

1 **A new standard water absorption criteria based on solvent retention**
2 **capacity (SRC) to determine dough mixing properties,**
3 **viscoelasticity, and bread-making quality.**

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16 **Keywords:** water absorption; Mixograph; Alveograph; bread-making.

17 **Abbreviations:** CONVABS, conventional water absorption criterion; LASRC, lactic acid
18 retention capacity; SRC, solvent retention capacity; SCSRC, sodium carbonate retention
19 capacity; SuSRC, sucrose retention capacity; UNIFABS, unified water absorption criterion
20 WRC, water retention capacity.

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Abstract

Water is necessary for the development of gluten viscoelastic properties and plays an important role in all types of chemical reactions that occur during mixing and baking. Therefore, understanding the nature of all chemical constituents and paying attention to their effects in determining water absorption is crucial for reliable evaluation of the flour bread-making properties and its bread-making performance. In this study, a new standard water absorption criteria (UNIFABS) for Mixograph, Alveograph and bread-making was developed based on the solvent retention capacity of four different solvents: water, lactic acid, sodium carbonate and sucrose. The UNIFABS was developed in order to have a common water absorption criteria for the three methods that satisfies the water absorption capacity as influenced concomitantly by proteins and polysaccharides. The UNIFABS improves the assessment of dough mixing and viscoelastic parameters, and the value of both, Mixograph and Alveograph, in predicting and selecting for bread-making quality in breeding programs.

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49 **1. Introduction**

50 The assessment of wheat end-use quality is of great importance for wheat breeders if
51 satisfying the demands of the market is considered a breeding priority. In determining end-use
52 quality, performing an actual baking test provides the most realistic assessment. Unfortunately,
53 this requires a large amount of, time, effort and flour, which makes it an inefficient selection
54 approach in breeding programs. Nevertheless, breeding for wheat quality requires not a single
55 test but a determination of several quality parameters such as dough-mixing and viscoelastic
56 properties, which are the main flour functional properties defining bread-making performance
57 and end-product quality (Graybosch et al. 1999). Among the more relevant parameters are the
58 dough mixing properties (35g flour or less required) using the Swanson and Working Mixograph
59 (National Mfg. Co., U.S.A.) according to method 54-40A of the American Association of Cereal
60 Chemists (AACC, 2000), and dough strength and extensibility (250g flour required) using the
61 Chopin Alveograph (Tripette & Renaud, France) and AACC method 54-30A (AACC, 2000).
62 Performing these tests takes on average less than 20 and 45 minutes, respectively. The
63 Mixograph records both the increase in stress as dough is mixed to its maximum resistance and
64 the subsequent decrease in stress during an over-mixing stage, whereas the Alveograph measures
65 the resistance (tenacity) and expansion capacity (extensibility) of a dough bubble in response to
66 an applied deformation force.

67 To determine flour functionality and baking performance by adhering to the official
68 methods of the AACC (AACC, 2000) various tests follow different dough-water absorption

69 criteria: in the Alveograph it is usually constant, at the 50% level; in the Mixograph it is variable,
70 based on flour protein content, at around 60% at 11-12% protein; and in the bread-making test it
71 is variable, based on Mixograph absorption, but adjusted by the experienced baker within the
72 range of approximately 65-73%. Different water absorption (dough consistency) levels may
73 result in differences in comparative performance among testing flours. The possibility exists that
74 the water absorption level used in each test does not satisfy or exceed the real water requirement
75 of the dough being tested, which hinders its ability to express its functional/baking properties,
76 presenting the possibility that it generates misleading information when selecting advanced lines
77 for quality attributes. Additionally, data of viscoelastic properties from instruments using
78 different water absorption criteria may result in correlation values among the different
79 parameters and bread loaf volume to be relatively low and variable. This fact makes the
80 prediction of bread-making quality from dough rheology parameters more difficult.

81 Although proteins (gluten proteins), starch (mainly as damaged starch) and arabino-
82 xylans (pentosans) are present in the endosperm in very different amounts, they influence flour-
83 water absorption similarly, playing an important role in the functionality attained by testing or
84 baking dough. Wheat gluten can hold approximately 2.8g of water per gram of gluten, native
85 starch 0.37g, damaged starch 1.75g, and arabinoxylans 10g of water per gram (Kweon et al,
86 2011). This means that in standard wheat sample gluten, starch (both native and damaged) and
87 arabinoxylans can contribute approximately 28, 34, and 25%, respectively, to the total water
88 absorption of the sample. Therefore, it seems necessary to consider the effect of these polymers
89 on the flour-water absorption of a testing sample when determining dough-mixing properties,
90 viscoelasticity and bread-loaf volume. There is a real need for rapid, low-cost and reliable tests
91 to select for critical end-use quality attributes, particularly in the late segregating and the early-

92 advanced stages of the breeding process (Li et al. 2015). In an early attempt to address this
93 challenge, Yamazaki (1953) developed the alkaline water-retention capacity method (AWRC),
94 which has been widely used to measure the water-absorption capacity of flours, presumably
95 resulting from the cumulative contributions of all functional flour components. Slade and Levin
96 (1994) developed the Solvent Retention Capacity (SRC) test, AACC method 56-11 (AACC,
97 2000), which addresses the relative contributions to water absorption of each flour component
98 using four different solvents. SRC results are reported as percentages of the mass of flour gel
99 resulting from the exposure of the flour to a specific solvent (water, lactic acid, sodium carbonate
100 and sucrose), followed by a subsequent centrifugation and decantation steps. While water
101 retention capacity (WRC) has been associated with the overall water-holding capacity of all flour
102 constituents, 5%-lactic acid (LASRC) is associated more specifically with the glutenin network
103 formation and gluten elasticity or strength of flour. Generally 5%-sodium carbonate (SCSRC) is
104 closely related to the amount of damaged starch of the flour, while the 50%-sucrose solvent
105 (SuSRC) relates more specifically to the concentration of arabino-xylan and gliadin (Gaines,
106 2000). Thus, SRC profiling may permit the unification of flour-water absorption criteria to assess
107 flour functionality, yielding results that allow a more precise prediction of baking and processing
108 characteristics of the flours. Considering that determining SRC is low-cost and requires small
109 testing time, this methodology has been considered as an important breeding tool and has been
110 used recently by several authors to predict flour functionality of different wheats for different
111 uses; from soft wheats for cookies (Colombo et al., 2008; Gaines et al., 2004; Guttieri et al.,
112 2001; Nishio et al., 2009; Ram and Singh, 2004; Zhang et al., 2007; Zhang et al., 2008) to hard
113 wheats for bread (Duyvejonck et al., 2011; Xiao et al., 2006). In addition to this, SRC has been

114 utilized to estimate water absorption of the Farinograph, other instrument used to analyze dough
115 viscoelastic properties (Ram et al., 2005).

116 The aim of the current study was threefold: a) to scale-down the present SRC method to
117 increase the throughput capacity of the method; b) to develop a unified water absorption criterion
118 (UNIFABS) for testing a dough at the different consistency levels of the Mixograph, the
119 Alveograph and the bread-making tests based on SRC profiles; and c) to determine the
120 relationship between rheological quality parameters and bread-loaf volume, comparing the
121 unified (UNIFABS) and the conventional (CONVABS) water absorption criteria.

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123 **2. Experimental**

124 *2.1 Plant material and flour characteristics*

125 In total, 700 bread wheat advanced lines from diverse elite yield trials from the
126 International Maize and Wheat Improvement Center (CIMMYT) wheat breeding program were
127 grown in Ciudad Obregon in Mexico's northern state of Sonora during the 2010-2011 and 2011-
128 2012 crop cycles. From these lines, 600 were used to develop three equations based in SRC
129 values to calculate water absorption in rheological tests and bread-making following the same
130 criterion. The samples were selected from large populations and different nurseries in order to
131 include high variability in quality characteristics (texture, protein and baking performance). Fifty
132 of these lines belonged to the parental line trial, Crossing Block Bread Wheat, which were grown
133 under four different conditions (raised beds with full irrigation, flat with full irrigation, severe
134 drought and reduced irrigation) and used to test the equations developed. Finally, 72 lines from
135 the Candidates 47th International Bread Wheat Screening Nursery, grown under a full irrigation

136 regime and not used to develop the equations, were used to validate the three equations
137 developed.

138 Grain hardness and moisture content were determined by near-infrared spectroscopy
139 (NIRS), using the instrument NIR Systems 6500 (Foss, Denmark) according to official method
140 AACC 39-70A (AACC, 2000). Grain samples previously conditioned at different levels of
141 moisture (14-16%), according to their hardness, were milled using Brabender Quadrumat Jr (C.
142 W. Brabender OHG, Germany). Protein and moisture content in flour were estimated by NIRS
143 (INFRA TEC 1255 (FOSS-TECATOR, Denmark). Both instruments were calibrated based on
144 AACC methods (AACC, 2000) for particle size index (AACC Method 55-30); moisture (AACC
145 Method 44-15A); and protein (AACC Method 46-11A). Lower hardness index (percentage of
146 flour particles not passing through the sieve) values correspond to harder cultivars. Grain protein
147 and flour protein values were reported at 12.5% and 14% moisture basis, respectively.

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149 *2.2 Solvent Retention Capacity (Scaled down version)*

150 SRC in four solvents (distilled water, WRC; lactic acid 5% v/v, LARC; sodium carbonate
151 5% w/v, SCRC; and sucrose 50% w/v, SuRC) was determined in all flour samples using a
152 scaled-down version of the standard SRC method of the AACC (method 56-11, 2000). In the
153 new miniaturized method 0.3 g of flour were placed into a previously-weighed 2.0 ml centrifuge
154 tube, to which 1.5 ml of the appropriate solvent was added. The tubes were vortex-mixed until
155 all of the flour was suspended. Immediately, the tubes were placed in a Thermomixer block
156 (Eppendorf-Netheler, Hamburg, Germany) to shake at 1,400 rpm for 5 minutes at 25° C), and
157 then centrifuged at 4,000g for two minutes. After centrifugation the supernatant was decanted

158 and the tube was left to drain for 10 minutes on tissue paper. Finally, the tube was weighed, and
159 the SRC was calculated following the formula:

160
$$\% \text{ SRC} = [(\text{Tube and gel weight} - \text{empty tube weight}) / \text{Flour weight}] (86/100 - \text{flour}$$

161 moisture) $- 1 * 100.$

162 All SRC analyses were performed in duplicate and the coefficient of variation of the SRC
163 values between replicates was less than 5%. For the validation of this scaled-down method at
164 least 27 samples were tested with each solvent using both, official and new miniaturized method,
165 and correlation coefficients between them were obtained.

166

167 *2.3 Unified water absorption (UNIFABS) criteria*

168 Two different water absorption criteria were used in this study: the conventional
169 (CONVABS) and a new unified one (UNIFABS). The CONVABS criteria is the same
170 established by the AACC for Mixograph and bread-making test (methods 54-40A and 10-09) but
171 not for the Alveograph, in which water absorption is slightly modified (from constant 50% to up
172 to 55%) based on the fact that the more the grain hardness, the more damaged starch produced in
173 flour milling and, therefore, the higher the water absorbed by the dough. To develop the
174 UNIFABS criteria, SRC profiles from 600 flour samples were used. The four solvents (WRC,
175 LARC, SCRC and SuRC) were divided into two groups according to their relationships and to
176 their main target components of the grain. The first group was composed of the three highly
177 inter-correlated tests: WRC, SCRC and SuRC (SRCG1), which are more closely related to the
178 polysaccharides components of the grain; and the second one only composed by LARC
179 (SRCG2), which showed smaller correlation with the three other SCR tests, and which is more
180 related to the protein component. For both, SRCG1 and SRCG2, the overall average value of the

181 600 flour samples and the relative deviation (RD) of each sample with respect to these values
182 were calculated (RD1 and RD2):

183 $RD1 = (\text{average of sum of WRC+SCRC+SuRC of sample } x * 100 / \text{average of sum of}$
184 $\text{WRC+SCRC+SuRC of all samples}) - 100.$

185 $RD2 = (\text{LARC of sample } x * 100 / \text{average of LARC of all samples}) - 100.$

186 The initial water absorption in the UNIFABS was set close to the CONVABS at 60%,
187 50% and 66%, for the Mixograph, the Alveograph, and bread-making, respectively. From this
188 initial water absorption, adjustments were made to levels without altering the characteristic
189 dough consistency, which was handled in each of the tests. With these adjustments, the water
190 absorption values obtained with UNIFABS were within the ranges of values obtained with
191 CONVABS. The water absorption adjustments were from 0 to 7.5 % for Mixograph, 0 to 6.8 %
192 for Alveograph and 0 to 4.4 % for bread-making test. To calculate the adjustment for each
193 sample, the relative deviations (RD1 and RD2) of each sample were multiplied by a constant
194 value. The constant values used in each equation were obtained empirically in order not to
195 adjust water absorption more than $\pm 7.5\%$ for each method. Finally, the water absorption for each
196 test with the UNIFABS follows the next equations for a sample x :

197 $\text{Abs. Mixograph} = 60 + [(RD1 * 0.2) + (RD2 * 0.067)],$

198 $\text{Abs. Alveograph} = 52 + [(RD1 * 0.143) + (RD2 * 0.067)]$ and,

199 $\text{Abs. bread-making} = 66 + [(RD1 * 0.143) + (RD2 * 0.067)].$

200 For example, in the Mixogram equation, for the RD1 term that represents the deviation
201 from the average value of SRCG1, 5 deviation units were equivalent to an adjustment of 1%
202 water absorption ($1/5=0.2$), while for the RD2 term 15 deviation units from the average value of
203 SRCG2 were equivalent to an adjustment of 1% in water absorption ($1/15=0.067$). These

204 differences in the equivalences were due to a narrower range of values in SRCG1 (52.0-110.1%)
205 than in SRCG2 (72.2–187.5%). In the case of the Alveograph and bread-making, in which
206 smaller adjustments were required, 7 deviation units were equivalent to an adjustment of 1%
207 water absorption ($1/7=0.143$) while for the RD2 term 15 deviation units from the average value
208 of SRCG2 were equivalent to an adjustment of 1% in water absorption ($1/15=0.067$).

209

210 *2.4 Rheological and baking tests*

211 Mixograph and bread-making tests were carried out using both, the CONVABS and the
212 new UNIFABS criteria. In the case of the Alveograph test, it was run with three different water
213 absorption criteria: first with a method conventionally used in CIMMYT's Wheat Chemistry and
214 Quality laboratory with slight modifications in water absorption depending on the grain hardness
215 (CONVABS); with the new criterion (UNIFABS); and the official method criterion (AACC 54-
216 30A) with constant water absorption at 50%, but this last method was deployed only for the
217 samples used in the validation process.

218 Dough development properties were determined by Mixograph of Swanson (National
219 Mfg., U.S.A.) using 35g of flour (AACC method 54-40A). Two parameters were obtained:
220 dough development time (DDT) and %Torque*min (%TQ). The Alveograph Chopin (Trippette
221 & Renaud, France) was used to determine dough strength (ALVW) and extensibility properties
222 (tenacity/extensibility ratio, ALVP/L) (AACC 54-30A). The bread-making process was
223 conducted using the direct dough method with 100g of flour (AACC method 10-09) and bread-
224 loaf volume (LV) was determined by rapeseed displacement using a volumeter. The relationship
225 among these parameters obtained with CONVABS and with UNIFABS criteria was analyzed.

226

227 2.5 Statistical Analysis

228 Pearson correlation coefficients (r) and significances for each comparison in the whole
229 study were obtained using the statistical SAS program v9.0, 2002 (SAS Institute Inc., Cary, N.C.,
230 U.S.A.).

231

232 3. Results and discussion

233 3.1 Solvent Retention Capacity scaled-down method

234 Using the SRC test conducted using the official Method 56-11 of the AACC (2000),
235 requires 40g of flour (5g per solvent, at least two replicates), may not be feasible when the
236 amount of the grain sample is small, as in the case of lines in the late-segregating or early-
237 advanced stages of breeding, and/or when the number of lines to be analyzed is very high (in the
238 hundreds or thousands). The SRC scaled-down protocol was designed to reduce both the amount
239 of the flour sample and testing time to increase at least three times the number of samples that
240 could be tested per day. To validate the novel scaled-down SRC method, 27 lines were evaluated
241 for each solvent, and SRC tests carried out with both official and new miniaturized method. The
242 main differences between both methods are the amount of the sample and incubation-shaking
243 time undertaken by using a shaker with excellent control of shaking speed and temperature
244 control, allowing a reduction in shaking time from 20 to five minutes. The percentages of SRC
245 obtained were equivalent between both old and new methods and the mean values were very
246 similar: 65 vs. 67.6, 133.9 vs. 130.1, 77.2 vs. 77.1 and 91.5 vs. 90.4 for WRC, LARC, SCRC and
247 SuRC, respectively. In addition, the range of values found was large enough to validate the new
248 method: 58.2-76.7 in WRC, 98.4-157.0 in LARC, 62.9-94.8 in SCRC and 72.6-108.2 in SuRC.
249 Correlations between the results from both scales are shown in Figure 1. Overall, the data

250 indicated that our scaled-down method is feasible, showing all the solvents correlations in which
251 the r value (Pearson relationship coefficient) was highly significant ($p < 0.001$) and higher than
252 0.93. Correlation coefficients were somewhat smaller for LASRC and SCSRC, but still highly
253 significant ($p < 0.001$) to consider the scaled-down method as really reliable for these solvents.

254 Several publications have reported modifications to the AACC method, most of them
255 focused on reducing the amount of sample required. A similar method was validated with 1g of
256 flour by Bettge et al. (2002) and later used by Ram and Singh (2004) and Ram et al. (2005).
257 Micro tests have also been evaluated. Bettge et al. (2002) used 0.2 g of wheat meal getting
258 medium-high correlations ($r = 0.69, 0.86, 0.85$ and 0.78 for WRC, LARC, SCRC and SuRC,
259 respectively) with the AACC method, although our correlations were much higher. These
260 authors, as in our method, changed the manual agitation for a mechanical one and reduced the
261 amount of sample, but maintained the 1:5 weight ratio of sample to solvent and still fit into a 2-
262 ml micro-centrifuge tube. The only difference was that with our method, empty space in the tube
263 did not exist, but as was shown, this fact did not affect negatively the result.

264

265 *3.2 A new unified water absorption (UNIFABS) criterion for Mixograph, Alveograph and bread-* 266 *making test*

267 Water absorption is the amount of water needed by the flour to form dough with optimal
268 handling characteristics, suitable for rheological testing as well as for achieving good product
269 quality (Stevens, 1987). Hence, determination of optimum water absorption required to obtain a
270 certain dough consistency is essential when testing a flour sample. The official methods of the
271 AACC (54-40A, 54-30A and 10-09) for the Mixograph, Alveograph and bread-making tests
272 establish different criteria to determine water absorption for each test (protein content, fixed

273 constant at 50%, and protein content together with baker subjective criterion, respectively).

274 These criteria are different and simplistic, as they do not take into account the combined effect of

275 the most important functional components of the flour: gluten; damaged starch; and pentosans

276 (arabino-xylans). Each of these makes an important contribution to the water absorption required

277 for the real expression of the rheological properties and baking performance of a flour sample.

278 With this in mind, a new unified absorption (UNIFABS) criterion was developed in the current

279 work based on SRC profile to take into account the contribution of pentosans, damaged starch

280 and gluten to water absorption. For this, the SRC profile was obtained from 600 bread wheat

281 advanced lines representing a wide range of SRC profiles. The 600 lines showed mean protein

282 content of 11.23 %, with values ranging from 9.1 to 17 % while hardness varied from 37 to 62 %

283 with a mean value of 46.77 %. Thus, the population examined covered a very wide range of

284 grain attributes. A large variation in SRC values of flours was also found among all lines studied.

285 The largest variation found was in LARC (72.2-187.5%, mean value 128.9%) and the lowest in

286 WRC (52-83.6%, mean value 69.9%), while SCRC showed 59.8-94.8% range (mean value

287 80.0%) and SuSRC 72.6-110.1% (mean value 90.5%). Based on all these SRC profiles, an

288 equation was developed for each method (Mixograph, Alveograph and bread-making tests), as

289 previously described, to determine the optimum water absorption for each sample. An average of

290 the WRC, SCRC and SuRC was used in the first term of the equation because the values from

291 these three solvents showed medium-high relationships between them (WRC-SCRC $r = 0.84$,

292 WRC-SuRC $r = 0.78$ and SCRC-SuRC $r = 0.66$). These high correlation levels have been

293 observed before (Gaines, 2000; Guttieri et al., 2002; Ram and Singh 2004). Although emphasis

294 has been placed on the fact that individual solution SRC values provide functional information

295 on individual components in flour, it should be noted that all the individual SRC values are

296 associated with one another, because all the SRC solutions are water-based solvents (Kweon et
297 al., 2011). LARC was handled individually, because this solvent showed small to intermediate
298 correlation values with any of the other SRC (LARC-WRC $r = 0.51$; LARC-SCRC $r = 0.28$;
299 LARC-SuRC $r = 0.68$). Additionally, LARC is more related to the protein component of the
300 grain while the other three solvents are more related to the polysaccharides component. As a
301 result of these findings, LARC was considered as other term in the equation.

302

303 *3.3 Comparison of UNIFABS vs. CONVABS criteria on flour parameters, and validation of the* 304 *equations developed*

305 To test the reliability of the new developed equations with UNIFABS on dough
306 rheological and bread-making tests, 50 lines grown under four different conditions (200 samples
307 in total) were analyzed using both, UNIFABS and CONVABS criteria.

308 The correlation between the parameters was obtained within the groups using
309 CONVABS and UNIFABS criteria, considering both field management groups (50 entries) and
310 the total number of samples, independent of field management (200 samples). The results are
311 shown in Figure 2. In most cases, the relationship among parameters was higher with the
312 UNIFABS than with the CONVABS one, especially in optimum management conditions (full
313 irrigation in raised beds and in flat). Under these two conditions, the Mixograph parameters
314 (DDT and %TQ) were remarkably good at predicting dough strength (ALVW), and even better
315 with UNIFABS, reaching r values of 0.7 and 0.86-0.89 in full irrigation-raised beds and full
316 irrigation-flat, respectively. With severe drought, although some relationships were better with
317 CONVABS, all of them showed low, non-significant relationships, except %TQ vs. ALVW that
318 was low but significant under the CONVABS ($r = 0.54$, $p < 0.05$) criterion. In this condition, it

319 seems that the drought stress influenced grain composition to a point that drastically changed the
320 rheological properties of the doughs and the relationships among the parameters studied.
321 However, in the reduced irrigation condition the effects were not so severe and almost all
322 relationships showed significant values, being two of them slightly higher with CONVABS
323 (DDT vs. ALVW and ALVW vs. LV), other two slightly higher with UNIFABS (%TQ vs.
324 ALVW and %TQ vs. LV), while ALVP/L vs. LV was significantly higher with UNIFABS than
325 with CONVABS.

326 When the data from the four different conditions were analyzed together, the differences
327 between CONVABS and UNIFABS were generally small. However, the relationship between
328 ALVP/L vs. LV was significantly improved ($r = 0.4$ vs. 0.63) when using UNIFABS criterion to
329 determine water absorption of the testing dough. This same result was observed in each of the
330 field management groups (except under severe drought conditions), where under UNIFABS,
331 ALVP/L showed relationship with LV with r values higher than with CONVABS.

332 In order to validate the three equations developed, 72 wheat lines independent from the
333 ones used to develop the equations were evaluated using CONVABS and UNIFABS criteria for
334 Mixograph and bread-making, and the CONVABS, UNIFABS and AACC official methods for
335 Alveograph parameters (Fig. 3). The correlation coefficients between rheological parameters and
336 LV were consistently higher with UNIFABS than with CONVABS or the AACC constant water
337 absorption level. In the relationships between parameters obtained from the Mixograph and
338 Alveograph, UNIFABS criterion showed r values of 0.73 and 0.77 (DDT vs. ALVW and %TQ
339 vs. ALVW, respectively) followed closely by the results obtained with the AACC absorption
340 (0.71 and 0.69). Remarkably, the r value for %TQ vs. ALVW was particularly high. This good
341 relationship, together with the ones above described in the previous nurseries, point out %TQ as

342 a very good predictor of dough strength (ALVW), especially when UNIFABS is used. When the
343 results from relationships related to bread loaf volume were examined, CONVABS showed a
344 better performance than AACC water absorption criteria (constant water absorption), suggesting
345 that variable water absorption criteria, (both in CONVABS and UNIFABS), let the dough
346 expressing better its viscoelastic properties. CONVABS was clearly higher in ALVW vs. LV (r
347 = 0.6) and ALVP/L vs. LV ($r = -0.54$) than AACC ($r = 0.53$ and -0.5 , respectively). However,
348 the best water-absorption level that allowed a better relationship of the results from the different
349 tests was calculated again based on SRC as UNIFABS results showed, reaching r values of 0.62
350 for ALVW vs. LV and -0.73 in ALVP/L vs. LV, significantly higher than with CONVABS or
351 AACC water absorption criteria. This last r value of ALVP/L vs. LV is remarkably high and,
352 therefore, ALVP/L could help selecting for baking quality, which is a very time-consuming, at
353 least in the early advanced stages of breeding when sometimes baking cannot be carried out in all
354 the lines generated by a large wheat breeding program.

355 These results indicate that the new criteria for water absorption, UNIFABS, beneficially
356 satisfy the water absorption capacity of the flour, allowing a better expression of the dough
357 viscoelastic properties influencing bread-making quality than with conventional water absorption
358 criteria. It is true that there were not large changes in correlation r values between gluten strength
359 parameters using UNIFABS or CONVABS, or when those ones were used to predict bread-
360 making quality, but in most of the cases UNIFABS was somewhat better. When UNIFABS was
361 used instead of CONVABS, the prediction of loaf volume with ALVP/L was increased
362 remarkably. Besides, the UNIFABS criterion eliminates the potential absorption faults associated
363 with constant water absorption in the Alveograph, as well as eliminating the variable criteria
364 linked to the bakers' subjective judgment of baking water absorption needs for a given sample.

365 This is important for those cases in which the baker has not great experience to know the
366 optimum water absorption and to gain reproducibility in bread-making and rheological analysis
367 when they are done by different operators. This water absorption unified criteria based on SRC,
368 has proved to be efficient and reliable when selecting for baking quality in a breeding program.

369

370 **4. Conclusions**

371 Water is necessary for the development of gluten viscoelastic properties and plays an
372 important role in all types of chemical reactions that occur during mixing and baking. Therefore,
373 understanding the nature of all chemical constituents and paying attention to their effects in
374 determining water absorption is crucial for reliable evaluation of the flour bread-making
375 properties and its bread-making performance. The new water absorption criteria, developed
376 based on the solvent retention capacity of four different solvents, satisfies the water absorption
377 capacity as influenced concomitantly by proteins and polysaccharides. The UNIFABS improves
378 the assessment of dough mixing and viscoelastic parameters, and the value of both, Mixograph
379 and Alveograph, in predicting and selecting for bread-making quality in breeding programs.

380

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386 producción sustentable en México de trigo”.

387

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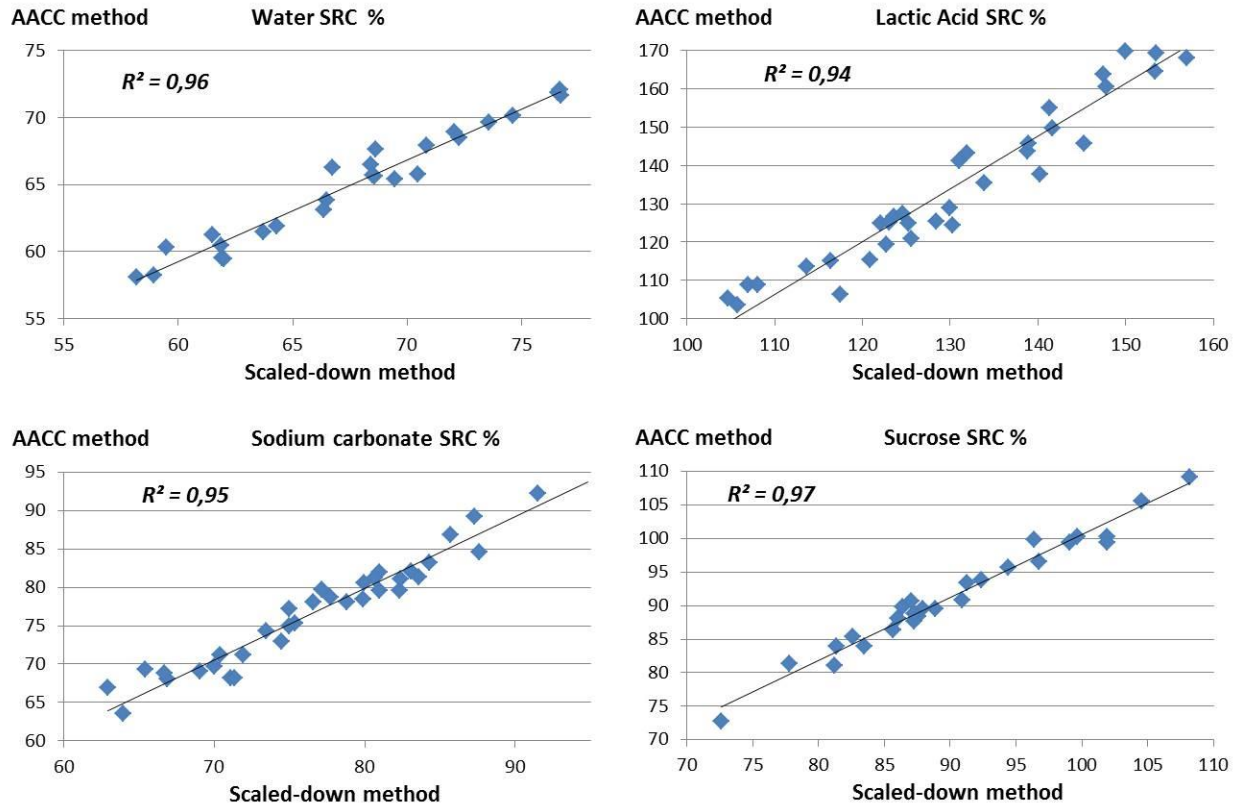
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456 **Caption figures.**

457 **Figure 1.** Official (AACC 56-11, 2000) vs. scale-down method solvent retention capacity (SRC)

458 profiles for water, lactic acid, sodium carbonate and sucrose solvents.



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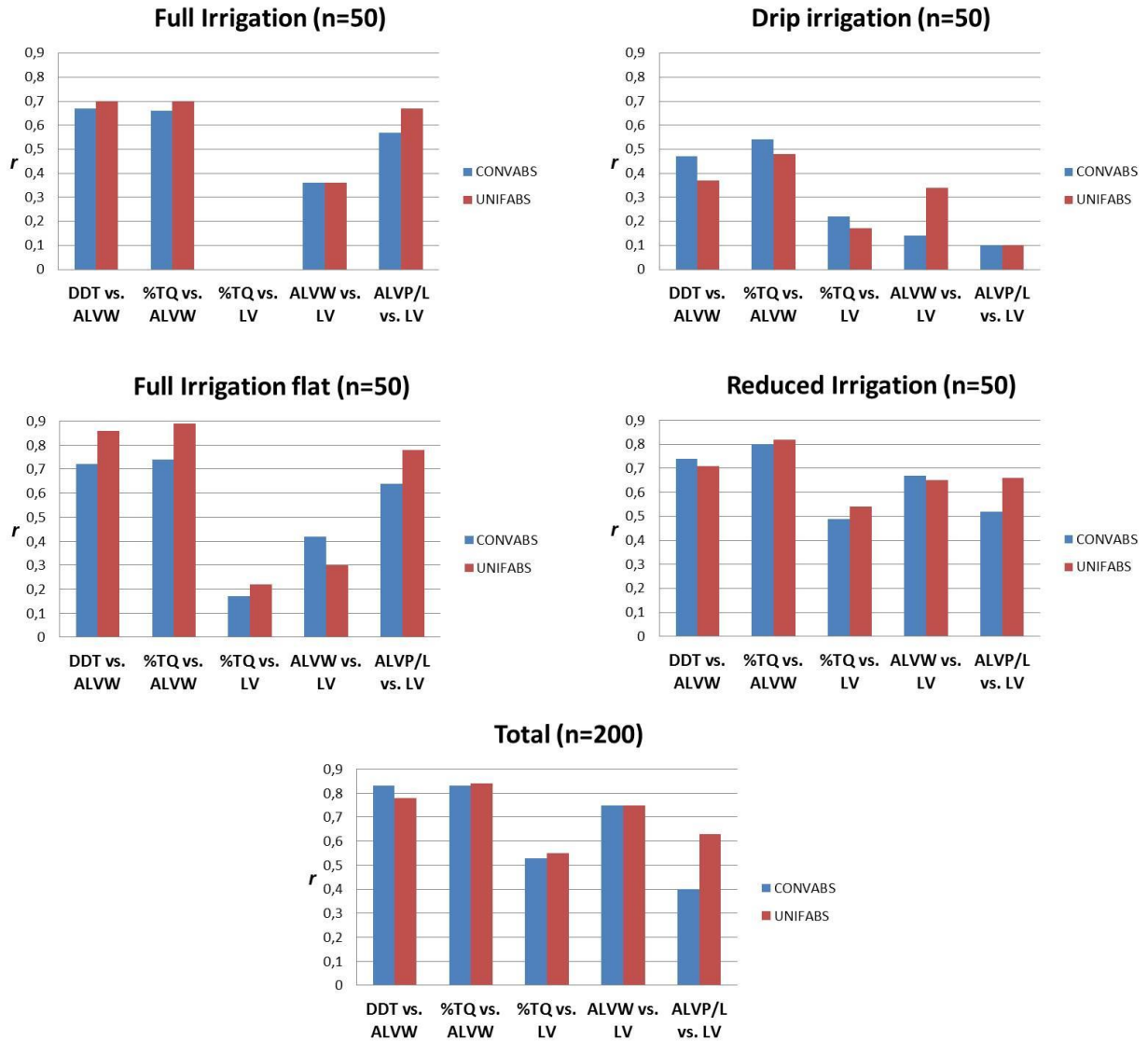
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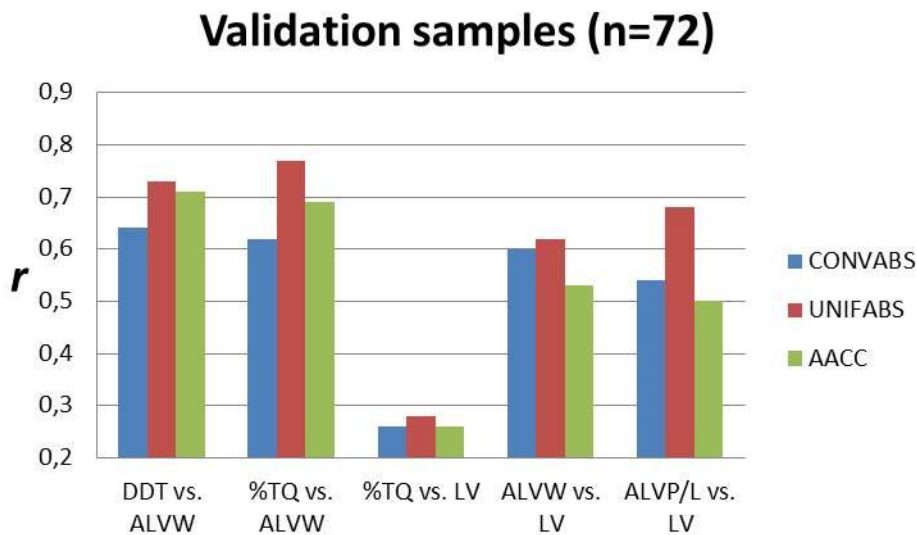
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470 **Figure 2.** Pearson´s correlation values (r) between dough rheological parameters and bread loaf
 471 volume obtained with CONVABS and UNIFABS from 50 lines grown in four different
 472 conditions. ALVP/L vs. LV relationship is in all cases a negative value.



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481 **Figure 3.** Pearson's correlation values (r) between dough rheological parameters and bread loaf
482 volume obtained with CONVABS, UNIFABS and AACC methods, from 72 wheat lines
483 independent from the ones used to develop the UNIFABS equations. ALVP/L vs. LV
484 relationship is a negative value.



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