

1 **Simultaneous detection of quality and safety in spinach plants using a**  
2 **new generation of NIRS sensors**

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17

18 **Abstract**

19 Near infrared (NIR) spectrophotometers require study of the spectral acquisition process,  
20 so that they can be used for quality and safety assessment of horticultural products. The  
21 aim of this work was to optimize the use of two NIR spectrophotometers for analysing  
22 spinach plants *in situ* and online: a manual, portable instrument based on Linear Variable  
23 Filter (LVF) technology (MicroNIR™ 1700), suitable for analysis in the field, and during  
24 harvest and storage; and a Fourier Transform (FT)-NIR instrument (Matrix-F) suitable  
25 for the online analysis in the sorting lines. 195 spinach plants were used to predict the  
26 quality (texture, dry matter and soluble solid contents) and safety (nitrate content)  
27 parameters. Using the MicroNIR™ 1700 to take 6 spectra per spinach leaf resulted in  
28 NIRS models of predictive capacity which enable to screen spinach plants *in situ* and  
29 decide on their industrial destination according to their nitrate content. For the Matrix-F  
30 instrument, a single spectrum taken online for the intact product (either moving or not)  
31 on the conveyor belt was sufficient to establish product quality and safety during  
32 industrial processing. The results also showed that the use of both instruments could form  
33 a complementary strategy for global monitoring, allowing spinach plants to be analysed  
34 throughout the food supply chain.

35

36 *Keywords:* Spinach plant; New generation NIRS sensors; NIRS analysis optimization;  
37 Quality and safety assessment.

## 38 1. Introduction

39

40 The commercial value of horticultural products depends on their quality, which  
41 can be defined as the sum of properties and characteristics that determine its marketability  
42 and shelf-life (Bruhn, 2002). However, fruit and vegetables constitute a unique class of  
43 food items in a sense that their size, colour, shape and physical-chemical composition  
44 vary, even when harvested at the same place and same time. Consequently, individual,  
45 non-destructive assessment is a key objective for these products (Huang et al., 2008;  
46 Lorente et al., 2012).

47 When assessing the eating quality and safety of spinach leaves, the main  
48 parameters to take into account are their texture, as well as dry matter content (DMC),  
49 soluble solid content (SSC) and nitrates (Jaworska et al., 2005; Conte et al., 2008;  
50 Gutiérrez-Rodríguez et al., 2013). These attributes depend not only on genotypic  
51 characteristics, but also on a number of other factors, including cultural practices,  
52 harvesting date and postharvest handling practices (Aked, 2000; Gutiérrez-Rodríguez et  
53 al., 2013).

54 NIR spectroscopy has become one of the most widely-used, flexible techniques  
55 for in-field measurements and online analysis on conveyor belts in the industry due to its  
56 swift response, precision, applicability to multiple products and analytes (Nicolai et al.,  
57 2007; Saranwong and Kawano, 2007; Teixeira Dos Santos et al., 2013; Porep et al., 2015;  
58 Yan and Sisler, 2018).

59 Sánchez et al. (2018) and Pérez-Marín et al. (2019) demonstrated the feasibility  
60 of using NIRS technology for the *in situ* measurement of quality parameters (colour,  
61 firmness, DMC, SSC and ascorbic acid) and safety (nitrate content) in spinach using a  
62 handheld, near infrared device, the Phazir 2400, which is based on micro-electrico-

63 mechanical system (MEMS) technology. However, technological development of NIRS  
64 instrumentation has resulted in phasing out of the original portable, handheld NIRS  
65 devices, such as the Phazir 2400. New portable micro-spectrophotometer devices based  
66 on LVF technology, which are characterized by their extremely small size and weight, as  
67 well as their excellent performance, due to the high-precision implementation of the key  
68 elements in their final device, are now available. The main goal is the successful use of  
69 these sensors to analyse the product directly in the field, in order to carry out the quality  
70 and safety monitoring of products in the field to facilitate real-time decision-making for  
71 crop management practices and harvest decisions. Similarly, these instruments can also  
72 be used by the industry for product evaluation during storage.

73         There are no reports in the literature about the use of NIRS instruments in spinach  
74 to classify it according to its destination, decided by the maximum level of nitrates legally  
75 permitted for the different processes (baby food production, preserved, deep-frozen or  
76 frozen spinach and fresh spinach) by the European Union (OJEU, 2011). Evaluation of  
77 NIRS for online analysis requires methodology of this analysis has to be established.

78         The objective of this study was to develop, evaluate and optimize a NIRS analysis  
79 methodology to assure quality and safety in spinach production along the food supply  
80 chain, *in situ* in the field and after harvest, and online during sorting using two new  
81 generation NIR spectrophotometers, one a handheld instrument based on LVF technology  
82 (MicroNIR™ 1700), suitable for the analysis of plants in the field and in storage, and  
83 another based on FT-NIR technology (Matrix-F), which can be incorporated in product  
84 sorting belts.

85

## 86 **2. Materials and methods**

87

88 2.1. *Sampling and reference methods*

89

90 A total of 195 spinach plants (*Spinacia oleracea* L. cv. 'Solomon', 'Novico',  
91 'Meerkat' and 'Gorila'), grown outdoors on different farms in the provinces of Cordoba  
92 and Seville (Spain) were used in this study. The spinach plants were harvested during the  
93 months of January, February and March 2018.

94 Nitrate content and SSC were measured following Pérez-Marín et al. (2019) using  
95 between 4 and 10 spinach leaves from each plant, while texture, evaluated using the  
96 maximum puncture force (MPF) parameter - defined as the maximum force required to  
97 puncture the leaf - and DMC were measured following Sánchez et al. (2018), using a  
98 single leaf per plant. All measurements were performed in duplicate immediately after  
99 NIR spectrum collection (Pérez-Marín et al., 2019). The standard error of laboratory  
100 (SEL) was calculated from these duplicates (Table 4).

101

102 2.2. *NIR spectrum acquisition*

103

104 NIR spectra of spinach plants were collected using two instruments adapted to *in*  
105 *situ* and online applications, respectively.

106 A MicroNIR™ 1700 LVF spectrophotometer (VIAVI Solutions, Inc., San Jose,  
107 California, USA), designed for analysis *in situ*, was used in reflectance mode (log 1/R).  
108 This portable miniature spectrophotometer is extremely light (only 64 g, excluding the  
109 150 g handle and the acquisition/data processing device). Its optical window measures  
110 around 227 mm<sup>2</sup>, a 910 to 1676 nm spectral range, with a constant interval of 6.2 nm. The  
111 sensor integration time was 11 ms and each spectrum was the mean of 200 scans. The  
112 instrument's performance was checked every 10 min. A white reference measurement

113 was obtained using a NIR reflectance standard (Spectralon™) with a 99% diffuse  
114 reflectance, while a dark reference was obtained from a fixed point in the room.

115 To measure MPF and DMC, four spectral measurements were taken on each  
116 spinach leaf in two locations (distal and proximal), on both sides (right and left) of the  
117 leaf blade relative to the main vein, on the adaxial side, with an average distance between  
118 measurements of 3 cm (Sánchez et al., 2018). The four spectra were averaged to provide  
119 a mean spectrum for each plant.

120 In those leaves used for measuring SSC and nitrate content, in addition to the 4  
121 spectra per leaf previously mentioned (Pérez-Marín et al., 2019), two additional spectra  
122 were taken at the end of the blade/beginning of the petiole, one on each side of the main  
123 vein on the adaxial side, making a total number of 6 spectra per leaf. As between 4 and  
124 10 leaves per plant were used for the chemical analyses of SSC and nitrates, a mean  
125 spectrum was obtained for these parameters from the six spectra for each leaf.

126 The online instrument used for the spectrum acquisition was the FT-NIR  
127 spectrophotometer Matrix-F (Bruker Optik GmbH, Ettlingen, Germany). This equipment  
128 was interfaced to a fibre optic NIR illumination and detection head containing a 10 mm  
129 diameter detector and two NIR light sources which illuminate a sample area around  
130 153.94 cm<sup>2</sup>. The scattered light was collected and guided via fibre optic cable (5 m in  
131 length) to the spectrometer. Furthermore, the system was equipped with a conveyor belt  
132 to move the sample, with the speed set at 15 kHz. Additionally, a distance of 10 cm  
133 between the instrument head and the conveyor belt was established, which remained  
134 constant throughout the process of taking spectra. The spectra were collected in  
135 reflectance mode in the spectral range from 4000 to 12000 cm<sup>-1</sup> (834–2502.40 nm), with  
136 a resolution of 16 cm<sup>-1</sup>. An internal white reference was also collected every thirty  
137 minutes.

138            Since a single leaf was used per plant to measure MPF and DMC, the NIR spectral  
139 acquisition was made when the conveyor belt had been stopped (static mode). Each  
140 spectrum was the mean of 16 scans and 2 spectra were taken per leaf, always on the  
141 adaxial side.

142            For SSC and nitrate content, online analysis was carried out with the conveyor  
143 belt in motion (dynamic mode), with 16 scans and 2 spectra taken per plant, always on  
144 the adaxial side of the leaf.

145

### 146 *2.3. Optimization of the spectrum-taking procedure*

147

148            Data pre-processing and chemometric treatments were performed using the  
149 WinISI II software package version 1.50 (Infrasoft International LLC, Port Matilda, PA,  
150 USA) (ISI, 2000).

151            Firstly, the optimum spectral range for both instruments (MicroNIR™ 1700 and  
152 Matrix-F), after eliminating signal noise at the beginning and end of the spectrum, was  
153 selected. To achieve this, the 1,1,1,1 derivation treatment was applied (the first digit being  
154 the number of the derivative, the second the gap over which the derivative is calculated,  
155 the third the number of data points in a running average or smoothing, and the fourth the  
156 second smoothing) without scatter correction, which allows to highlight the areas of the  
157 spectrum where the signal/noise ratio is degraded (Hruschka, 2001).

158            In the case of the Matrix-F, once the best suitable spectral range had been selected,  
159 with optimization of the procedure of taking spectra in spinach plants in industrial sorting  
160 processes, two strategies were used to perform the chemometric analysis of the spectra  
161 obtained with this instrument:

- 162           1. Selecting at random a single spectrum per plant with Matlab v. 2017a (The  
163           Mathworks, Inc., Natick, Massachusetts, USA).
- 164           2. Using the average spectrum of the 2 spectra taken for each plant.

165           The first of the two established strategies used attempted to simulate the sorting  
166 processes of the spinach plants carried out in the industry and aimed at allowing to  
167 establish the viability of the full incorporation of NIRS technology in the processing lines.  
168 It is important to note that in the industry, the product travels along the classification  
169 conveyor belt only once, and that is when its quality and destination are measured and  
170 determined, depending on the levels of nitrates present.

171           The total number of spectra used for the development of the predictive models for  
172 the parameters analysed (MPF, DMC, SSC and nitrate content) was 195, regardless of the  
173 strategy followed (a single spectrum per plant or the average spectrum of the 2 spectra  
174 taken for each plant). NIRS calibration models for the parameters tested were developed  
175 using modified partial least squares (MPLS) regression (Shenk and Westerhaus, 1995a).  
176 Six cross validation steps were included in the process in order to avoid overfitting (Shenk  
177 and Westerhaus, 1995a).

178           For each analytical parameter, different mathematical pre-treatments were  
179 evaluated. For scatter correction, standard normal variate (SNV) and de-trending (DT)  
180 methods were tested (Barnes et al., 1989). Additionally, a total of two mathematical  
181 derivation treatments were tested: 1,5,5,1 and 2,5,5,1 (Shenk and Westerhaus, 1995b; ISI,  
182 2000).

183           The statistics employed to select the best equations using MPLS were the  
184 coefficient of determination for cross validation ( $R^2_{cv}$ ) and the standard error of cross  
185 validation (SECV) (Shenk and Westerhaus, 1996; Williams, 2001).



186 The SECV values for the best equations obtained for both strategies were  
187 compared using Fisher's F test (Massart et al., 1988; Naes et al., 2002). Values for F were  
188 calculated as:

$$189 \quad F = \frac{(SECV_2)^2}{(SECV_1)^2}$$

190 where  $SECV_1$  and  $SECV_2$  are the standard error of cross validation of two  
191 different models and  $SECV_1 < SECV_2$ . F is compared to  $F_{critical (1-P, n1-1, n2-1)}$ , as read from  
192 the table, with  $P = 0.05$  and  $n_1$  is the number of times the measurement is repeated with  
193 method 1, while  $n_2$  is the number of times the measurement is repeated with method 2. If  
194 F is higher than  $F_{critical}$ , the two SECV values are significantly different.

195

#### 196 *2.4. Construction and validation of prediction models for the two instruments tested using* 197 *a linear regression strategy*

198

199 Once the optimal spectral ranges of both instruments and the optimum number of  
200 spectra per plant were established (Matrix-F), the CENTER algorithm was applied to  
201 ensure a structured population selection based solely on the spectral information, in order  
202 to establish the calibration and validation sets (Shenk and Westerhaus, 1991). This  
203 algorithm performs an initial principal component analysis to calculate the centre of the  
204 population and the distance of samples (spectra) from that centre in an n dimensional  
205 space, using the Mahalanobis distance (GH); samples with a GH value  $> 4$  were  
206 considered spectral outliers. A combination of mathematical pre-treatments, SNV and DT  
207 was applied for scatter correction (Barnes et al., 1989), together with the 1,5,5,1 derivate  
208 mathematical treatment (Shenk and Westerhaus, 1995b; ISI, 2000). Once the spectral  
209 outliers had been removed and after ordering the sample sets by spectral distances (from  
210 smallest to greatest distance from the centre), three of every four were selected to be part

211 of the calibration sets (C1 for nitrate content and SSC and C2 for DMC and MPF, the  
212 same for both instruments), while the validation sets were made up of the remaining 25  
213 % (V1 for SSC and nitrate content and V2 for DMC and MPF) (Table 3). NIRS calibration  
214 models for the prediction of the four parameters tested were constructed with the  
215 calibration sets C1 and C2 using MPLS regression. The spectral pre-treatments were the  
216 same as those indicated in section 2.3. Lastly, the best models obtained for the calibration  
217 sets, selected by statistical criteria (Shenk and Westerhaus, 1996; Williams, 2001), were  
218 subjected to external validation using samples not involved in the calibration procedure  
219 (V1 for SSC and nitrate content and V2 for DMC and MPF), following the validation  
220 protocol outlined by Windham et al. (1989).

221         Due to the fact that the MicroNIR<sup>TM</sup> 1700 instrument can be used both in the field  
222 and in the industry, a comparison was performed between the predictive models obtained  
223 for the parameters analysed, using the two instruments tested, as they could be used in a  
224 complementary manner in the industry – the Matrix-F for controlling the quality and  
225 safety of the spinach plants at sorting lines level and the MicroNIR<sup>TM</sup> 1700 for checking  
226 the quality and safety of the spinach plants during storage. For this purpose, the residual  
227 predictive deviation for cross validation ( $RPD_{cv}$ ) values, calculated as the ratio of the  
228 standard deviation (SD) of the reference data to the SECV values of the models obtained,  
229 were compared using Fisher's F test, as mentioned above.

230

### 231 **3. Results and discussion**

232

#### 233 *3.1. Optimal NIR spectral regions for the spectrophotometers tested*

234

235 Before the prediction models were developed, both instruments were evaluated to  
236 establish the optimal spectral work region, so that representative, high-quality spectra  
237 could be obtained which would allow to construct robust models. This aspect is especially  
238 relevant for the Matrix-F, since with this equipment, the spectral signal is transmitted by  
239 fibre optics, which commonly produce a loss of signal quality on extreme wavelengths  
240 (Garrido-Varo et al., 2018; Torres et al., 2019). In the Matrix-F (Fig. 1A), the regions  
241 removed were those between 834-1251 nm and 2425-2502 nm. In the case of the  
242 MicroNIR™ 1700 instrument, as shown in Fig. 1B, the full spectral range of the  
243 instrument was used.

244

### 245 *3.2. Selection of the best spectrum capture strategy for online NIRS analysis of spinach* 246 *plants with the Matrix-F instrument*

247

248 Table 1 shows the statistical characteristics of the initial sample set for the four  
249 parameters analysed using the Matrix-F instrument. This set was used for the  
250 development of the initial prediction models which would allow to optimize the method  
251 of taking spectra online with this instrument.

252 Table 2 shows the SECV values of the best calibration models obtained using the  
253 Matrix-F instrument with different strategies for the number of spectra to be taken (1 and  
254 2 spectra per plant analysed), for each of the parameters studied.

255 No significant differences were found for any of the parameters analysed between  
256 the SECV values of the predictive models developed for the different strategies tested.  
257 Therefore, in view of the results, and since, in the future, the Matrix-F instrument is likely  
258 to be incorporated in industry for the sorting lines, it is clear that the procedure of taking  
259 a single NIR spectrum per plant would be sufficient to measure online the quality and

260 safety parameters of spinach plants tested. The results obtained agree with those reported  
261 by McCarthy and Kemeny (2008) and Torres et al. (2019), who showed that when using  
262 FT-NIR instruments, due to the improved signal/noise ratio in these instruments, a smaller  
263 number of spectra per analysed sample was sufficient for the measurement to yield  
264 relevant information.

265

### 266 *3.3. Population characterization for quality and safety prediction of spinach plants*

267

268 To obtain the same calibration and validation sets in both instruments, the samples  
269 considered as outliers ( $\text{GH} > 4$ ) for the Matrix-F were removed for the portable equipment  
270 MicroNIR<sup>TM</sup> 1700 and *vice versa*. In the group of samples used to measure the SSC and  
271 nitrate content parameters, 2 were considered spectral outliers, while in the group used  
272 for the DMC and MPF parameters, 4 were considered outliers.

273 A detailed study of the spectral outliers in the group of spectra used to measure  
274 SSC and nitrate content showed that the two samples considered as outliers presented a  
275 low nitrate content (below  $315 \text{ mg kg}^{-1}$ ), as well as an atypical chromaticity, which could  
276 affect the representativeness of the spectra obtained. Likewise, for the group of spectra  
277 used to measure DMC and MPF, three of the outlier samples presented a DMC percentage  
278 of over 14.5 %. In the fourth sample, no physical-chemical differences were found which  
279 might account for the anomaly. After removing the outliers, the sets for the parameters  
280 tested were split into calibration ( $C1 = 146$  samples and  $C2 = 144$  samples) and validation  
281 ( $V1 = 47$  samples and  $V2 = 47$  samples), whose statistical characteristics are shown in  
282 Table 3.

283 This structured selection based wholly on spectral information proved suitable, in  
284 that the calibration and validation sets displayed similar values for range, mean and SD  
285 for all the study parameters.

286 Similarly, Table 3 shows that the parameter with the greatest variability is nitrate  
287 content ( $CV_{\text{calibration}} = 64.30\%$ ,  $CV_{\text{prediction}} = 68.43\%$ ). This variability is due to the  
288 different varietal behaviour in assimilating nitrates and the heterogeneity in the level of  
289 fertilization carried out on the different farms, as well as the fact that the samples were  
290 collected throughout the harvesting period, in which the level of nitrates progressively  
291 decreases. SSC, DMC and MPF all show a lower variability of between 18-30%, which  
292 could be explained by the fact that all the spinach plants tested were collected at the stage  
293 of commercial maturity.

294

#### 295 *3.4. Prediction of quality and safety parameters using MPLS regression and NIR spectra*

296

297 Table 4 shows the results of the best prediction models obtained for each  
298 parameter analysed (nitrate content, SSC, DMC and MPF) for both instruments using  
299 different pre-treatments of the spectral signal.

300 For the nitrate content, in the case of the MicroNIR<sup>TM</sup> 1700 instrument, the models  
301 allow differentiation between high, medium and low values, while the models developed  
302 with the Matrix-F only allow differentiation between high and low values (Shenk and  
303 Westerhaus, 1996, Williams, 2001).

304 If this parameter is measured in a non-destructive way both in the field and after  
305 harvest, such as in the sorting lines, it would allow to make a first screening of the product,  
306 by which those plants with a nitrate content below  $200 \text{ mg kg}^{-1}$  could be used in the  
307 production of baby foods (OJEU, 2011).

308           There are few scientific references available on the use of NIRS technology to  
309   measure nitrates in spinach, and all of these used suitable NIRS instruments exclusively  
310   to analyse the product *in situ*. Itoh et al. (2011) measured the nitrate content in spinach  
311   plants, using the FANTEC NIR Gun instrument working on transmittance mode in a  
312   spectral range of 600-1100 nm, obtaining values of  $RPD_p = 2.14$  and  $2.17$  with the PCR  
313   and PLS regressions, respectively, which are higher than those obtained in this study.  
314   However, the size and characteristics of the sample group, the form of measurement and  
315   the optical characteristics and range of the instrument are significantly different from  
316   those used in this study. Pérez-Marín et al. (2019) also used a Phazir 2400 based on  
317   MEMS technology, in the spectral range 1600-2400 nm, to obtain values of  $RPD_{cv} = 1.29$ ,  
318   which in that case were slightly lower than those obtained here, both for the *in situ* and  
319   the online analysis.

320           For SSC, which is a crucial parameter when choosing the optimum time for  
321   harvesting, for measuring the shelf-life of spinach and for classifying the product in the  
322   industry, the predictive capacity of the models obtained with the two instruments tested  
323   can be considered to be good when interpreting the coefficient of determination, as  
324   proposed by Shenk and Westerhaus (1996) and Williams (2001), while Nicolai et al.  
325   (2007) stated that a  $RPD_{cv}$  value of between 2 and 2.5 indicates that coarse quantitative  
326   predictions are possible (Matrix-F) and a  $RPD_{cv}$  value between 2.5 and 3 corresponds to  
327   good prediction accuracy (MicroNIR<sup>TM</sup> 1700).

328           Perez-Marín et al. (2019) using the instrument Phazir 2400 for the *in situ* analysis  
329   of the spinach plants, obtained models of predictive capacity ( $RPD_{cv} = 2.54$ ) similar to  
330   that obtained here ( $RPP_{cv} = 2.62$ ) with the MicroNIR<sup>TM</sup> 1700 instrument, which is also  
331   suitable for the *in situ* analysis of the product.

332 For DMC, the best model developed with the MicroNIR™ 1700 showed a  
333 predictive capacity that can be considered as good, while the best model developed with  
334 the Matrix-F was able to distinguish between high, medium and low values (Shenk and  
335 Westerhaus, 1996; Williams, 2001). Nicolai et al. (2007) indicated that the  $RPD_{cv}$   
336 between 1.5 and 2 means that the model can discriminate between low and high values  
337 of the response variable.

338 Conte et al. (2008) showed the importance of the analysis of this parameter in  
339 spinach plants for growers and also for postharvest, since DMC values of around 10-12  
340 % ensure a good resistance to handling and allow a high visual quality to be maintained  
341 during storage.

342 Sánchez et al. (2018), obtained similar results using the handheld MEMS  
343 spectrophotometer Phazir 2400 for DMC ( $RPD_{cv} = 1.96$ ) to those found in this work  
344 ( $RPD_{cv} = 1.83$ ) when analysing spinach plants *in situ*.

345 For MPF, the predictive capacity of the models developed with the micro-  
346 spectrophotometer allowed differentiation between high, medium and low values, while  
347 the FT-NIR instrument only allowed to distinguish between high and low values (Shenk  
348 and Westerhaus, 1996; Williams, 2001).

349 Sánchez et al. (2018), who used the Phazir 2400, obtained slightly higher results  
350 for MPF ( $RPD_{cv} = 1.72$ ) than those obtained in this study ( $RPD_{cv} = 1.44$ ) with the  
351 MicroNIR™ 1700. This difference can be attributed to the fact that those authors used  
352 calibration groups with a wider variability ( $CV = 65.15\%$ ) than those used here.

353 Finally, it is important to note that for the nitrate content and SSC parameters, the  
354 analysis with the Matrix-F instrument was performed in dynamic mode (with the  
355 conveyor belt in movement), which means that these results are of particular interest to

356 the industry, since they reinforce the potential use of this equipment as a tool to measure  
357 safety and quality parameters in moving production lines.

358

359 *3.5. Comparison between the best models developed with the Matrix-F and MicroNIR™*  
360 *1700 instruments.*

361

362 Table 4 includes the F values obtained from the comparison between the RPD<sub>cv</sub>  
363 of each spectrophotometer. For the nitrate content, no significant differences between the  
364 RPD<sub>cv</sub> values were detected, although the highest RPD<sub>cv</sub> value was found with the  
365 MicroNIR™ 1700. It is important to take into consideration that the MicroNIR™ 1700  
366 took a greater number of spectra for this parameter (6 spectra \* number of leaves per  
367 plant) than the Matrix-F (1 spectrum per plant), and that two of these 6 were specifically  
368 taken in the petiolar area of the leaf, which has the greatest nitrate accumulation (Qiu et  
369 al., 2014).

370 It is also important to note that with the portable equipment, the measurement is  
371 taken with the head in direct contact with the blade and that the analysis was carried out  
372 in static mode, without the sample moving; while in contrast, with the Matrix-F  
373 instrument, the spectra were taken with the plants in motion and a separation of 10 cm  
374 between the head and the sample. These aspects should be taken into account when  
375 creating robust models in the case of highly complex parameters such as nitrate content.

376 The results obtained are of particular interest to the industry, as NIRS technology  
377 could be carried out online in the sorting lines and *in situ* in cold chambers as a routine  
378 method of analysis, in order to measure not only parameters associated with quality, but  
379 also those associated with safety, such as nitrate content. However, for future work, a



380 much larger number of samples must be provided to develop more robust calibrations  
381 with both instruments.

382 For SSC, the highest values were obtained with the MicroNIR™ 1700, while for  
383 DMC and MPF, differences between the  $RPD_{cv}$  values were not significant.

384

### 385 *3.6. External validation*

386

387 Validation statistics for the prediction of the safety and quality parameters using  
388 the Matrix-F and the MicroNIR™ 1700 are shown in Fig. 2.

389 Some samples (1 sample for nitrate content and 3 samples for MPF with Matrix-  
390 F; 3 samples for MPF with MicroNIR™ 1700), which were initially part of the V1 and  
391 V2 validation sets, were eliminated before the validation procedure since they were barely  
392 represented in the calibration sets with which the predictive models were designed.

393 As regards the prediction of nitrate content, 3 samples were predicted by the  
394 models, with negative values assigned for this parameter. However, the predictive NIRS  
395 values for these samples were shown as zero (Fig. 2). According to the validation  
396 protocol established by Windham et al. (1989) and once the results shown in Fig. 2 were  
397 analysed, the models constructed for predicting SSC in intact spinach with both  
398 instruments, and DMC with MicroNIR™ 1700, met the validation requirements in terms  
399 of the coefficient of determination for prediction,  $R^2_p$  ( $R^2_p > 0.6$ ), and both the standard  
400 error of prediction corrected for bias ( $SEP_{(c)}$ ) and the bias were within confidence limits:  
401 the equations thus ensure accurate prediction, and can be applied routinely.

402 For the rest of the parameters analysed, for both instruments, the models  
403 developed did not attain the recommended minimum value of 0.60 for  $R^2_p$ . However, it  
404 should be stressed that for nitrate content with the MicroNIR™ 1700 and for DMC with

405 the Matrix-F, they were close ( $R^2_p = 0.51$  and  $R^2_p = 0.55$  respectively). Moreover, the  
406 SEP(c) and bias lay within the confidence limits. The equations can therefore be taken as  
407 an initial approximation to the measurement both *in situ* and online of quality and safety  
408 parameters in intact spinach.

409 In general, the standard error of prediction (SEP) is considered a valuable  
410 statistical parameter to evaluate the predictive capacity of an equation, and it is widely  
411 accepted that an SEP value of less than 2\*SEL shows that the model has an excellent  
412 predictive capacity (Westerhaus, 1989; Williams, 2001). The SEL values for the  
413 parameters analysed in this work are shown in Table 4. For both instruments and for DMC  
414 and MPF parameters, the SEP values were between 1 and 2, show excellent predictive  
415 capacity of the NIRS models.

416 The SEP values for the nitrate content and SSC using both devices are much  
417 higher than the measured SEL values, which shows a low predictive capacity of the  
418 models (Westerhaus, 1989; Williams, 2001). However, when interpreting the low SEL  
419 values for SSC and nitrate content in comparison with the SEP values obtained for the  
420 prediction, it should be taken into account that the reference value has been obtained by  
421 liquefying all the analysed leaves. For this reason, a sampling error was not included in  
422 the SEL value. Nevertheless, it is important to stress that all the limits and values  
423 recommended in the literature and mentioned above refer to other NIRS analysis  
424 conditions, e.g. using at-line instruments and using pre-dried and ground samples. In this  
425 study, models were developed with portable or online instruments, using intact and  
426 complex samples with a high level of moisture and a high perishable character. In this  
427 case, the comparison with the limits indicated may be too restrictive.

428

#### 429 **4. Conclusions**

430

431           The results obtained showed the feasibility of NIRS technology for measuring  
432 DMC and SSC in spinach plants along the food supply chain using two new generation  
433 instruments. Additionally, both instruments were able to give accurate information about  
434 high and low levels of nitrate content, allowing to establish the industrial destination of  
435 this vegetable, and also about texture – degree of firmness – which is usually associated  
436 with freshness, the retention of good quality in the spinach plant and its final saleability.

437           The Matrix-F instrument is ideally suited for online measurements. The results  
438 showed that a single spectrum of the spinach leaves taken when the product is on the  
439 sorting belts in static or dynamic mode would be sufficient to establish product quality  
440 and safety, which would facilitate the incorporation of this NIR instrument in the  
441 processing industries of horticultural products.

442           For the MicroNIR™ 1700, taking 6 spectra per leaf, including 2 spectra taken on  
443 the petiole of the leaf, is suitable for measuring nitrates, both in the field and after harvest.  
444 For industry, the blades and the petioles are processed together, and the largest  
445 accumulation of nitrates occurs in the petioles, which serve to determine the industrial  
446 use of the spinach leaves (baby food, preserved, deep-frozen or frozen spinach, or fresh  
447 spinach).

448           Finally, it must be mentioned the importance of optimization of the new  
449 generation NIR instruments before their use for *in situ* and online analysis. The two  
450 instruments tested here can be used in a complementary way: the MicroNIR™ 1700 for  
451 the analysis of spinach plants while they are growing in the field, during and after harvest,  
452 and the Matrix-F for quality and safety control of the product on the conveyor belts,  
453 allowing the monitoring of product along the food supply chain.

454

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456

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461

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573



574 **Table 1**

575 Number of samples (N), range, mean, standard deviation (SD), and coefficient of  
 576 variation (CV) for the initial set for nitrate, soluble solid and dry matter contents, and  
 577 maximum puncture force for the Matrix-F instrument.

	Nitrate content (mg kg <sup>-1</sup> )	Soluble solid content (%)	Dry matter content (%)	Maximum puncture force (N)
N	195	195	195	195
Range	67.00-3844.83	4.10-11.45	4.10-19.12	1.03-4.57
Mean	1340.50	7.81	11.42	2.11
SD	887.46	1.61	2.47	0.61
CV (%)	66.20	20.61	21.63	28.91

578

579

580 **Table 2**

581 Comparison between SECV values for the best calibration models for nitrate, soluble  
 582 solid and dry matter contents, and maximum puncture force obtained using the Matrix-F  
 583 and collecting a different number of spectra per sample; Fisher test ( $P < 0.05$ ).

Parameter	<sup>a</sup> SECV	SECV	F	F <sub>critical</sub>
	1 spectrum	2 spectra		
Nitrate content (mg kg <sup>-1</sup> )	723.08	741.2	1.05	1.27
Soluble solid content (%)	0.83	0.89	1.15	1.27
Dry matter content (%)	1.64	1.59	1.06	1.27
Maximum puncture force (N)	0.48	0.47	1.04	1.27

584 <sup>a</sup> Standard error of cross validation

585

586

587

588 **Table 3**

589 Number of samples (N), range, mean, standard deviation (SD), and coefficient of  
 590 variation (CV) for the different calibration (C1 and C2) and validation (V1 and V2) sets  
 591 for nitrate, soluble solid and dry matter contents, and maximum puncture force in spinach  
 592 plants

	Nitrate content (mg kg <sup>-1</sup> )		Soluble solid content (%)		Dry matter content (%)		Maximum puncture force (N)	
	C1	V1	C1	V1	C2	V2	C2	V2
N	146	47	146	47	144	47	144	47
Range	67.00-3844.83	98.00-3243.15	4.10-11.45	4.90-11.30	4.10-19.12	4.30-16.03	1.03-4.57	1.17-3.30
Mean	1405.16	1185.93	7.74	7.89	11.54	10.90	2.16	1.97
SD	903.58	811.54	1.64	1.46	2.53	2.11	0.64	0.49
CV (%)	64.30	68.43	21.19	18.50	21.92	19.36	29.63	24.87

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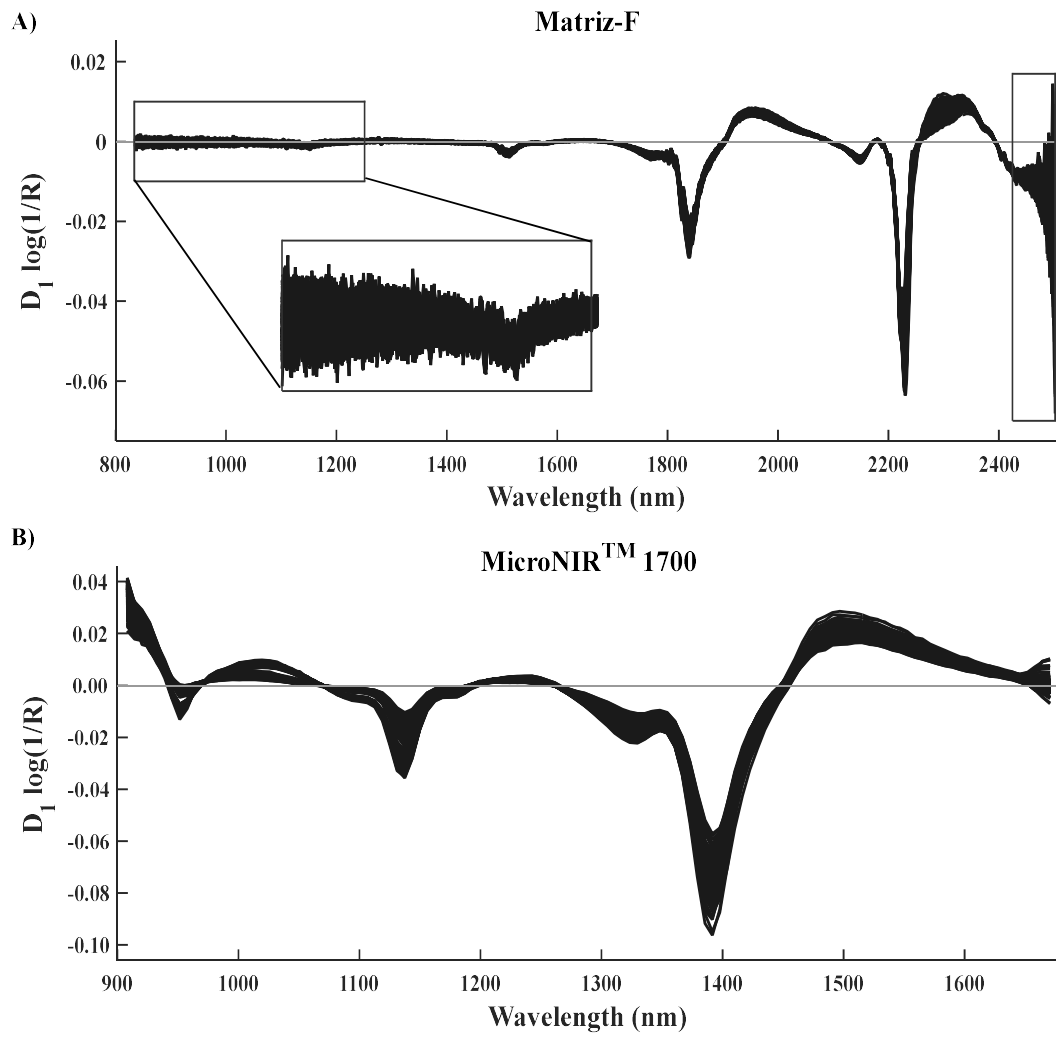
595 **Table 4**

596 Calibration statistics for NIR-based models for predicting nitrate, soluble solid and dry matter contents, and maximum puncture force in spinach  
 597 plants.

Parameter	Instrument	Math treatment	<sup>a</sup> N	Range	<sup>b</sup> Mean	<sup>c</sup> SD	<sup>d</sup> SECV	<sup>e</sup> R <sup>2</sup> <sub>cv</sub>	<sup>f</sup> RPD <sub>cv</sub>	F	F <sub>critical</sub>	<sup>g</sup> SEL
Nitrate content (mg kg <sup>-1</sup> )	Matrix-F	1,5,5,1	143	67.00-3844.83	1429.18	897.42	676.14	0.44	1.33	1.12	1.32	23.90
	MicroNIR <sup>TM</sup> 1700	2,5,5,1	143	67.00-3844.83	1430.11	896.22	633.73	0.50	1.41			
Soluble solid content (%)	Matrix-F	1,5,5,1	138	4.10-11.15	7.66	1.61	0.72	0.80	2.24	1.37*	1.32	0.10
	MicroNIR <sup>TM</sup> 1700	1,5,5,1	142	4.10-11.45	7.73	1.65	0.63	0.85	2.62			
Dry matter content (%)	Matrix-F	1,5,5,1	140	5.92-17.72	11.52	2.36	1.40	0.65	1.69	1.17	1.32	1.67
	MicroNIR <sup>TM</sup> 1700	1,5,5,1	138	5.92-17.27	11.47	2.32	1.27	0.70	1.83			
Maximum puncture force (N)	Matrix-F	1,5,5,1	140	1.03-3.43	2.12	0.59	0.44	0.44	1.34	1.15	1.32	0.36
	MicroNIR <sup>TM</sup> 1700	1,5,5,1	140	1.03-3.77	2.12	0.59	0.41	0.52	1.44			

598 <sup>a</sup> Number of samples.599 <sup>b</sup> Mean of the calibration set.600 <sup>c</sup> Standard deviation of the calibration set.601 <sup>d</sup> Standard error of cross validation.602 <sup>e</sup> Coefficient of determination of cross validation.603 <sup>f</sup> Residual predictive deviation for cross validation.604 <sup>g</sup> Standard error of laboratory.

605 **Fig. 1.**  $D_1 \log(1/R)$  spectra for spinach samples. Instruments: Matrix-F (A) and  
606 MicroNIR™ 1700 (B).

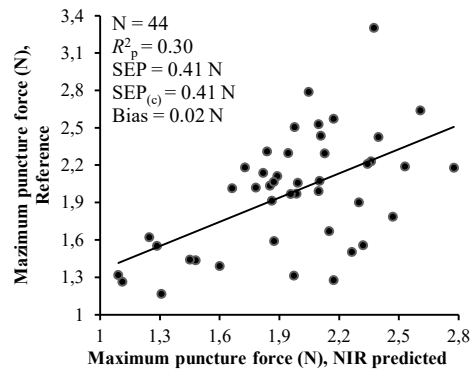
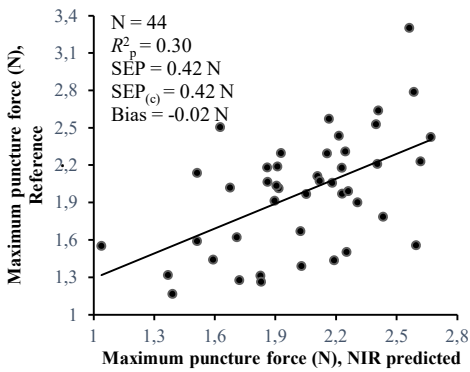
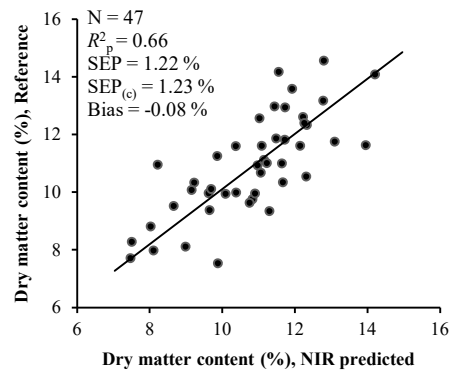
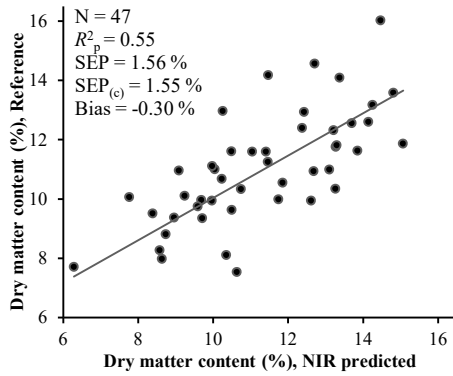
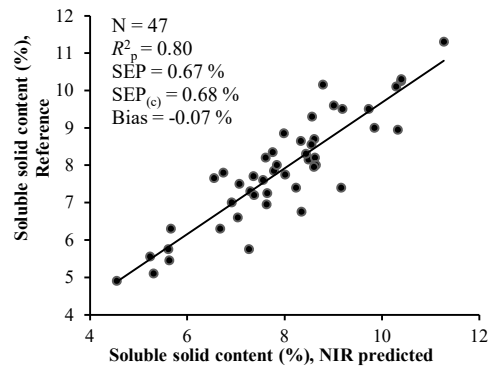
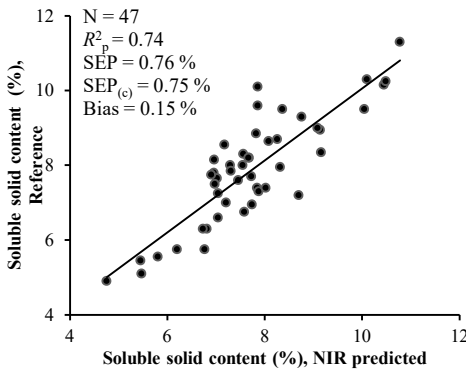
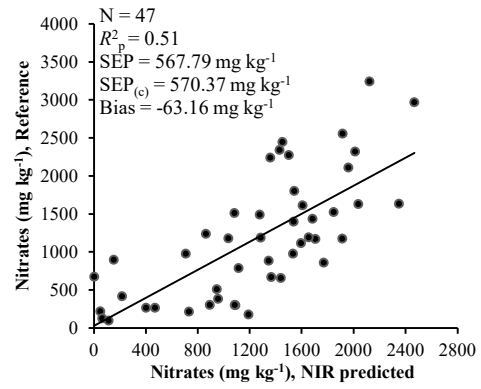
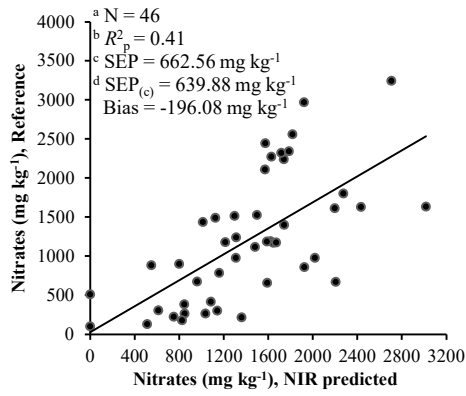


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608

**A) Matrix-F**

**B) MicroNIR™ 1700**



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<sup>a</sup> Number of samples for the validation set  
<sup>b</sup> Coefficient of determination of prediction.  
<sup>c</sup> Standard error of prediction.  
<sup>d</sup> Standard error of prediction corrected for bias.