annual Pollen Integral	5957	2108	1843	3306	1343
Meteorological data					
Tmax	23,4	24,6	24,3	24,0	26,0
Tmean	15,2	17,7	16,9	17	18,9
Tmin	8,0	11,5	10,4	10,4	11,9
P	267,4	553,7	521	660	436,4
RH	71,0	65,2	62,6	62,3	56,4

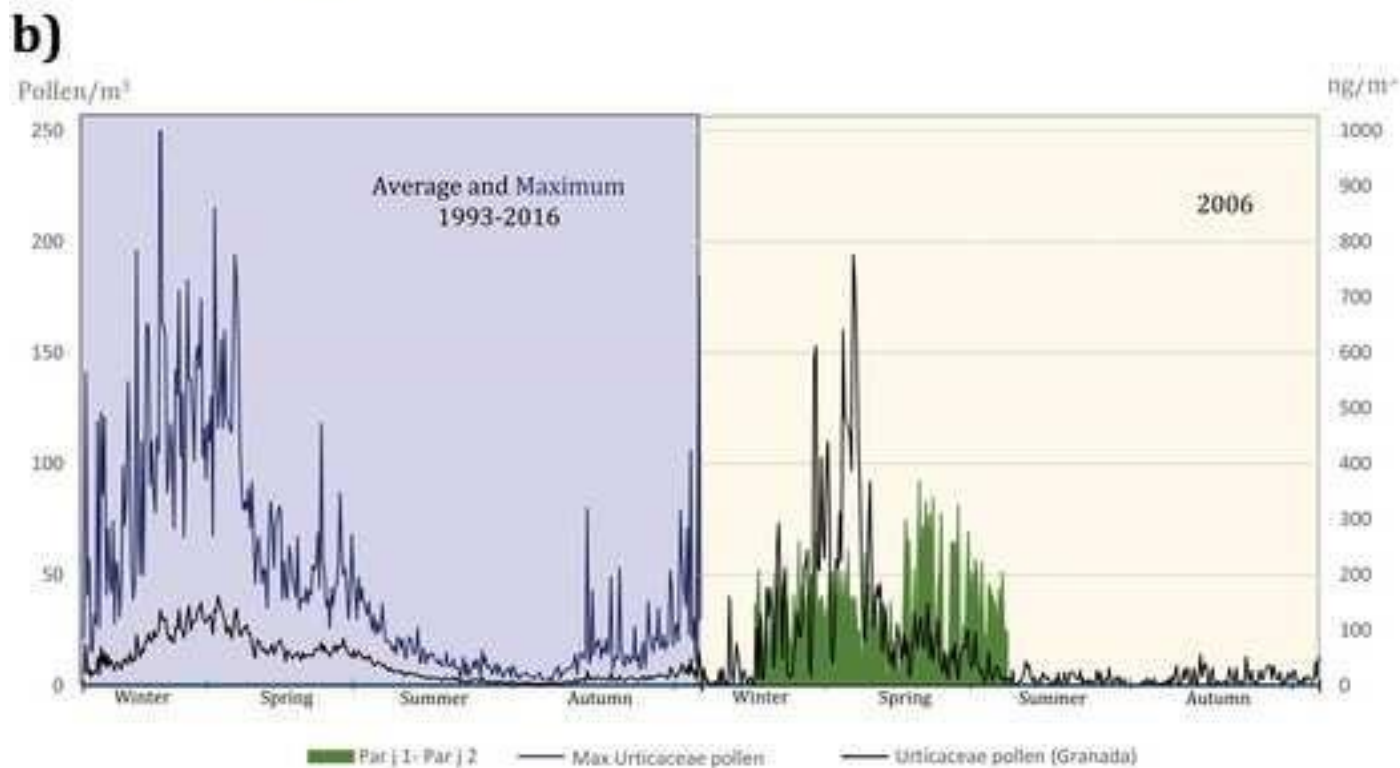
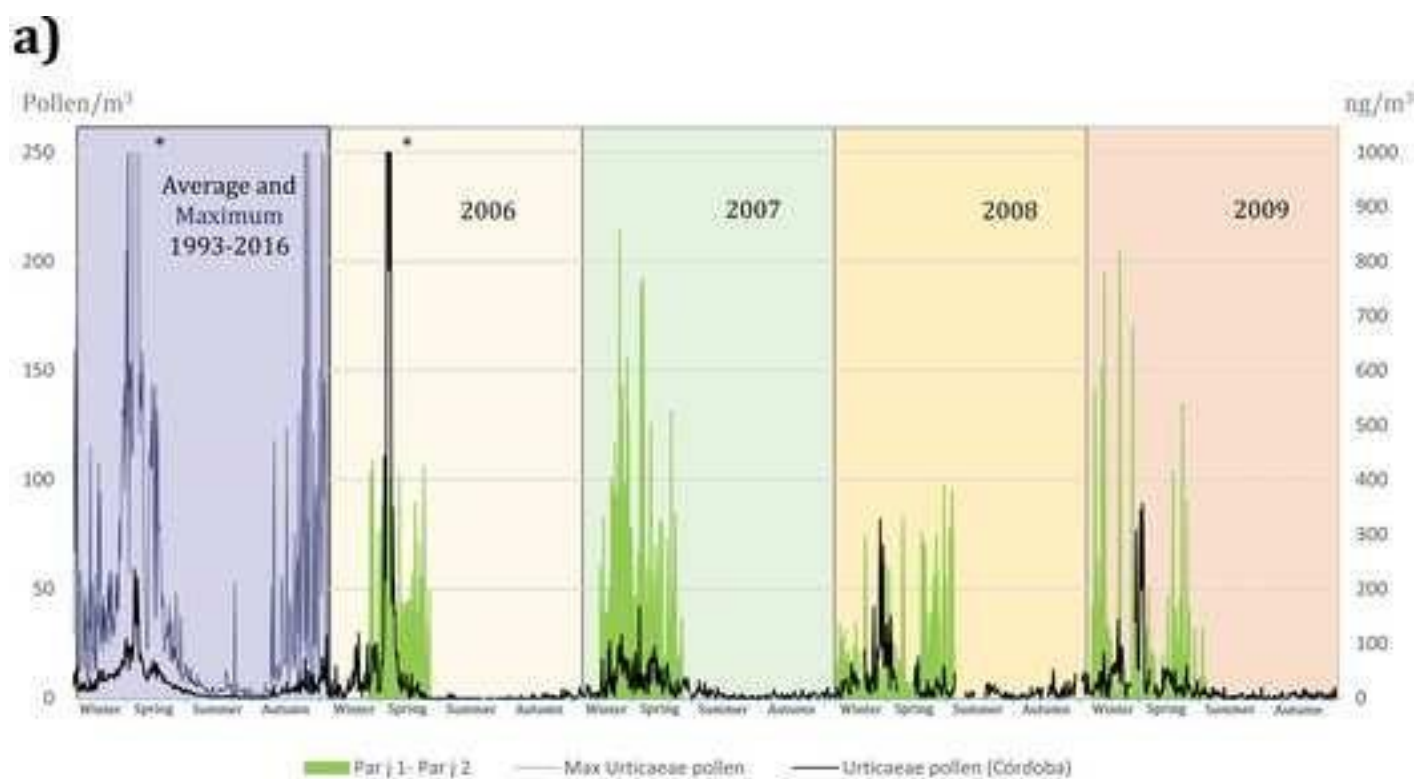
Table 2. Correlation coefficients for Urticaceae pollen, Par j 1-2 allergens, allergens in Pm 10 and PM 2.5, and meteorological factors over the total study period and during the Maximum Pollen Concentration of 2006 ** p<0.01; * p<0.05. Tmax (maximum temperature), Tmean (mean temperature), Tmin (minimum temperature), P (total rainfall), RH (mean Relative Humidity).

		Urticaceae Pollen	Par j 1-Par j 2	Tmax	Tmean	Tmin	P	RH	
Córdoba	2009 (n= 170)	Urticaceae Pollen	1.000	0.089	-0.315**	-0.407**	-0.353**	-0.109	0.173*
		Par j 1-Par j 2	0.089	1.000	-0.133	-0.146	-0.173*	0.220	0.110
		PM 10	0.104	0.895**	-0.164**	-0.169**	-0.180*	0.021	0.155
		PM 2.5	0.041	0.844**	-0.129	-0.138	-0.173*	0.063	0.089
	2008 (n= 172)	Urticaceae Pollen	1.000	0.212*	-0.243**	-0.329**	-0.418**	-0.129	0.039
		Par j 1-Par j 2	0.212*	1.000	0.142	0.103*	0.209**	-0.027	0.088
		PM 10	0.137	0.893**	-0.150*	-0.179*	-0.191*	-0.031	-0.133
		PM 2.5	0.225*	0.953**	0.122	0.163*	0.163*	-0.011	-0.053
	2007 (n= 120)	Urticaceae Pollen	1.000	0.225*	0.024	-0.022	-0.113	-0.172	-0.037
		Par j 1-Par j 2	0.225*	1.000	-0.137	-0.212	-0.247**	0.052	0.033
		PM 10	0.134	0.800**	-0.057	-0.118	-0.200**	-0.066	-0.074
		PM 2.5	0.261*	0.870**	-0.192*	-0.264**	-0.264**	0.05	-0.129
	2006 (n= 91)	Urticaceae Pollen	1.000	0.145	-0.518**	-0.576**	-0.510**	0.184	0.431*
		Par j 1-Par j 2	0.415	1.000	-0.015	-0.013	-0.078	-0.046	-0.064
		PM 10	0.060	0.849**	0.104	0.121	0.083	0.041	-0.141
		PM 2.5	0.178	0.917**	-0.098	0.108	-0.173	-0.094	-0.005
MPC 2006 (n= 27)	Urticaceae Pollen	1.000	0.440*	0.37	0.357	-0.071	-0.464**	0.562**	
	Par j 1-Par j 2	0.440*	1.000	-0.236	-0.260	-0.137	0.044	0.195	
	PM 10	0.350	0.446**	-0.081	-0.112	-0.209	-0.0255	-0.075	
	PM 2.5	0.449*	0.995*	-0.249	-0.268	-0.119	0.068	0.205	
Granada	2006 (n= 150)	Urticaceae Pollen	1.000	0.094	-0.250**	-0.369**	-0.409**	-0.017	0.182*
		Par j 1-Par j 2	0.094	1.000	0.166*	0.147	0.130	-0.156	-0.054
		PM 10	0.091	0.877**	-0.195*	-0.180*	-0.170*	-0.121	-0.091
		PM 2.5	0.089	0.972*	0.0133	0.112	0.094	-0.164	-0.035
	MPC 2006 (n= 89)	Urticaceae Pollen	1.000	0.283**	0.515**	0.375**	0.027	-0.388**	0.458**
		Par j 1-Par j 2	0.283**	1.000	-0.067	-0.091	-0.144	-0.087	0.055
		PM 10	0.127	0.495**	-0.196	-0.211**	-0.162	0.086	0.069
		PM 2.5	0.285**	0.985**	-0.058	-0.081	-0.139	-0.111	0.041

Table 3. Par j 1-Par j 2 concentrations in different particle-size fractions (expressed as total sum allergens and percentages) in Córdoba and Granada.

Stage (μm)	Granada		Córdoba							
	2006 (1st Feb-30th June)		2006 (1st Feb-30th May)		2007 (1st Feb- 31st May)		2008 (9th Jan- 28th June)		2009 (13th Jan- 1st June)	
	ng/m ³	%	ng/m ³	%	ng/m ³	%	ng/m ³	%	ng/m ³	%
1 (≥ 5.8)	2011.1	9.5	840.4	6.2	2337.4	10.2	961.5	7.4	1597.5	8.5
2 (<5.8-4.7)	2608.5	12.4	1800.9	13.4	3633.8	15.8	2336.9	17.9	6638.3	35.2
3 (<4.7-3.3)	1310.0	6.2	3380.5	25.1	4028.8	17.5	2494.8	19.1	3223.2	17.1
4 (<3.3-2.1)	3496.4	16.6	2544.1	18.9	3496.0	15.2	2729.4	20.9	2679.9	14.2
5 (<2.1-1.1)	4212.6	19.9	2474.7	18.4	3123.9	13.6	3276.6	25.1	2431.4	12.9
6 (<1.1)	7508.5	35.6	2419.0	18.0	6396.9	27.8	2840.3	21.8	2314.1	12.3
PM 10	5929.5	28.1	6021.9	44.7	10000.0	43.4	5793.2	44.4	11459.0	60.7
PM 2.5	15217.5	72.1	7437.8	55.3	13016.9	56.6	8846.4	67.9	7425.3	39.3
TOTAL	21116.6	100.0	13459.6	100.0	23016.9	100.0	13037.8	100.0	18884.4	100.0

Figure 1



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Asunto: ER-19-483R1: Final Decision

Ms. No.: ER-19-483R1

Title: Parietaria major allergens vs pollen in the air we breathe Corresponding Author: Dr.
Concepcion De Linares

Authors: Purificación Alcázar, PhD; Ana M. Valle; Consuelo Díaz de la Guardia, PhD; Carmen
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