

22 **ABSTRACT**

23 A study was made of the effect of different pre-packaging treatments on the
24 physical/chemical quality (L^* , a^* , b^* , C^* , h^* , titratable acidity, pH, soluble solids content,
25 maximum shear force, and weight loss) of Margariteño tomatoes (*Lycopersicum*
26 *esculentum* cv. “España”) during post-harvest storage at room temperature. A total of 160
27 green-ripe tomatoes showing no signs of deterioration were divided into four groups of 40,
28 to each of which one of the following pre-packaging treatments was applied: (1) blanching
29 in hot water (60°C) for 30 s; (2) washing in chlorinated water (150 mg/L sodium
30 hypochlorite (NaOCl) solution) for 5 min at 2°C, pH 7.5; (3) covering of the peduncle area
31 with commercial paraffin wax; and (4) untreated controls. All tomatoes were placed in 0.5
32 mm PET containers and stored at room temperature (30°C; 90% RH). The results obtained
33 confirmed that waxing, blanching and washing in chlorinated water all delayed the onset of
34 the physical/chemical changes characteristic of ripening and the appearance of signs of
35 deterioration. Waxing was found to be the most effective treatment for extending the
36 postharvest shelf life of commercial samples from 11 days to 19 days.

37
38
39 **Keywords:** *tomato, physical/chemical quality, pre-packaging treatments, postharvest life*

PRACTICAL APPLICATIONS

46

47 The study evaluated the effect of three treatments applied prior to commercial packaging
48 (blanching in hot water, washing in chlorinated water, and waxing) on the
49 physical/chemical quality of Margariteño tomatoes kept at room temperature, with a view
50 to identifying low-cost technological alternatives for extending their shelf life without
51 impairing quality attributes, in developing countries where refrigerated storage of
52 horticultural products is not always feasible, since the equipment required may not be
53 available; little or no refrigeration is used during storage and transport to market, and fruit
54 and vegetables are often kept at room temperature prior to processing. The results
55 suggested that waxing was the most effective treatment for extending postharvest shelf life
56 from 11 d to 19 d at 30°C and 90% RH, satisfying in a constantly-increasing consumer
57 demand for high quality produce in those countries.

58

59

60

INTRODUCTION

61

62 Fruit and vegetable producers seek to ensure a high-quality product with a long shelf-
63 life, which can be transported over long distances. Effective post-harvest management
64 requires a thorough knowledge of the product's characteristics, and of the storage
65 environment, since the quality and conservation of horticultural products depend on the
66 interaction of these factors with a range of pre-harvest factors (Kader 2002a).

67 The Margariteño tomato is a highly profitable crop in eastern Venezuela, due to
68 high yields and a strong demand in the States of Anzoátegui, Bolívar, Sucre, Monagas and
69 Nueva Esparta (Núñez 1996, Quijada 2002). It can be consumed fresh but also used in
70 making sauces, stews and soups.

71 The most commonly-used method of prolonging the post-harvest shelf life of fruits
72 and vegetables is refrigerated storage, since low temperatures prompt a decrease in
73 respiration rate and thus slow both ripening and senescence (Barreiro and Sandoval 2006).
74 However, refrigerated storage of horticultural products is not always feasible, since the
75 equipment required may not be available; in most developing countries, little or no
76 refrigeration is used during storage and transport to market, and fruit and vegetables are
77 often kept at room temperature prior to processing (Lamúa 2000). Green-ripe tomatoes,
78 moreover, are particularly susceptible to cold damage, and thus undergo rapid deterioration
79 during low-temperature storage (Hakim *et al.* 2004).

80 Post-harvest heating is a non-contaminating physical treatment which delays
81 ripening processes, reduces cold damage and controls pathogen activity; for that reason,
82 it is often used commercially for the quality control of fresh produce (Akbudak *et al.*
83 2007). The main purpose of blanching is to deactivate the enzymes responsible for
84 quality impairment during storage. Pectin methylesterase (PME) belongs to the group of

85 enzymes that degrade pectin, a heteropolysaccharide responsible for preserving the
86 integrity of plant tissues. Many fruits and vegetables contain substantial amounts of this
87 enzyme, which causes the deterioration of plant texture.

88 Blanching reduces texture loss in fruit and vegetables by inhibiting the activity of
89 PME and other enzymes causing deterioration (Begun and Brewer 2001).

90 Tomatoes are commonly blanched by conventional immersion in hot water, but
91 this can cause changes in the color of the final product, since lycopene – the main
92 pigment in tomatoes – is affected not only by exposure to oxygen in the air but also by
93 heat treatment during processing, leading to the isomerization of the double *trans* bonds
94 in the pigment to their *cis* form; this change in structure can prompt a reduction in color
95 intensity (Begun and Brewer 2001).

96 Other post-harvest treatments such as waxing can also prolong tomato shelf life
97 (Akbulak *et al.* 2007). Waxing lubricates tomatoes, thus improving handling and
98 protecting them from damage (Hall 1989, Mejía *et al.* 2009). Today, tomatoes are also
99 waxed to make them more shiny, as well as to avoid cold damage, reduce weight loss
100 during storage and maintain product quality (Mejía *et al.* 2009).

101 Another post-harvest treatment widely used in the fruit and vegetable industry to
102 extend shelf life is washing with chlorinated water, generally at concentrations ranging
103 between 50 and 200 mg/L, for between 1 and 5 min (Oluwatosin *et al.* 2011).

104 This study sought to evaluate the effect of three treatments applied prior to
105 commercial packaging (blanching in hot water, washing in chlorinated water, and waxing)
106 on the physical/chemical quality of Margariteño tomatoes kept at room temperature, with a
107 view to identifying low-cost technological alternatives for extending their shelf life without
108 impairing quality attributes.

MATERIAL AND METHODS

109

110 **Plant material**

111 A total of 160 tomatoes (*Lycopersicon esculentum* cv. “España”) grown at
112 Municipio Antolín del Campo, Nueva Esparta State, Venezuela, were harvested at the
113 green-ripe stage. Tomatoes were similar in size, shape and appearance, and displayed no
114 visible signs of bruising or other damage.

115 **Pre-packaging treatments and post-harvest storage**

116 Tomatoes were transferred to the Food Technology Research Laboratory at the
117 Universidad de Oriente, where they were divided into four groups of 40, to each of which
118 one of the following pre-packaging treatments was applied: (1) blanching in hot water
119 (60°C) for 30 s; (2) washing in chlorinated water (150 mg/L sodium hypochlorite (NaOCl)
120 solution) for 5 min at 2°C, pH 7.5, followed by rinsing and absorption of excess surface
121 water using clean paper towels; (3) waxing of the peduncle area with commercial paraffin
122 wax (Rebain Internacional®, Caracas, Venezuela); and (4) untreated controls.

123 Individual tomatoes were then weighed on an electronic balance (0–210±0.001 g;
124 model C-600-SX, Cobos, Barcelona, Spain) and placed in individual 0.5 mm-thick
125 colorless PET containers measuring 15 x 10 x 8 cm; three 5 mm holes were made in each
126 side of the container (including lid and bottom) for ventilation purposes. Once packaged
127 and coded, tomatoes were stored at room temperature (30°C, 90% RH), in order to simulate
128 the post-harvest storage conditions prevailing in Venezuela. The product was kept under
129 these conditions throughout the trial period; three samples for each of the four treatments
130 were drawn every 72 h (until day 9) and thereafter every 48 h (until the product showed
131 evident signs of deterioration) for physical and chemical analysis.

132 **Physical and chemical analysis**

133 Skin or external color values (L^* , a^* y b^*) were individually measured at the
134 equator of each fruit, turning it 90° between measurements, using a Minolta Chroma Meter
135 CR-400 (Minolta Corporation, Ramsay, NJ, USA). Chroma (C^*) and hue angle (h^*) were
136 calculated as $(a^{*2} + b^{*2})^{(1/2)}$ and $\tan^{-1}(b^*/a^*)$, respectively. Illuminant C and 2-degree
137 standard observer measurements were made in all cases. The four measurements obtained
138 per fruit for each color parameter tested were averaged.

139 Titratable acidity, pH and soluble solids content were determined following Flores
140 *et al.* (2009). All measurements were made in triplicate.

141 To determine maximum shear force, tomatoes were cut longitudinally into 3 equal
142 parts. Samples were then assayed using a Warner-Bratzler shearer (Salter, Manhattan,
143 Kansas, USA) following Ferreira *et al.* (2006); head speed was 200 mm/min. Values for
144 each of the three samples were averaged to provide the maximum shear force (N).

145 Weight losses during post-harvest storage were determined by measuring changes in
146 weight using the same electronic balance (Nasrin *et al.* 2008, Mejía *et al.* 2009).

147 **Statistical analysis**

148 A multifactorial analysis of variance was performed for quality-related parameters,
149 using post-harvest storage time (0-11 days) and treatments as factors. Means were
150 compared using Duncan's multiple range test at $p = 0.05$. All data were analyzed using the
151 Statgraphics Centurion XV software package (StatPoint Inc., Warrenton, Northern
152 Virginia, USA).

153 **RESULTS AND DISCUSSION**

154 Due to evident signs of deterioration in all groups, analysis of control-group
155 tomatoes continued until day 11 of post-harvest storage, while for tomatoes blanched in hot

156 water and those washed in chlorinated water, tests continued until day 13 of storage (data
157 not shown), and waxed tomatoes were tested until day 19 (data not shown).

158 **Color changes**

159 Average values for L^* , a^* , b^* , C^* and h^* in tomatoes subjected to the different pre-
160 packaging treatments throughout storage at room temperature are shown in Table 1. In all
161 groups, a significant ($p < 0.05$) decrease in L^* was recorded over the storage period,
162 tomatoes becoming darker during storage at room temperature. At 3, 6, 9 and 11 days'
163 storage, statistically-significant ($p < 0.05$) inter-group differences were noted for average
164 L^* values, which were highest in waxed tomatoes, followed by tomatoes washed in
165 chlorinated water, blanched tomatoes, and finally untreated controls. The latter displayed
166 the lowest values for luminosity throughout storage.

167 Similar results have been reported by Núñez (1996) and Cantwell (2004), who note
168 that luminosity decreases during ripening and post-harvest storage, and tomatoes acquire an
169 intense red color. According to Kantola and Helén (2001), these changes in color during
170 ripening are due mainly to the conversion of chloroplasts to chromoplasts. During the early
171 stages of ripening, chloroplast thylakoid membranes, starch granules and chlorophyll are
172 degraded, and new carotenoid pigments accumulate in plastidia, including β -carotene and
173 lycopene, which are responsible for the orange and red coloring, respectively, of tomatoes.

174 Values for a^* increased in all groups during storage, i.e. tomatoes tended to become
175 less green and more red during storage at room temperature, a finding also reported by
176 Kantola and Helén (2001), who noted an increase in a^* from the start of ripening. After 3
177 days' storage, waxed tomatoes displayed significantly ($p < 0.05$) lower a^* values than
178 tomatoes washed in chlorinated water, and both groups had significantly ($p < 0.05$) lower
179 a^* values than controls and tomatoes blanched in hot water; values for the latter groups did

180 not differ significantly ($p > 0.05$). At 6, 9 and 11 days, inter-group differences were in all
181 cases significant ($p < 0.05$), the lowest value being found for waxed tomatoes followed by
182 those washed in chlorinated water, blanched tomatoes, and finally untreated controls, the
183 latter displaying the highest a^* values throughout storage.

184 Mejía *et al.* (2009) evaluated color changes in waxed “Charleston” tomatoes during
185 post-harvest storage, first at temperatures of between 5 and 12°C, sampling at 5, 10, 15 and
186 20 days, and then at 22°C, sampling at 3, 6, 9 and 12 days. They found that a^* values
187 increased during ripening, both in waxed and untreated tomatoes, the increase being more
188 marked during the first 6 days of storage at 22°C; this is directly related to the change in
189 skin color from green to red, attributable to chlorophyll loss and lycopene synthesis, the
190 latter taking place more slowly in waxed than in untreated tomatoes. These results agree
191 with those of the present study, except that here the speed of increase in a^* values remained
192 virtually constant throughout storage.

193 Control tomatoes and blanched tomatoes displayed a decrease in b^* values, i.e. a
194 progressive loss of yellow coloring, during storage; by contrast, waxed tomatoes and those
195 washed in chlorinated water recorded an increase in b^* values until 6 days’ storage,
196 indicating a yellower coloring, while after 9 days’ storage, values fell as in other groups. At
197 9 and 11 days, b^* values for waxed tomatoes were significantly higher ($p < 0.05$) than those
198 for other groups, followed by tomatoes washed in chlorinated water, blanched tomatoes,
199 and finally controls, which always displayed the lowest values.

200 Begun and Brewer (2001) report that the immersion of “Bell Roma” tomatoes in
201 water at 100°C for 4 min prompts a fall in L^* and an increase in a^* and b^* , i.e. that
202 blanching gives rise to redder and yellower tomatoes. A similar trend was observed here for

203 L^* and a^* in blanched tomatoes, although not for b^* , perhaps because in the former study
204 tomatoes were treated at the early-ripening stage, rather than the green-ripe stage.

205 Dılmaçınal *et al.* (2011) found that waxing of “Bandita” tomatoes using a mineral-
206 oil spray, followed by 20 days’ storage at 20°C, had no significant effect on final L^* , a^*
207 and b^* values with respect to controls. However, color changes associated with ripening
208 took place more quickly in untreated controls, as they did here.

209 Values for C^* at the start of the experiment (time 0) displayed no significant ($p <$
210 0.05) inter-group differences. However, at 3 and 6 days’ storage, C^* values were
211 significantly lower in controls than in blanched tomatoes, whilst values for waxed tomatoes
212 and those washed in chlorinated water were significantly higher; no significant difference
213 was recorded between these two groups. By 9 and 11 days’ storage, significant differences
214 were observed for all groups, the lowest values for C^* being recorded in waxed tomatoes,
215 followed by those washed in chlorinated water, blanched tomatoes, and finally untreated
216 controls, which displayed the highest values.

217 Begun and Brewer (2001) found that blanching of “Bell Roma” tomatoes in water at
218 100°C for 4 min prompted an increase in C^* from 19.79 to 44.04. This trend was also noted
219 here in blanched tomatoes, though only from day 3 of storage onwards. Cantwell (2004)
220 found that C^* values fluctuated during ripening: an initial decrease as the color changed
221 from green-ripe to pink-orange was followed by an increase as tomatoes took on an
222 orange-red coloring; values then fell again as the color changed to dark red. Here, the initial
223 drop and subsequent rise in C^* values was recorded for controls and blanched tomatoes,
224 whereas the behavior of tomatoes washed in chlorinated water and waxed tomatoes might
225 be better described as rise-fall-rise (data not shown), reflecting the yellowish tone at the

226 start of storage, which prompted a certain lack of color uniformity. No final decrease in C^*
227 values was recorded here, perhaps due to the initial ripeness of the tomatoes.

228 Controls and blanched tomatoes displayed a significant ($p < 0.05$) increase in h^*
229 values from day 0 to day 3, thenceforth decreasing. In tomatoes washed in chlorinated
230 water and waxed tomatoes, values dropped over the first 3 and 6 days of storage,
231 respectively; thereafter, values rose and fell again, matching the trends observed for b^* .

232 Cantwell (2004) has reported that h^* values decline during ripening and also during
233 post-harvest storage, as tomato color changes from yellowish-green to reddish-orange.
234 Here, h^* values fluctuated in all groups, tending to decline towards the end of storage.

235 According to Artés and Artés (2007), ripening during the climacteric is
236 accompanied by rapid development of green coloring, subsequent degradation of
237 chlorophyll and the appearance of orange and red hues. They note, moreover, that the
238 tomato's red color is due to the replacement of chlorophyll by carotenoid pigments, and
239 particularly to an increase both in lycopene, the most abundant specific carotene in red,
240 yellow and orange varieties, and in xanthophylls as chloroplasts are converted into
241 chromoplasts. The synthesis of yellowish pigments is subsequently masked by massive
242 accumulation of reddish pigments.

243 The formation of yellow and red compounds during the tomato climacteric accounts
244 for fluctuations in h^* values in the course of post-harvest storage, which were greater in
245 waxed tomatoes and those washed with chlorinated water than in the other groups.

246 **Behavior of physical/chemical quality parameters**

247 Mean values for titratable acidity, pH, soluble solids content, maximum shear force,
248 and weight loss in Margariteño tomatoes subjected to different pre-packaging treatments
249 during storage at room temperature are shown in Table 2.

250 In all groups, there was a significant ($p < 0.05$) decline in titratable acidity over the
251 storage period. However, all three pre-packaging treatments delayed the decline, which is
252 characteristic of ripening reactions during storage; waxing was found to be the most
253 effective treatment for this purpose.

254 The fall in titratable acidity is due to the metabolic activity of horticultural products
255 during ripening, when intense enzyme activity prompts a complex series of overlapping,
256 feedback-driven metabolic changes, leading to the conversion of stored organic acids into
257 sugars, which will be consumed during cell respiration (Badui 2006).

258 Akbudak *et al.* (2007), in an investigation of the effects of blanching at 54°C for 5
259 min on titratable acidity in “Alona” and “Naomi” tomatoes during refrigerated storage, also
260 found that acidity values fell more rapidly in untreated controls than in the blanched group.
261 They noted that the decline in titratable acidity during storage is due to the utilization of
262 acids in respiration and other physiological processes.

263 In all groups except waxed tomatoes, pH values increased during storage at room
264 temperature, as titratable acidity values fell. Similar findings are reported by Babitha and
265 Kiranmayi (2010), who noted that the pH of tomatoes stored at room temperature rose from
266 3.61 (day 1) to 6.0 (day 24). In the present study, pH values in waxed tomatoes decreased
267 over the first 6 days of storage, despite the fall in titratable acidity, thereafter, values rose as
268 in other groups.

269 Berbesí *et al.* (2006) suggest that the rise in pH may be due to the transformation of
270 stored organic acids in cell vacuoles into sugars which are used for respiration; this prompts
271 a decline in the acidity of the medium and therefore an increase in pH. Yet here pH values
272 initially fell in waxed tomatoes despite that decline in acidity.

273 Barco *et al.* (2009) have reported a drop in pH in waxed bananas over the first two
274 days of storage, followed by the increase characteristic of ripening. This initial drop in
275 values was not recorded either in controls or in bananas treated with a starch solution. This
276 would suggest that waxing may lead to the accumulation of gases affecting pH but not
277 titratable acidity (acids are neither synthesized nor degraded), since the latter displayed the
278 constant decrease associated with ripening.

279 Contreras *et al.* (2008) coated oranges with chitosan, stored them at 20°C and
280 measured internal CO₂ and O₂ by gas chromatography; they found an increase in CO₂ and a
281 decrease in O₂ levels with respect to untreated controls. This would confirm the earlier
282 assumption that the waxing of tomatoes prompts an initial drop in pH due to CO₂
283 accumulation, which does not affect titratable acidity.

284 An initial increase in soluble solids content was observed in all groups, until 6 days
285 (controls), 9 days (blanching and washing in chlorinated water) and 13 days (waxing);
286 thereafter, values fell (data not shown for waxed tomatoes). In waxed tomatoes, there was
287 no significant differences in average soluble solids content between days 0 and 3 or
288 between days 3 and 6.

289 According to the Organization for Economic Cooperation and Development
290 (OECD) (1998), during the ripening of horticultural crops, nutrients in the form of starch
291 are converted into sugars, thus prompting an increase in soluble solids content. However,
292 Cordeiro *et al.* (2007) report that this post-harvest increase is not always observed, since the
293 product may no longer contain starch reserves because they were consumed during on-plant
294 ripening. Indeed, as Damasceno *et al.* (2005) have indicated, there may even be a decline in
295 soluble solids content during post-harvest storage due to microbial action, since fungi and
296 bacteria use fruit sugars as a metabolic substrate.

297 Akbudak *et al.* (2007) report a slower fluctuation in soluble solids content in
298 blanched “Alona” and “Naomi” tomatoes with respect to controls, suggesting that
299 blanching slows down product ripening, a finding also observed in the present study.

300 Mejía *et al.* (2009) observed an increase in soluble solids content in both waxed and
301 untreated “Charleston” tomatoes during the first 6 days of storage at 22°C; values
302 subsequently fell, as they did here. They note that hydrolysis of starch at the start of
303 ripening would prompt an initial increase, while the subsequent decline could result from
304 an increased respiration rate once the product is fully ripe. These authors found that waxing
305 had no significant impact on soluble solids content, whereas here a significant improvement
306 was observed. This disparity in findings may reflect the differing degree of ripeness at
307 treatment application.

308 Dilmaçunal *et al.* (2011) report that waxed “Bandita” tomatoes displayed a soluble
309 solids content of 4.58% after 16 days’ storage, compared to 4.88% for untreated controls,
310 confirming that waxing is an effective technique for slowing down the decline in soluble
311 solids content during ripening. These authors suggest that a lower respiration rate prompts a
312 reduction in the synthesis and use of metabolites, giving rise to a lower soluble solids
313 content.

314 Tomatoes in all groups displayed a statistically-significant ($p < 0.05$) reduction in
315 maximum shear force (N) during storage at room temperature, indicating a deterioration in
316 texture. Values at day 0 ranged between 11.5 and 12.3 N. Significant inter-group
317 differences in maximum shear force values were observed at 6, 9 and 11 days of storage;
318 the highest values were displayed throughout the study by waxed tomatoes, followed by
319 blanched tomatoes, tomatoes washed in chlorinated water, and finally controls.

320 A number of studies report a decrease in tomato firmness during post-harvest
321 storage. Kantola and Helén (2001), in a study of “Espero-I class” organic tomatoes packed
322 in biodegradable plastic film and stored at 11°C, found that firmness dropped from an
323 initial 4.3 to 2.6 N/mm after 22 days’ storage.

324 During ripening, softening is caused by changes in the structure of cellulose,
325 hemicellulose and pectin, the main constituents of plant cell walls (Kantola and Helén
326 2001). Artés and Artés (2007) suggest that softening in tomatoes during ripening is due to
327 the depolymerization of cell-wall pectins and of the parenchymal middle lamella, prompted
328 largely by the action of a number of polysaccharide hydrolase enzymes; the most abundant
329 of these, polygalacturonase, is the main cause of depolymerization.

330 Akbudak *et al.* (2007) evaluated the efficacy of blanching as a means of slowing
331 down the decrease in firmness of “Alona” and “Naomi” tomatoes during storage, noting
332 that blanching either directly inhibits pectinesterase and polygalacturonase activity, which
333 commonly cause post-harvest softening of fruits, or blocks the synthesis ethylene, which
334 regulates the activity of these enzymes.

335 Dılmaçınal *et al.* (2011) reported that waxing reduced the loss of firmness in
336 “Bandita” tomatoes during storage with respect to untreated controls. Their results, similar
337 to those obtained here, suggest that waxing is an effective way of limiting loss of tomato
338 firmness during storage.

339 Tomatoes in all groups exhibited a significant increase in weight loss during post-
340 harvest storage. After 11 days’ storage at room temperature, control-group tomatoes
341 weighed 5.90% less than at the start; weight loss over that period in tomatoes washed in
342 chlorinated water was 4.27%, compared with 4.09% in blanched tomatoes and 2.95% in
343 waxed tomatoes. Significant inter-group differences were apparent from 3 days’ storage

344 onwards, the greatest weight loss being displayed by control tomatoes, followed by those
345 washed in chlorinated water, blanched tomatoes and, finally, waxed tomatoes.

346 Kader (2002b) and Barreiro and Sandoval (2006) note that a tomato may lose up to
347 10% of its weight due to water loss. Other studies (Kantola and Helén 2001, Hakim *et al.*
348 2004, Akbudak *et al.* 2007) report a tendency towards weight loss of around 5%-6% during
349 post-harvest storage at low temperatures. They have also found that application of
350 treatments similar to those tested here reduced weight loss to around 4%-5%, as well as
351 delaying the onset of weight loss with respect to untreated controls. Kantola and Helén
352 (2001) reported weight loss of between 1.7% and 2.7% for waxed “Espero-I class”
353 tomatoes stored at 11°C and 80% RH.

354 Hakim *et al.* (2004), in a study of sliced tomato stored in refrigerated conditions
355 (1°C; 90% RH) observed weight loss of between 1.0% and 1.8% after 10 days’ storage.
356 Akbudak *et al.* (2007) found that blanching “Alona” and “Naomi” tomatoes reduced weight
357 loss during refrigerated storage (6°C; 90% RH) to 8.19% after 28 days, whilst weight loss
358 in untreated controls over the same period was 12.40%. Nasrin *et al.* (2008) washed
359 “Lalima” tomatoes for 5 min in water containing 200 ppm chlorine and stored them in
360 ambient conditions (20°-25°C; 70%-90% RH); after 20 days’ storage, control tomatoes
361 exhibited a weight loss of 7.49%, compared with 4.90% for those washed in chlorinated
362 water. Mejía *et al.* (2009) found that waxing reduced weight loss in “Charleston” tomatoes
363 by reducing respiration rates, while Dilmaçunal *et al.* (2011) have reported that by 20 days’
364 storage at 20°C; 90% RH, waxed “Bandita” tomatoes had lost around 5% of their weight,
365 compared with 8% for untreated controls.

366 **CONCLUSIONS**

367 Control tomatoes displayed evident signs of deterioration (softening, exudation and
368 wrinkled surface) by 13 days' storage; these signs were observed in blanched tomatoes and
369 tomatoes washed in chlorinated water at 15 days, and in waxed tomatoes at 21 days. In all
370 cases, skin color darkened during post-harvest storage, although in waxed and chlorine-
371 treated tomatoes an increase in yellow coloring was observed over the first 6 days of
372 storage. Titratable acidity and maximum shear force declined, while weight loss and pH
373 increased, during post-harvest storage at room temperature; however, the extent of these
374 changes varied significantly between treatment groups. Waxed tomatoes displayed a
375 decline in pH over the first 6 days of storage. Soluble solids content for all groups increased
376 during the first part of storage, falling thereafter. The results obtained here suggest that
377 waxing, blanching and washing in chlorinated water slowed down the physical/chemical
378 changes associated with ripening, and also delayed the appearance of signs of deterioration.
379 Waxing proved to be the most effective treatment for extending postharvest shelf life from
380 11 d to 19 d at 30°C and 90% RH.

381 REFERENCES

- 382 AKBUDAK, B., AKBUDAK, N., SENIZ, V. and ERIS, A. 2007. Sequential treatments of
383 hot water and modified atmosphere packaging in cherry tomatoes. *J. Food Quality*
384 *30*, 896-910.
- 385 ARTÉS, F. and ARTÉS, F. 2007. *Tratamientos Postrecolección del Tomate Fresco.*
386 *Tendencias e Innovaciones.* Universidad Politécnica de Cartagena, Murcia, Spain.
- 387 BABITHA, B. and KIRANMAYI, P. 2010. Effect of storage conditions on the postharvest
388 quality of tomato (*Lycopersicon esculentum*). *Res. J. Agr. Sci. 1*, 409-411.
- 389 BADUI, S. 2006. *Química de los Alimentos.* 4th ed. Pearson Educación, México DF,
390 México.

391 BARCO, P., BURABANO, A., MEDINA, M., MOSQUERA, S. and VILLADA, H. 2009.
392 Efecto de recubrimiento natural y cera comercial sobre la maduración del banano
393 (*Musa sapientum*). Rev. Bio. Agro. 7, 70-76.

394 BARREIRO, J. and SANDOVAL, A. 2006. *Operaciones de Conservación de Alimentos*
395 *por Bajas Temperaturas*. Equinoccio, Valle de Sartenejas, Baruta, Venezuela.

396 BEGUM, S. and BREWER, M. 2001. Chemical, nutritive and sensory characteristics of
397 tomatoes before and after conventional and microwave blanching and during frozen
398 storage. J. Food Quality 24, 1-15.

399 BERBESÍ, M., DÍAZ, R., GUEVARA, L. and TAPIA, M. 2006. Calidad higiénica y
400 patógenos asociados con melones mínimamente procesados expandidos en
401 supermercados. Proyecto XI.22: Desarrollo de tecnologías para la conservación de
402 vegetales frescos cortados. I Simposio Ibero-Americano de Vegetais Frescos Cortados.
403 Abril. San Pedro, Brazil. pp. 47-54.

404 CANTWELL, M. 2004. *Fresh Market Tomato. Statewide Uniform Variety Trial Report*
405 *Field and Postharvest Evaluations*. University of California, South San Joaquin
406 Valley, USA.

407 CONTRERAS, A., BERMEJO, A., DEL RÍO, M., PÉREZ, M. and ROJAS, C. 2008.
408 Efecto del quitosano aplicado como recubrimiento en naranjas cv. Valencia. In
409 *Avances en Maduración y Post-recolección de Frutas y Hortalizas* (R. Oria, J. Val,
410 M. Ferrer, eds). pp. 348-456, Acribia, Zaragoza, Spain.

411 CORDEIRO, A., WILANE, R., ARRAES, M., ELESBÃO, A., MOREIRA, M. and
412 MACHADO, P. 2007. Efeito do tipo de corte nas características físico-químicas e
413 microbiológicas do melão “Cantaloupe” (*Cucumis melo* L. híbrido hy-Mark)
414 mínimamente processado. Cienc. Agrotec. 31, 132-136.

415 DAMASCENO, K., ASSUNÇÃO, M., CORREIA, S., BARBOSA, N. and
416 MONTENEGRO, T. 2005. Melão minimamente processado: um controle de qualidade.
417 Cienc. Tecnol. Aliment. 25, 520-529.

418 DILMAÇÜNAL, T., KOYUNCU, A., AKTAŞ, H. and BAYINDIR, D. 2011. The effects of
419 several postharvest treatments on shelf life quality of bunch tomatoes. Not. Bot.
420 Horti. Agrobo. 39, 209-213.

421 FERREIRA, A., CANET, W., ÁLVAREZ, M. and TORTOSA, M. 2006. Freezing, thawing
422 and cooking effects on quality profile assessment of green beans (cv. *Win*). Eur.
423 Food. Res. Technol. 223, 433-445.

424 FLORES, K., SÁNCHEZ, M., PÉREZ, D., GUERRERO, J. and GARRIDO, A. 2009.
425 Feasibility in NIRS instruments for predicting internal quality in intact tomato. J. Food
426 Eng. 91, 311-318.

427 HAKIM, A., AUSTIN, M., BATAL, D., GULLO, S. and KHATOON, M. 2004. Quality of
428 fresh-cut tomatoes. J. Food Quality 27, 195-206.

429 HALL, D. 1989. Postharvest treatment of Florida fresh market tomatoes with fungicidal
430 wax to reduce decay. Proc. Fla. State. Hort. Soc. 102, 365-367.

431 KADER, AA. 2002a. Postharvest biology and technology: An overview. In *Postharvest*
432 *Technology of Horticultural Crops* 3rd Edition (A.A. Kader, ed). pp. 39-47,
433 University of California, Division of Agriculture and Natural Resources, Oakland,
434 California.

435 KADER, AA. 2002b. Quality and safety factors: Definition and evaluation for fresh
436 horticultural crops. In *Postharvest Technology of Horticultural Crops* 3rd Edition (A.A.
437 Kader, ed). pp. 279-285, University of California, Division of Agriculture and Natural
438 Resources, Oakland, California.

439 KANTOLA, M. and HELÉN, H. 2001. Quality changes in organic tomatoes packaged in
440 biodegradable plastic films. *J. Food Quality* 24, 167-176.

441 LAMÚA, M. 2000. *Aplicación del Frío a los Alimentos*. Ediciones Mundi-Presna, Madrid,
442 Spain.

443 MEJÍA, S., VEGA, M., VALVERDE, J., LÓPEZ, J. and CARO, J. 2009. Effect of wax
444 application on the quality, lycopene content and chilling injury of tomato fruit. *J. Food*
445 *Quality* 32, 735-746.

446 NASRIN, T., MOLLA, M., ALAMGIR, M., ALAM, M. and YASMIN, L. 2008. Effect of
447 postharvest treatments on shelf life and quality of tomato. *Bangladesh J. Agr. Res.* 33,
448 579-585.

449 NÚÑEZ, M. 1996. *Modelo Matemático para Predecir la Maduración del Tomate*
450 *Lycopersicum esculentum* (cv. "España") a Diferentes Condiciones de
451 *Almacenamiento*. Master Degree Thesis. Universidad de Oriente, Núcleo de Nueva
452 Esparta, Escuela de Ciencias Aplicadas del Mar, Boca del Río, Venezuela.

453 OECD (ORGANIZATION FOR ECONOMIC COOPERATION AND DEVELOPMENT).
454 1998. *Régimen de la OCDE para la Aplicación de Normas Internacionales*
455 *Relacionadas con Frutas y Hortalizas*. On line:
456 <http://www.oecd.org/dataoecd/53/58/32022743.pdf>. [Consult: 04-18-2012].

457 OLUWATOSIN, I., MINNAAR, A. and BUYS, E. 2011. Effect of attachment time
458 followed by chlorine washing on the survival of inoculated *Listeria monocytogenes* on
459 tomatoes and spinach. *J. Food Quality* 34, 133-141.

460 QUIJADA, M. 2002. *Efecto del Tiempo de Cosecha, del Tratamiento con Parafina y del*
461 *Empacado Individual en Bolsas de Plástico, en la Textura y el Color del Tomate*
462 *Margariteño (L. esculentum cv. "España")*. Degree Thesis. Universidad de Oriente,

463 Núcleo de Nueva Esparta, Escuela de Ciencias Aplicadas del Mar, Boca del Río,
464 Venezuela.
465
466

467

TABLE 1.

468

AVERAGE VALUES FOR L^* , a^* , b^* , C^* AND h^* IN MARGARITEÑO TOMATOES

469

(LYCOPERSICUM ESCULENTUM CV. ESPAÑA) SUBJECTED TO DIFFERENT PRE-

470

PACKAGING TREATMENTS AND POSTHARVEST STORAGE AT ROOM

471

TEMPERATURE.

Storage time (d)	Parameter	Treatment			
		Control	Hot water	Chlorinated water	Wax
0	L^*	74.53 ^a ±0.69	73.34 ^m ±0.81	75.04 ⁿ ±1.49	77.30 ^p ±0.64
	a^*	-5.61 ^{bc} ±0.42	-5.39 ^c ±0.35	-6.06 ^e ±0.30	-5.86 ^{ab} ±0.22
	b^*	28.48 ^k ±0.42	28.47 ^k ±0.41	28.44 ^k ±0.35	28.43 ^k ±0.28
	C^*	29.03 ^{hi} ±0.40	28.97 ^h ±0.43	29.08 ^{hi} ±0.35	29.03 ^{hi} ±0.26
	h^*	-78.86 ^{cd} ±0.88	-79.27 ^c ±0.64	-77.97 ^e ±0.61	-78.34 ^{de} ±0.48
3	L^*	68.37 [±] 0.50	70.60 ^k ±0.69	72.28 [±] 0.43	76.25 [±] 0.78
	a^*	1.06 ^f ±0.06	0.98 ^f ±0.18	-0.98 [±] 0.15	-3.01 ^d ±0.09
	b^*	23.24 [±] 0.41	24.49 ^h ±0.21	29.44 [±] 0.50	29.53 ^l ±0.38
	C^*	23.27 ^b ±0.40	24.51 ^d ±0.20	29.46 [±] 0.50	29.68 [±] 0.37
	h^*	87.38 [±] 0.18	87.72 [±] 0.43	-88.10 [±] 0.30	-84.18 ^b ±0.20
6	L^*	61.62 [±] 0.47	66.14 ^h ±0.89	69.50 [±] 0.77	74.60 [±] 0.77
	a^*	12.50 ^k ±0.68	10.31 [±] 0.70	7.13 ^h ±0.56	-0.90 [±] 0.10
	b^*	20.43 ^d ±0.64	22.44 ^f ±1.13	30.41 ^m ±0.77	31.33 ⁿ ±0.41
	C^*	23.96 ^c ±0.67	24.71 ^d ±1.04	31.24 [±] 0.82	31.34 ^l ±0.41
	h^*	58.55 ^k ±1.55	65.30 ^m ±1.90	76.82 [±] 0.88	-88.37 [±] 0.17
9	L^*	53.44 ^d ±0.95	57.55 ^e ±0.62	58.45 ^f ±0.85	68.53 [±] 1.00
	a^*	23.39 [±] 0.85	20.65 ^m ±0.29	12.58 ^k ±0.50	2.13 [±] 0.20
	b^*	19.37 ^c ±0.77	21.43 ^e ±0.47	25.30 [±] 0.66	27.43 [±] 0.86
	C^*	30.37 ^k ±0.93	29.76 [±] 0.34	28.26 [±] 0.63	27.52 ^f ±0.85
	h^*	39.63 ^h ±1.29	46.05 [±] 0.84	63.56 [±] 1.10	85.55 [±] 0.52
11	L^*	42.52 [±] 0.46	48.47 ^h ±0.61	49.29 [±] 0.98	61.30 [±] 0.75
	a^*	34.29 [±] 0.42	27.53 [±] 0.67	17.50 [±] 0.33	7.64 [±] 0.44
	b^*	14.43 [±] 1.07	16.22 ^h ±0.47	19.44 [±] 0.32	20.45 ^d ±0.40
	C^*	37.21 [±] 0.69	31.96 ^m ±0.57	26.16 [±] 0.31	21.83 [±] 0.45
	h^*	22.80 ^f ±1.43	30.52 [±] 1.05	48.00 [±] 0.74	69.51 [±] 1.06

472

Arithmetical means of 12 measurements. Different letters for the same parameter indicate significant differences ($p < 0.05$).

473

474

TABLE 2.

475 AVERAGE TITRATABLE ACIDITY (TA), pH, SOLUBLE SOLIDS CONTENT (SSC),
 476 MAXIMUM SHEAR FORCE (MSF) AND WATER LOSS (WL) IN MARGARITEÑO
 477 TOMATOES (*LYCOPERSICUM ESCULENTUM* CV. ESPAÑA) SUBJECTED TO
 478 DIFFERENT PRE-PACKAGING TREATMENTS AND POSTHARVEST STORAGE AT
 479 ROOM TEMPERATURE.

Storage time (d)	Parameter	Treatment			
		Control	Hot water	Chlorinated water	Wax
0	TA* (% citric acid)	0.8 ^m ±0.01	0.80 ^{lm} ±0.02	0.79 ^{ikl} ±0.02	0.80 ^{klm} ±0.02
	pH*	3.94 ^{bc} ±0.04	3.94 ^{bc} ±0.06	3.96 ^{cd} ±0.03	3.94 ^{bc} ±0.03
	SSC* (°Brix)	5.4 ^{bc} ±0.1	5.3 ^{ab} ±0.1	5.4 ^{bc} ±0.1	5.4 ^{bc} ±0.1
	MSF* (N)	12.3 ^e ±0.7	11.5 ^f ±0.7	12.3 ^e ±0.7	11.6 ^f ±0.5
	WL** (%)	0.00 ^a ±0.00	0.00 ^a ±0.00	0.00 ^a ±0.00	0.00 ^a ±0.00
3	TA* (% citric acid)	0.74 ^f ±0.01	0.77 ^{hi} ±0.02	0.78 ^{ijk} ±0.01	0.78 ^{hij} ±0.02
	pH*	4.04 ^{ef} ±0.10	4.02 ^{ef} ±0.02	3.99 ^{de} ±0.02	3.88 ^a ±0.10
	SSC* (°Brix)	5.9 ^{gh} ±0.2	5.7 ^f ±0.1	5.6 ^{de} ±0.2	5.4 ^{bc} ±0.3
	MSF* (N)	10.6 ^c ±0.7	10.5 ^c ±0.3	10.6 ^c ±0.7	11.3 ^f ±0.9
	WL** (%)	1.66 ^e ±0.06	1.13 ^c ±0.02	1.47 ^d ±0.01	0.95 ^b ±0.02
6	TA* (% citric acid)	0.69 ^e ±0.01	0.75 ^{fg} ±0.01	0.76 ^{gh} ±0.01	0.75 ^{fg} ±0.01
	pH*	4.04 ^{ef} ±0.06	4.06 ^f ±0.03	4.02 ^{ef} ±0.01	3.87 ^a ±0.01
	SSC* (°Brix)	6.3 ^k ±0.1	5.9 ^{gh} ±0.2	6.0 ^{hi} ±0.0	5.5 ^{cd} ±0.3
	MSF* (N)	7.5 ^c ±0.4	10.5 ^c ±0.4	9.0 ^d ±0.7	11.4 ^f ±0.4
	WL** (%)	2.81 ⁱ ±0.11	2.22 ^g ±0.03	2.65 ^h ±0.04	1.83 ^f ±0.04
9	TA* (% citric acid)	0.65 ^d ±0.01	0.70 ^c ±0.03	0.69 ^c ±0.02	0.70 ^c ±0.02
	pH*	4.21 ^h ±0.08	4.11 ^g ±0.01	4.13 ^g ±0.05	3.91 ^{ab} ±0.03
	SSC* (°Brix)	6.0 ^{hi} ±0.2	6.2 ^{jk} ±0.1	6.2 ^{jk} ±0.1	5.9 ^{gh} ±0.1
	MSF* (N)	6.0 ^b ±0.4	9.4 ^d ±0.5	7.0 ^c ±0.0	10.5 ^c ±0.4
	WL** (%)	4.02 ^m ±0.01	3.08 ^k ±0.03	3.47 ^l ±0.03	2.23 ^g ±0.03
11	TA* (% citric acid)	0.55 ^a ±0.03	0.62 ^b ±0.01	0.64 ^c ±0.01	0.63 ^c ±0.02
	pH*	4.29 ^j ±0.01	4.14 ^g ±0.03	4.19 ^h ±0.01	3.96 ^{cd} ±0.03
	SSC* (°Brix)	5.2 ^a ±0.1	5.7 ^{ef} ±0.0	5.8 ^{fg} ±0.1	6.1 ^{ij} ±0.2
	MSF* (N)	5.0 ^a ±0.4	7.0 ^c ±0.0	6.1 ^b ±0.4	9.0 ^d ±0.4
	WL** (%)	5.90 ^p ±0.03	4.09 ⁿ ±0.04	4.27 ^o ±0.01	2.95 ⁱ ±0.06

480 *: Arithmetical mean of 9 measurements. **: Arithmetical mean of 3 measurements. Different letters for the same parameter indicate
 481 significant differences ($p < 0.05$).

482