

1 **Endocrine-Active Compound Evaluation: Qualitative and Quantitative**  
2 **Histomorphological Assessment of Zebrafish gonads after Bisphenol-A exposure**

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26 **Abstract**

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28 There is great social concern about the risk involved from exposure to BPA as an  
29 endocrine disrupter in humans, as well as the possible repercussion of this chemical on  
30 the environment. In this study, the short-term effects of BPA at a gonadal level were  
31 assessed by means of different biomarkers in a model animal organism in vogue, the  
32 zebrafish (*Danio rerio*). For this purpose, 60 female zebrafish aged 16 weeks were used.  
33 These were exposed for 14 days in aquariums (following OECD Directive no.24) to  
34 BPA concentrations of 1, 10, 100 and 1000 µg/l, in addition to a control batch. After the  
35 exposure period, the zebrafish were sacrificed and samples taken for a histopathological  
36 study by light and electron microscopy and morphometric analysis. During the 14 days  
37 of exposure, water samples were taken from the aquariums to analyze the BPA levels.  
38 The BPA concentration in the fish and the water was determined by LC-MS/MS.

39 The gonads of the zebrafish exposed to the BPA had a normal external appearance and  
40 there were no variations in their size or body weight. An accumulation of BPA was  
41 produced in the zebrafish tissues, and this increased as the BPA concentration to which  
42 the fish were exposed did. In the histopathological and morphometric studies, multiple  
43 alterations were observed in the zebrafish ovaries, particularly highlighting the  
44 vacuolization of the follicular cytoplasm, a great degeneration of all the cell  
45 components, and an important increase in the percentage of atretic follicles as from  
46 concentrations of 100 and 1000 µg/l of BPA, verified by morphometry.

47 These data indicate that morphological endpoints are sufficiently sensitive to  
48 individuate precocious effects of environmental concentration of BPA on gonads after  
49 two weeks of exposure.

50

51 **Keywords:** Bisphenol-A; Endocrine-Disruption; Zebrafish; Atretic Follicles;  
52 Histomorphology

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## 55 **1. Introduction**

56 Bisphenol A (2,2-bis (4-hydroxyphenyl) propane) (BPA), is one of the chemicals most  
57 produced in the whole world, with an annual production of over 2 million tonnes (Lang  
58 et al., 2008). It is extensively employed in a great variety of consumer products, a large  
59 number of which enter into contact with food (Wen-Tien, 2006). It is also present as an  
60 environmental contaminant in rivers and drinking water, probably due to the migration  
61 of plastic containers from industrial rubbish heaps (Kolpin et al., 2002; Coors et al.,  
62 2003). BPA is an endocrine disrupter, which can mimic the body's own hormones and  
63 may lead to negative health effects. Its action of mechanism is based on its binding to  
64 estrogenic receptors, presenting an estrogenic activity at the same time as it induces  
65 dysfunctions in reproduction and development at a neurological level and in the  
66 immunological system. Also, recently, this compound has been related to cardiovascular  
67 disorders, diabetes and obesity in humans.

68 The European Union has agreed to ban the presence of BPA in plastic feeding bottles  
69 for its possible harmful effects on children's health ( E.U.Directive 2011/8). However,  
70 for the moment, the European Commission has no plans to further restrict the use of  
71 BPA and has agreed to maintain the Admissible Daily Intake (ADI) of BPA for humans  
72 at 0.05 mg/kg/day. However, the considerable amount of research on the action of BPA  
73 on health reflects certain doubts (EFSA, 2008).

74 The importance of BPA as an environmental contaminant and the risk it entails due to  
75 its low biodegradability rate and its bio-accumulation in the trophic chain have caused

76 the European Parliament to recently include it as a substance whose toxicity should be  
77 evaluated. The European Commission will have until 2013 to decide whether 13 new  
78 substances should be added to the inventory, among which BPA is included. Hence the  
79 importance of an assessment of the danger of this chemical as a contaminant.

80 Zebrafish are suitable for assessing toxic effects of chemicals on development and  
81 reproduction, because test protocols have already been established, including OECD  
82 guidelines (OECD 204, 210, 212), that recommend zebrafish for chemical toxicity  
83 assessments, as well as in Annex 1 of Directive 2010/63/EU, relative to the protection  
84 of animals used for scientific purposes.

85 Histopathological examinations may provide an insight into the nature of reproductive  
86 impairments (Miles-Richardson et al., 1999; Metcalfe et al., 2000). At the fourth  
87 meeting of the OECD Task Force on Endocrine Disrupter Testing and Assessment  
88 (EDTA) in Paris on May 12, 2001, it was generally agreed that histopathology should  
89 be adopted as a core endpoint in the assessment of estrogen-active compounds (Segner  
90 et al., 2003).

91 The histopathological assessment of fish reproductive organs can be divided into 2  
92 separate components: the evaluation of gonads for abnormal findings and gonad  
93 staging. Gonad staging involves the assessment of germinal cell type proportions in  
94 order to identify the potential effects of exogenous or endogenous chemicals on  
95 gametogenesis. Cell type proportions can be obtained by morphometry of zebrafish  
96 ovaries (Wolf et al., 2004).

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101 **2. Material and methods**

102 2.1. Fish exposure and sampling protocol

103 16 week-old female zebrafish (*Danio rerio*) (n=60; standard length; 4,173±0,239 cm;  
104 0,568±0,139 g wet weight) were used. Treated groups were exposed for 14 days (OECD  
105 Guideline No. 204) to graded concentrations (1, 10, 100 and 1000 µg/L) of BPA (Sigma  
106 Aldrich<sup>®</sup>, St. Luis, EE.UU.) under flow through conditions (10 water renewals/day) and  
107 photoperiod of 16 light hours: 8 dark hours. Water temperature was 26±1° C and  
108 dissolved oxygen was maintained above 60% of saturation level by continuously  
109 aerating the test solution. Zebrafish were fed twice a day with a non estrogenic  
110 granulated diet (Supervit<sup>®</sup> minigranulated, Tropical, Chorzow, Poland). A control group  
111 (unchlorinated tap water) completed the exposure design.

112 After 2 weeks of exposure, zebrafish were sacrificed by an overdose of anaesthetic  
113 solution tricaine methanesulfonate (MS-222<sup>®</sup> 500 mg/L; Sigma Aldrich<sup>®</sup>, St. Luis,  
114 EE.UU) buffered with sodium bicarbonate (300 mg/L; Sigma-Aldrich<sup>®</sup>, St. Luis,  
115 EE.UU), next and immediately, standard length (SL) and body weight (BW) were  
116 measured.

117 Gonads from 50% of animals from each group were dissected and fixed for histological  
118 analysis by qualitative and quantitative evaluations. Each fish was necropsied by  
119 placing it in right lateral recumbency on the stage of a dissecting microscope. The left  
120 body wall was removed to excise the gonads dissecting in a caudal to cranial direction,  
121 while applying very gentle traction to the oviducts (Wolf et al., 2004). The rest of the  
122 fish from each group were frozen and stored at -80° C for analytical BPA  
123 determinations.

124

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126 2.2. Analysis of BPA content

127 2.2.1. Water:

128 Three times a week water from each tank was sampled, keeping it frozen until its  
129 analytical verification of BPA exposure concentrations. Prior to the analysis, the  
130 samples were thawed and subsequently processed for their determination, injecting 20  
131  $\mu$ l sample in the LC–MS/MS system

132

133 2.2.2. Fishes:

134 Whole body homogenates were obtained for BPA quantification. Their maceration was  
135 carried out with a homogenizer (Ribolyser<sup>®</sup>) to 10.000 G in tubes of 1 ml, in a 1:2 wet  
136 weight/ buffer volume (50 mM Tris-HCl ph 7,4).

137 Samples were processed for their extraction and purification, and finally transferred into  
138 vials. 20  $\mu$ l was injected in the LC-MS/MS system for the BPA determination. The  
139 HPLC system consisted of two Varian 210 series pumps, a Varian 410 series  
140 autosampler, a Metahcem Tecn degasificator with four channels in line. A Synergi  
141 Hydro RP 80 Å, 150 x 2 mm 4  $\mu$  Phenomenex column was used for the  
142 chromatographic separation with a AQ C18 4 x 2 mm Phenomenex precolumn. For the  
143 HPLC–MS/MS experiments, a 1200 L Varian triple quadruple mass spectrometer was  
144 used. The IS voltage was 1400 V, temperature drying gas 350°, pressure drying gas 30  
145 psi. Mass spectrometry analyses were performed in the MRM mode (Multiple Reaction  
146 Monitoring). For the MRM experiments, the collision gas was argon. The mobile phases  
147 for negative ionisation were 0.05% TEA (triethylamine) in Milli Q water (A) and  
148 acetonitrile (B) with a gradient from 100% A to 100% B in 21 min at 200  $\mu$ l/min.

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### 152 2.3. Qualitative Histomorphological Assessment: Light and electron microscopy

153 For the structural evaluation, the fixed ovaries were routinely processed for paraffin  
154 sections by fixing in 10% formaldehyde, dehydrating in graded series of ethanol,  
155 immersing in xylol and embedding in paraffin wax. Every tenth section (4 µm thick) of  
156 each block was stained with haematoxylin and eosin and used for the morphological  
157 study.

158 For the ultrastructural study, small randomly selected samples of gonads were primarily  
159 fixed in a 2% glutaldehyde solution in 0.1M phosphate buffer (pH 7.4) overnight at 4° C  
160 and then refixed in 1% osmium tetroxide in 0.1M phosphate buffer (pH 7.4) for 30 min.  
161 After dehydration in graded ethanol series and embedding in Araldite, semithin and  
162 ultra-thin sections were cut on an LKB ultramicrotome. Semithin sections were stained  
163 with toluidine blue, whereas ultra-thin sections were double-stained with uranyl acetate  
164 and lead citrate. Ultra-thin sections were viewed and photographed in a Philips CM10  
165 transmission electron microscope.

166

### 167 2.4. Quantitative Histomorphological Assessment: Morphometric study

168 For the morphological study, the fixed gonads were cut into three sections. Each portion  
169 was then processed and embedded in paraffin as for routine histology. The first section  
170 (4µm thick) of each block was stained with haematoxylin and eosin and used for the  
171 stereological study.

172 The quantitative study was performed using an image analysis system consisting of a  
173 Leitz Ortholux triocular microscope connected by means of a SONY SSC-C370P®  
174 colour video camera to an IBM-compatible personal computer equipped with a frame  
175 grabber board. Each specimen was sampled in a systematic manner for the selection of

176 microscopic images that were then digitized; a 100x lens (N.A. 1.25) was used for this  
177 procedure. An average of 50 microscopic fields per slab was chosen in each specimen.  
178 Each microscopic image was processed using Visilog 5<sup>®</sup> software. Quantification was  
179 performed by an observer experienced in the use of the analysis system (J.G-M) but  
180 with no previous knowledge of which group was being analysed. The system was  
181 initially, and regularly, calibrated using a millimetre slide.

182 The numerical density ( $Q_A$ ) of each type of follicle in the plane was estimated using a  
183 test system consisting of sixteen rectangular counting frames superimposed onto each  
184 microscopic image. Thus, the number of profiles per area  $Q_A$  (*nucl/tis*) were estimated  
185 according to:

$$186 \text{ est } Q_A(\text{nucl/tis}) = \Sigma Q(\text{nucl}) / (\Sigma P(\text{tis}) \cdot a/p)$$

187 where  $Q_A$  (*nucl/tis*) is the numerical density of follicular nuclei per ovary tissue,  
188  $\Sigma Q(\text{nucl})$  is the total number of nuclear profiles counted within the counting frames  
189 of the area obtained from  $\Sigma P(\text{tis})$  as the total number of points which hit the tissue,  
190 multiplied by  $a/p$  as the area associated with one point on the test system (in our  
191 study,  $a/p = 125 \mu\text{m}^2$ ).

192

## 193 2.5. Statistical analysis

194 Data were analysed using the statistical programme Statgraphic (Centurion XVI<sup>®</sup>) to  
195 determine BPA effects on every exposed group. ANOVA (test- F) was used to  
196 demonstrate if significant differences between the averages existed. The Fisher LSD  
197 post hoc test was used to perform multiple comparisons between groups. Results are  
198 expressed as mean values  $\pm$  standard deviation (SD) and  $P < 0.05$  was considered to be  
199 significant.

200



201 **3. Results**

202 3.1 Macroscopic findings

203 There was no fish mortality during the 14-day study period. No macroscopic findings  
204 were found, and no significant differences in mean BW and SL were detected between  
205 the control and the BPA-exposed animals.

206

207 3.2 BPA levels

208 The data of the BPA concentrations in the water coincided with the nominal ones and  
209 no significant results were obtained in this respect. This agreed with prior studies, in  
210 which no degradation of BPA in water was observed (Dorn et al., 1987).

211

212 Table 1 shows the levels of BPA concentration in the zebrafish at day 14 after 1, 10,  
213 100 and 1000 µg/L of BPA exposure. Whereas non-detected BPA levels were found in  
214 the control group, an increase in the BPA concentration was observed in the zebrafish  
215 exposed to graded concentrations of BPA. In the treated groups, data reported showed  
216 significant differences from the control group. While none were detected between  
217 treated groups at 1, 10 and 100 µg/L, there were significant differences between these  
218 groups and the highest BPA concentration (1000 µg/L) exposure group.

219

220

221 3.3 Qualitative Histomorphological Assessment: Light and electron microscopy

222 The parenchyma of the ovary corresponding to the **control** group showed images of an  
223 extensive development of its follicles, displaying a correct distribution of all its  
224 elements. In this group, the interstitium gave the typical images of this tissue component

225 in the species being studied, with the presence of abundant connective cells and blood  
226 vessels (Fig. 1).

227 The **primordial follicle**, the first phase of the follicular evolution of the oocyte, was  
228 integrated by the oocyte covered by a single layer of flat follicular cells, which  
229 established a simple flat epithelium surrounded by a sharp basement membrane. The  
230 oocyte integrating the primordial follicle had a spherical, vesicular and large nucleus, in  
231 an eccentric situation with respect to the cytoplasm, and a highly developed nucleolus.  
232 The cytoplasm of the oocytes, which had a very intense basophilia under the electron  
233 microscope, displayed huge amounts of ribosomes.

234 The transition of a primordial follicle to a **cortical alveolar follicle** involved a series of  
235 changes in the oocyte, in the follicular epithelium, and in the connective tissue  
236 surrounding it. The beginning of the transition was marked by a notable increase in the  
237 size of the oocyte in relation to the primordial follicles. This is because it was starting a  
238 period of growth which implicated the nucleus, the nucleolus and the cytoplasm,  
239 accompanied by the transformation of the follicular epithelial cells from their flattened  
240 shape into cubic cells. In the peripheric areas of the oocyte's cytoplasm, vitelline  
241 vesicles appeared, which made the nucleus become compressed in the central area. The  
242 size of the nucleus was even more apparent than in the primordial follicles. It had  
243 undulating borders and possessed a homogeneous chromatin and with a lower  
244 basophilia than the cytoplasm. The number and size of the nucleoli were increased,  
245 incrementing their basophilia and becoming situated in the periphery of the nucleus  
246 (perinucleolar state).

247 The **Vitellogenic follicles** were formed by the oocyte surrounded by a thick pellucid  
248 membrane, with the follicular cells constituting a cylindrical epithelium. They were

249 located inside the ovarian parenchyma, close to the primordial follicles, and were an  
250 intermediate step between the cortical alveolar follicles and the mature ones.

251 The nuclei were maintained in the centre of the oocyte, with undulated borders, their  
252 chromatin being homogeneous and with a scant basophilia. In their centre, numerous  
253 nucleoli were seen, which were mainly arranged in the periphery of the nucleus,  
254 although they were also found in the rest of it. Morphologically, they were spherical,  
255 very basophilic and had a hollow in the centre.

256 The pellucid membrane entirely surrounded the oocyte. It was very thick and  
257 homogeneous with a manifest acidophilia. The enveloping epithelium was formed by  
258 scant layers but stood out for being constituted by an epithelium of cubic cells.

259 The **Mature follicles** were comprised of oocytes highly transformed in relation to the  
260 primordial follicle. These follicles possessed a thin envelope of flat cells. They were  
261 distributed throughout the ovary, occupying most of it, and represented the oocytes  
262 which, in the final phase, were released outside. In them, mainly, the cytoplasm stood  
263 out since in these follicles a masking of the nucleus took place.

264 The cytoplasm was very well developed, of a large size and was occupied practically in  
265 its totality by large vitelline granules and by lipidic vacuoles. The pellucid layer was  
266 maintained, although its thickness had notably diminished, and although it kept its  
267 acidophilia, its border was uneven. The layer of follicular cells was thinner due to a  
268 decline in the number and thickness of its cells.

269 In the **Atretic follicles** we, can mainly highlight phagocytosis and invasion from the  
270 follicular cells of the cytoplasmic rests of the oocyte. This triggered the atresia and re-  
271 absorption of the ovarian follicles with the destruction of the nucleus, the folding and  
272 dissolution of the pellucid zone, the disorganization and liquefaction of the vitelline  
273 vesicles, and the destruction of the lipidic granules.

274 The fish treated with **1** and **10 µg/L of bisphenol-A** presented all the types of follicles  
275 described in the control group (primordial, cortical alveolar, vitellogenic, mature and  
276 atretic). All these follicles maintained the composition and the type of lining cell  
277 (Fig.2).

278 The primordial follicles showed an apparently normal morphology with a strong  
279 basophilia in their oocytes, although, unlike the control group, they presented a certain  
280 vacuolization in the peripheric zone of the oocyte.

281 Neither did the cortical alveolar follicles exhibit any alterations worth mentioning when  
282 comparing them to the control group, only certain vacuolizations, together with the  
283 initiation of the formation of the pellucid zone in the fish treated with 10 µg/L of  
284 bisphenol-A. The nuclei of the oocyte had numerous nucleoli, a basophilic cytoplasm,  
285 and the presence of vitelline vacuoles beginning their formation was noted.

286 The vitellogenic follicles also showed an apparently normal morphology, with a highly  
287 developed, homogeneous and acidophilic pellucid membrane, with abundant vitelline  
288 vesicles, and, above all, lipidic drops. In fish of these batches, there were few atretic  
289 follicles.

290 In the zebrafish treated with **100 µg/L of bisphenol-A** the different ovarian follicles  
291 were also observed (Fig.3).

292 There were few primordial follicles although they kept their structure. They were  
293 hypertrophic and displayed a marked vacuolized cytoplasm, although they maintained  
294 their intense basophilia.

295 Although the cortical alveolar follicles maintained their components the same as the  
296 previous ones, they had become larger, and abundant vacuolizations were observed.

297

298 There were very many vacuolizations also in the pellucid zone of the mature follicles  
299 with wide spaces between the follicular cells of the oocytes, and disorganizations.

300 The gonads of these fish treated with this dose of bisphenol-A (100 µg/L) displayed  
301 abundant atretic follicles, with all their components disorganized and degenerated.

302 The study of the zebrafish group treated with **1000 µg/L of bisphenol-A**, the same as in  
303 the previous study, showed the different types of follicles in their gonads although more  
304 marked alterations were observed (Fig.4).

305 Fewer primordial follicles were noted than in the gonads of fish from the previous  
306 batches, although they were larger in size. What stood out was the great increase in  
307 vacuolizations in the cytoplasm, highly destructured nuclei, and extensive degenerative  
308 processes.

309 The cytoplasm of the oocytes in the vitellogenic follicle was seen to be also highly  
310 vacuolised, with a degeneration and vacuolization of the pellucid zone. In this batch,  
311 abundant atretic follicles were observed with a degradation of all their components.

312

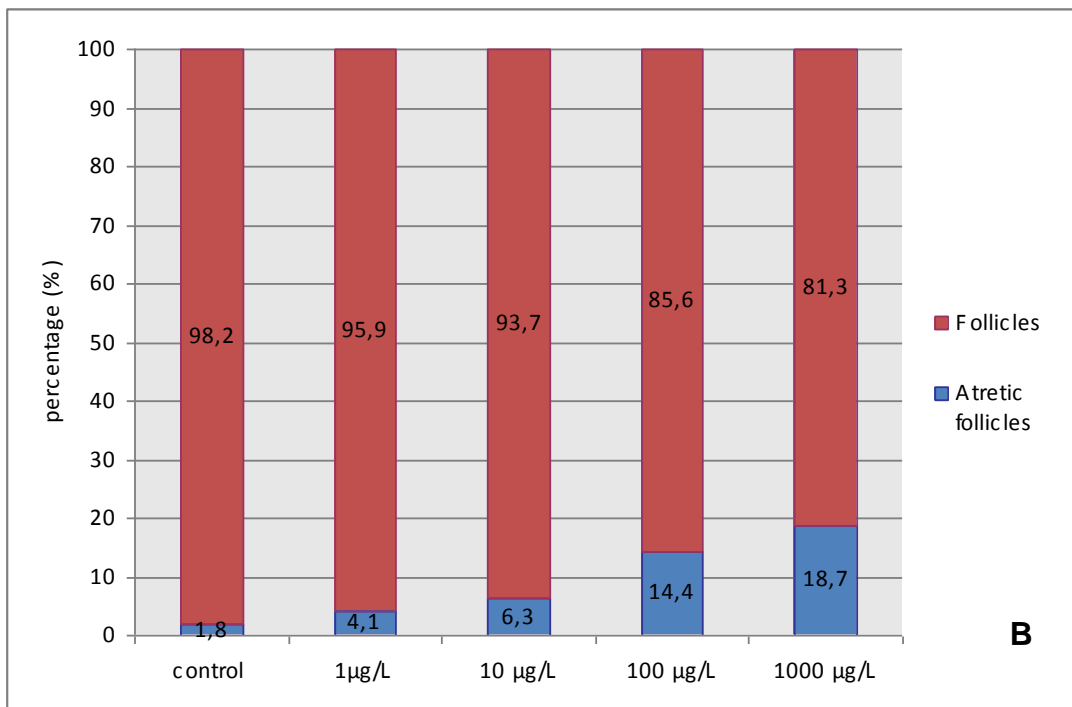
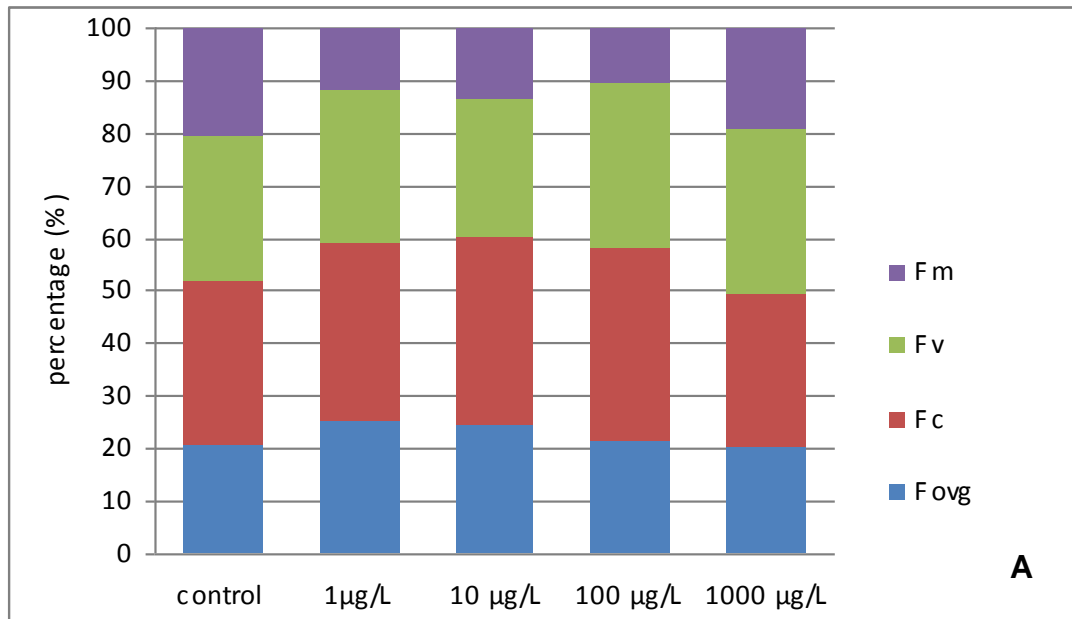
### 313 3.4 Quantitative Histomorphological Assessment: Morphometric study

314 Data related to gametogenic cells are represented in Figure 5A, where different  
315 percentages of each type of follicle in each study group are reported. Significant  
316 differences have been observed between the different study groups with respect to each  
317 type of follicle counted.

318 Regarding the results obtained in the morphometric study, the percentages of atretic  
319 follicles were clearly affected by BPA exposure (Figure 5B). A significant increase in  
320 the density of the atretic follicles was observed in fish exposed to graded concentrations  
321 of BPA, reporting significant differences from the control group, and between the dosed  
322 groups.

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325

326 Fig. 5. A: Different type follicle distribution in each group. Primordial (Fovg), cortical

327 alveolar (Fc), vitellogenic (Fv), mature (Fm); B: Atretic follicle percentage in the

328 different groups of the study.

329

#### 330 **4. Discussion**

331 The equilibrium between the estrogens and the androgens is decisive for the complete  
332 development of the gonads so that their evaluation as a biomarker of gonadal  
333 development and possible alterations demonstrating the estrogenic action of BPA is of  
334 extraordinary interest.

335 There are very many studies on rodents as a model for the evaluation of the disrupting  
336 action of BPA (Rodriguez et al., 2010; Karavan et al., 2012), although they are not so  
337 frequent in work using fish, and, more specifically, in zebrafish, as an experimental  
338 model to evaluate the estrogenic action of BPA. Zebrafish are one of a group of small  
339 fish species that can be kept in the laboratory, are easily exposed to endocrine-  
340 disrupting chemicals in tank water at different stages in their life cycle, and exhibit  
341 measurable sensitivity to endocrine-disrupting chemicals, including sexual dimorphism  
342 (Van den Belt et al., 2001; Orn et al., 2003; McGonnell et al., 2006).

343 This study has focused on the action of BPA on zebrafish ovaries by observing the  
344 alterations in the structure of the germinal cells and follicular atresia, as well as the  
345 modifications in the relative proportion of germinal cells.

346 The adverse effects produced by BPA on gonadal development in fish have been  
347 described by other authors in carp in highly polluted rivers (Patino et al., 2003; Mandich  
348 et al., 2007) finding serious alterations in their gonadal morphology starting from  
349 environmental concentrations (1 µg of BPA/L).

350 Concentrations of BPA have been used by means of a continuous flow system in the  
351 water of aquariums, i.e. 1, 10, 100 and 1000 µg/L of BPA, very similar doses to those  
352 employed by different authors in diverse fish species (Lindholst et al., 2000; Ishibashi  
353 et al., 2005; Mandich et al., 2007; Villaveuve et al., 2012). Coinciding with previously  
354 reported data, no mortalities occurred during the BPA exposure period (Villaneuve et

355 al., 2012). Nor were any differences obtained with regard to the weight and length of  
356 the animals after the study period, the same as was found by Mandich et al. (2007). But,  
357 however, the macroscopic aspect of the gonads remained apparently normal in our  
358 study, whereas the other authors, after the period of exposure to 17 $\beta$ -estradiol, noted a  
359 gelatinous appearance in the ovaries (Wolf et al., 2004).

360 In our study, a bio-accumulation of BPA was produced in the fish's tissues, which  
361 increased at the same time as the BPA concentration to which they were exposed did.

362 With regard to the follicular growth in the ovaries, in the first two batches (1 and 10  
363  $\mu$ g/L of BPA) we found the same types of follicles as those observed in the control  
364 group, all of them clearly seen, and they maintained their structure and the type of lining  
365 cells, coinciding with what was observed by other authors (Mandich et al., 2007). In the  
366 zebrafish exposed to 100  $\mu$ g/L of BPA we found some abnormality in their ovaries,  
367 such as the vacuolization of the cytoplasm of the primordial follicles, and the irregular  
368 borders of the nucleus of the vitellogenic follicles. At doses of 1000  $\mu$ g/L of BPA, in all  
369 the types of ovarian follicles, we observed a degradation of their cell components,  
370 where an interstitial fibrosis characterized by the presence of connective fibrous tissue  
371 inside the ovarian stroma, as well as granulomatous infiltrations, stood out. These  
372 alterations were similar to those observed by Mandich et al. (2007) in carp exposed to  
373 the same concentrations, which developed alterations in their connective stroma, and an  
374 increase in eosinophilic granulocytes. Similar lesions have been described in ovaries  
375 produced by estrogen-active compounds like 17 $\beta$ -estradiol (Wolf et al. 2004). This  
376 similarity between the histological modifications induced by both compounds leads us  
377 to believe in an estrogenic action of BPA at the ovarian level.

378 As for the quantification of the follicles, we observed that as the concentration exposure  
379 increased, there was a decline in the percentage of primordial follicles, the same as was



380 observed by Rodríguez et al. (2010) in a study made in rats, whereas the percentage of  
381 recruited follicles (sum of cortical alveolar, vitellogenic and mature follicles) increased.  
382 These results indicate that the reduction in the ovarian reserve of follicles induced by  
383 xenoestrogen exposure was caused by the increased initial recruitment of primordial  
384 follicles, demonstrating that BPA negatively impacts by acting as an activator of the  
385 initial recruitment of primordial follicles (Rodríguez et al., 2010). Similarly, this  
386 stimulatory effect on the transition of primordial to cortical alveolar follicles has been  
387 previously reported for other estrogen-active compounds like diethylstilbestrol  
388 (Wordinger et al., 1989).

389 In the OECD Directive of 2009, we find a series of diagnosis criteria in the gonadal  
390 histopathology of females in relation to the analysis of the action of potentially  
391 estrogenic compounds. Among the primary diagnosis objectives, an increase in  
392 follicular atresia was found to be a marker of the gonadal histopathological harm from  
393 the action of these compounds (OECD, 2009). Follicular atresia, whether caused by  
394 physiological stimuli or environmental stress, entails the degeneration of follicles at any  
395 stage of follicular development, although atretic follicles are often most noticeable in  
396 the later development stages (Wolf et al., 2004).

397 In our study, we quantified the percentage of atretic follicles in the ovary of the females  
398 at different exposure concentrations of BPA and we verified that in the control there  
399 was a small percentage of atretic follicles, 1.8%, a justifiable datum since follicular  
400 atresia is a physiological mechanism, which appears in the ovary of vertebrate animals.  
401 But as the exposure concentrations increased (100 and 1000 µg/L of BPA), an  
402 increment was produced in the percentage of atretic follicles with respect to the control,  
403 reaching values of above 10% of the total of ovarian follicles (14.4 and 18.7%,  
404 respectively). In this sense, we coincide with other authors who, similarly, observe this

405 dose-dependent increment in atretic follicles, and even a more marked one, reaching up  
406 to 57.1% of follicular atresia in carp at the highest BPA exposure dose (Mandich et al.,  
407 2007).

408 When exposing fathead minnows to the estrogenic action of 17 $\beta$ -estradiol (2.780 ng/L),  
409 18% of atretic follicles was obtained (Wolf et al. 2004) compared to their physiological  
410 percentage, which ranged from 1.6% to 5% (Mc Cormick et al., 1989; Miles-  
411 Richardson et al., 1999). The percentage of atretic follicles obtained after exposure to  
412 estradiol was similar to that observed in our study when exposing the zebrafish to the  
413 highest BPA concentration (100  $\mu$ g/L).

414 Also, Weber et al. (2003) exposed zebrafish to a concentration of 100 $\mu$ g/L of 4-  
415 nonylphenol, observing an increase in the percentage of atretic follicles with respect to  
416 the control group. Also, Spano et al. (2004), after exposing adult goldfish to 100 and  
417 1000  $\mu$ g/L of atrazine for 3 weeks, noted a higher proportion of atretic follicles in these  
418 exposed batches than in the control (20 and 25% of the follicles, respectively), and this  
419 revealed that exposure to other estrogen-active compounds induces an increase in the  
420 percentage of follicular atresia. This was the same as occurred in our experiment after  
421 exposure to BPA, indicating that its estrogenic action is not as intense as that of other  
422 estrogen-active compounds previously reported.

423

424 These data indicate that morphological endpoints are sufficiently sensitive to  
425 individuate precocious effects of environmental concentration of BPA on gonads after  
426 two weeks of exposure. BPA triggers alterations in follicular development, causing an  
427 increase in the percentage of atretic follicles in zebrafish ovaries, which intensifies as  
428 the BPA concentration to which the fish are exposed rises. Our results demonstrate that  
429 histopathology and gonadal morphometry are sensitive markers for the analysis of BPA

430 in zebrafish, as well as the latter's adaptation as an experimental model organism in the  
431 assessment of the effects of BPA and other chemical compounds as an endocrine  
432 disrupter.

433

## 434 **6. Acknowledgments**

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437

## 438 **7. References**

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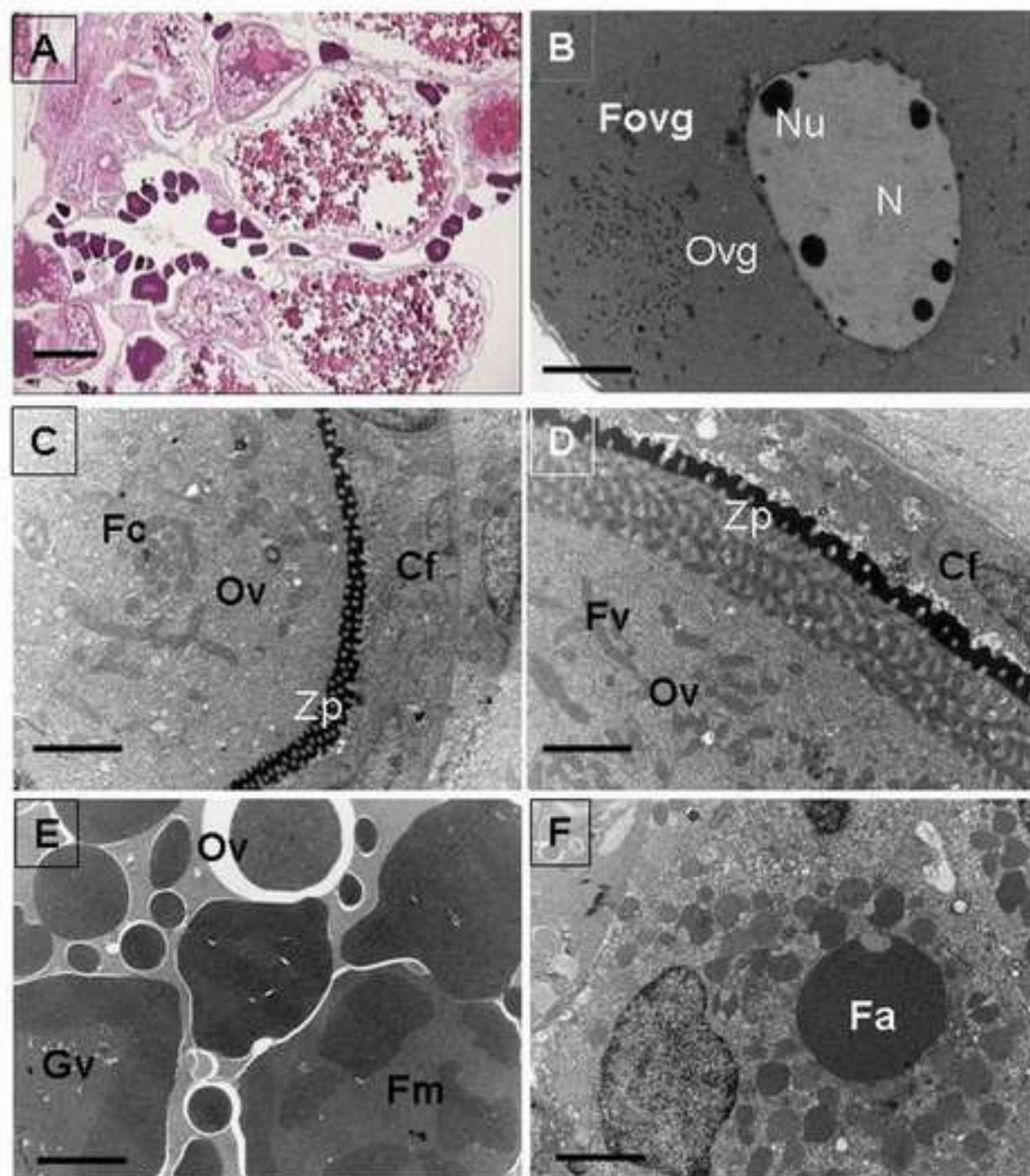
BPA concentration ( $\mu\text{g/L}$ )					
	Control	1	10	100	1000
BPA concentration ( $\mu\text{g/g}$ )	nd	$0.046\pm 0.005^*$	$0.071\pm 0.015^*$	$0.570\pm 0.034^*$	$29.562\pm 4.076^*$

Table 1. Zebrafish-BPA levels ( $\mu\text{g/g}$ ) expressed by mean $\pm$ SD

Nd: Non detected

\*Significantly different from the control with  $p < 0.05$





**Fig. 1. Ovary of zebrafish control**

A: Light microscope. Bars, 100  $\mu\text{m}$ . B, C, D, E, F: Ultrastructural observations. Bars, 10  $\mu\text{m}$ .

A. View of ovary in which the different apparently normal follicles can be seen.

B. View of primordial follicle with oogonia (Fovg), with the ovule showing (Ovg) a homogeneous nucleus (N) and abundant nucleoli (Nu), and the cytoplasm homogeneous and dense at the electrons.

C. View of cortical alveolar follicle (Fc) with ovule (Ov), pellucid zone (Zp) and apparently normal follicular cells (Cf).

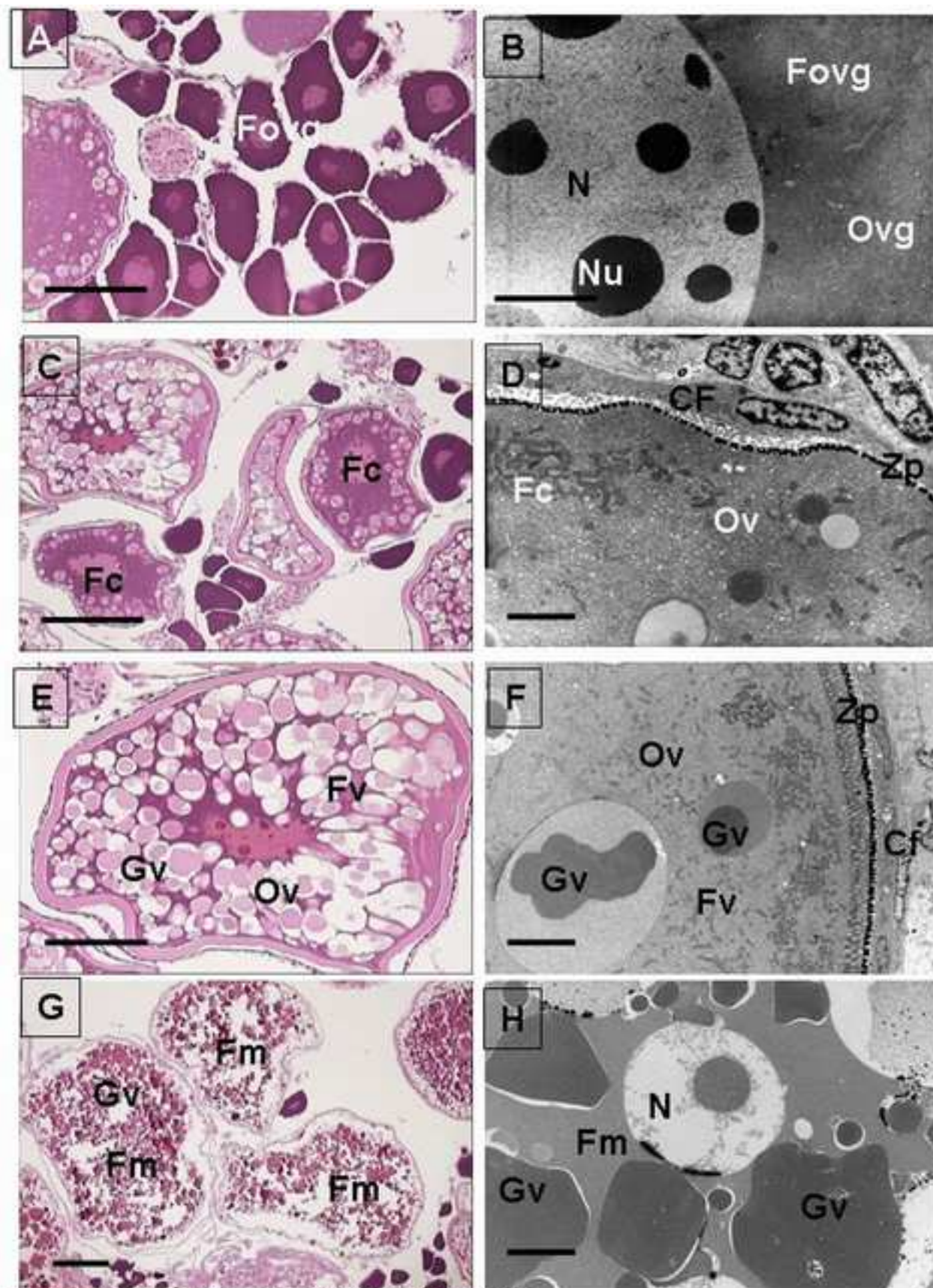
D. View of vitellogenic follicle (Fv) with ovule (Ov), pellucid zone (Zp) and apparently normal follicular cells (Cf).

E. View of mature follicle (Fm). The ovule (Ov) and apparently normal vitelline granules.

F. View of apparently normal atretic follicle (Fa).

Figure 2

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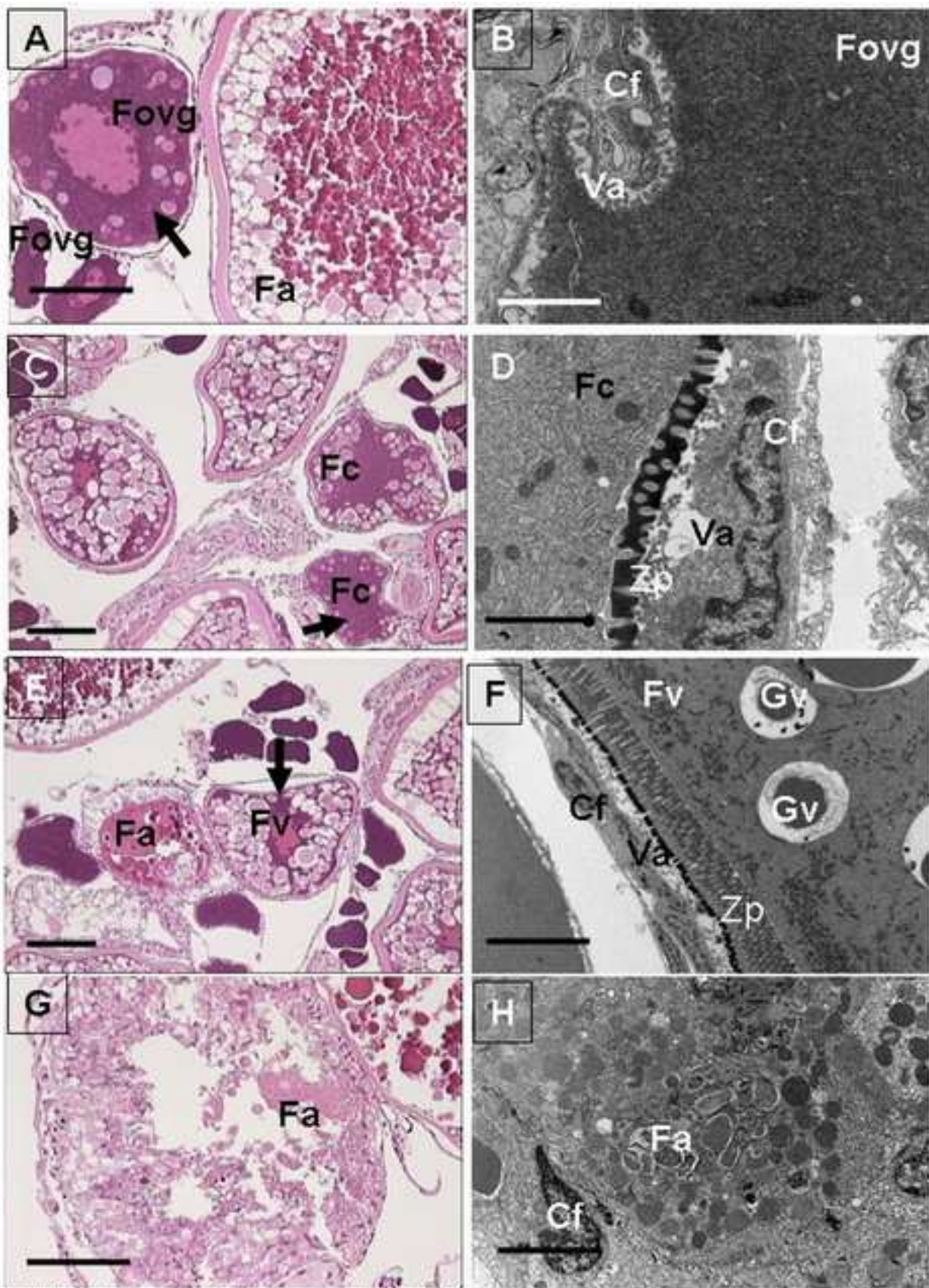
**Fig. 2.** Histopathological changes in zebrafish ovary exposed to 10 µg/L of Bisphenol-A

A, C, E, G: Light microscope. Bars, 100 µm. B, D, F, H: Ultrastructural observations. Bars, 10 µm.

A. Ovarian parenchyma with numerous primordial follicles with apparently normal oogonia with a marked basophilia of the oogonia (Fovg). B. Primordial follicles with oogonia (Fovg). Nucleus (N) with abundant nucleoli (Nu) and a homogeneous and dense cytoplasm (Ovg). C. Apparently normal cortical atretic follicles (Fc). D. View of cortical atretic follicles (Fc) in which apparently normal ovules (Ov), follicular cells (Cf) and the pellicular zone (Zp) are seen. E. View of vitellogenic follicle (Fv). The ovule (Ov) shows numerous vitelline granules (Gv). F. View of vitellogenic follicle (Fv). A normal oocyte (Ov) with abundant vitelline granules, and a normal pellicular zone (Zp) and follicular cells (Cf). G. View of mature follicles (Fm), with abundant vitelline granules (Gv). H. View of mature follicle (Fm), showing the nucleus (N), and apparently normal vitelline granules (Gv).

Figure3

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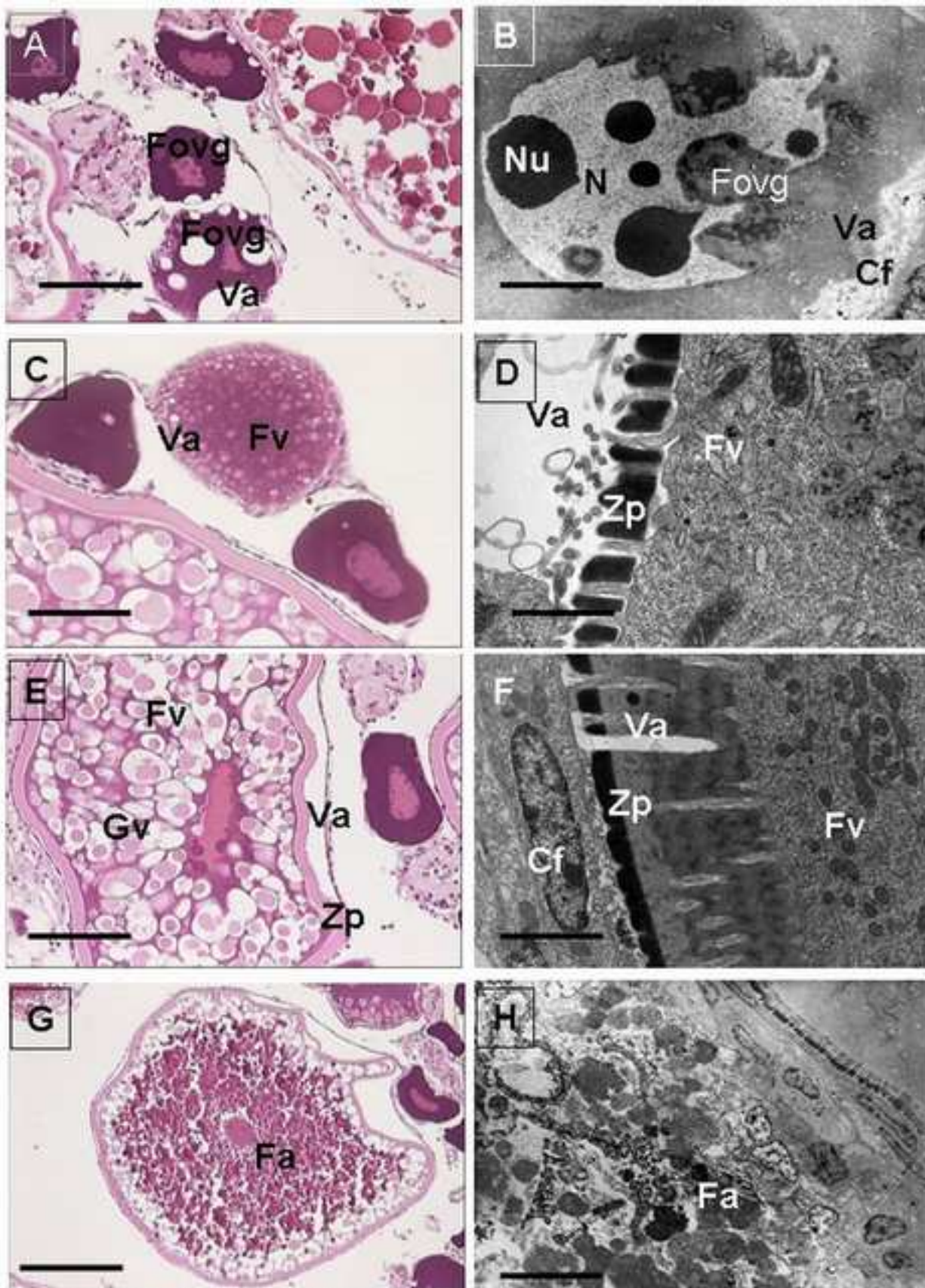
**Fig. 3. Histopathological changes in zebrafish ovary exposed to 100 µg/L of Bisphenol A.**

**A, C, E, G:** Light microscope. Bars, 100 µm. **B, D, F, H:** Ultrastructural observations. Bars, 10 µm.

**A.** View of primordial follicles with oogenesis (Fovg), hypertrophic and vacuolized oocytes are seen (arrow), and an atretic follicle (Fa). **B.** View of Primordial follicles with oogenesis (Fovg), detachment of the follicular cells (Cf) of the oocyte, with vacuolization zones (Va). **C.** View of cortical atretic follicles (Fc), in some of which vacuolizations are highlighted (arrow). **D.** View of cortical atretic follicles (Fc) with separation of the follicular cells (Cf), of the oocytes and vacuolizations (Va) in the pellicular zone (Zp). **E.** View of vitellogenic follicle (Fv) with detachments of the follicular cells appearing (arrow) next to an atretic follicle (Fa). **F.** View of vitellogenic follicle (Fv) with disorganization of the pellicular zone (Zp), vacuolizations (Va), vitelline granules (Gv) and detachment of the follicular cells (Cf). **G.** View of atretic follicle (Fa) with all its components disorganized and degraded. **H.** View of atretic follicle (Fa) with alterations in the follicular cells (Cf) and all their components.

Figure4

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**Fig. 4. Histopathological changes in zebrafish ovary exposed to 1000 µg/L of Bisphenol A**

**A, C, E, G:** Light microscope. Bars, 100 µm. **B, D, F, H:** ultrastructural observations. Bars, 10 µm.

**A.** View of Primordial follicles with oocytes (Fovg), with numerous vacuolizations (Va). **B.** View of Primordial follicles with oocytes (Fovg), the nucleus (N) highly disorganized with presence of nucleolus (Nu), vacuolizations (Va) and follicular cells (Cf) in degenerative processes. **C.** View of vitellogenic follicles (Fv) with a highly vacuolized cytoplasm of the oocyte (Va). **D.** View of vitellogenic follicles (Fv), with vacuolizations (Va), and degradation in the pellucid zone (Zp). **E.** View of the vitellogenic follicle (Fv), with a vacuolized (Va) pellucid zone (Zp) and numerous vitelline granules (Gv). **F.** View of vitellogenic follicle (Fv) with degradation and vacuolization (Va) of the pellucid zone (Zp), and detachment of the follicular cells (Cf). **G-H.** View of atretic follicles (Fa), with all their components degraded.

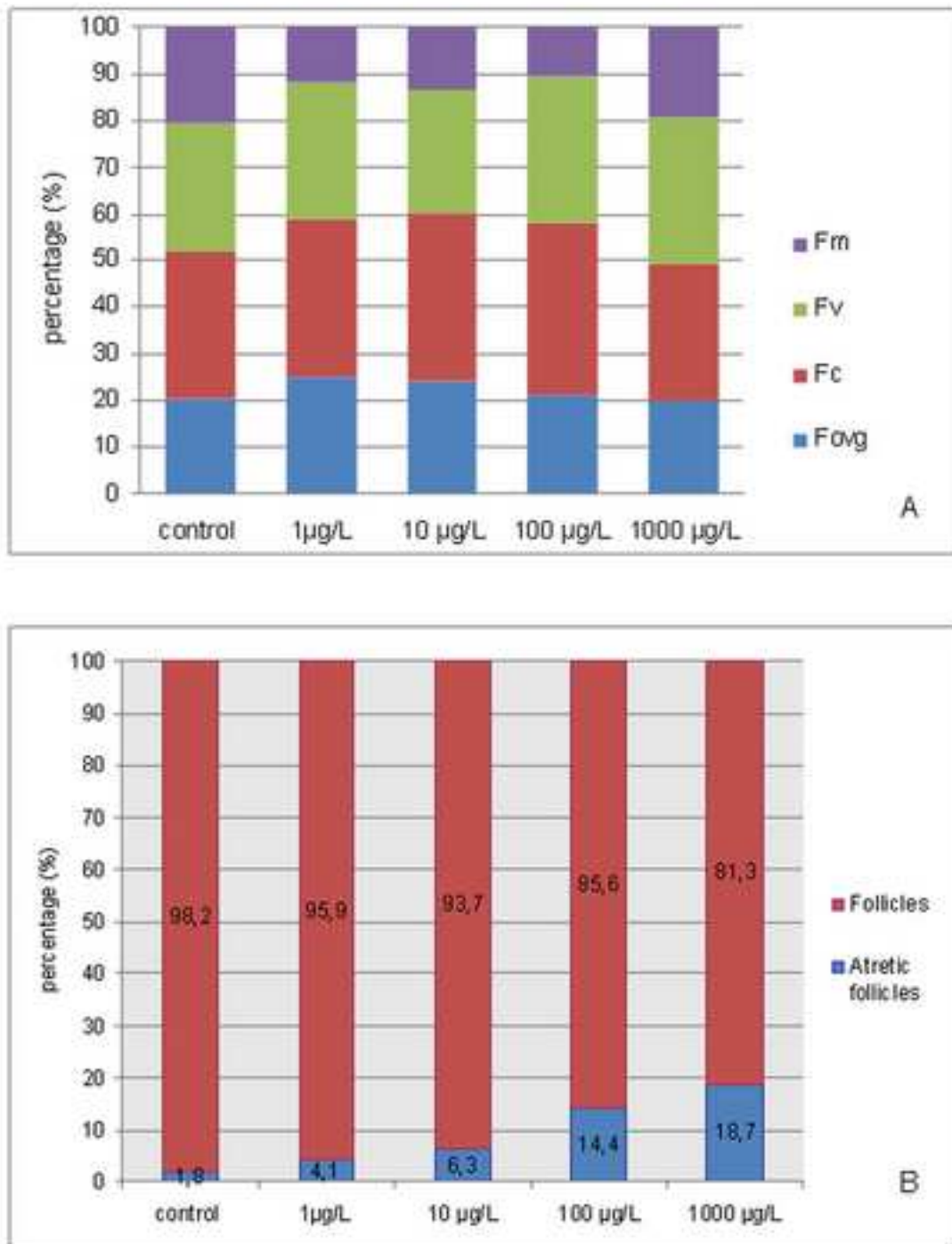


Fig. 5. A: Different type follicle distribution in each group. Primordial (Fovg), cortical alveolar (Fc), vitellogenic (Fv), mature (Fm); B: Atretic follicle percentage in the different groups of the study