

## Assessment of the effects of bisphenol-a as a disruptor on ionic regulation in zebrafish through a study of their chloride and prolactin cells

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*Bisphenol A (BPA) is one of the chemicals produced in the largest volume in the world. It is commonly used as a component of plastics and food containers and can act as a xenoestrogen in humans. In view of the risk of exposure to it from the environment and diet, and basically as a water pollutant, the objective of our study was to assess possible effects on ionic regulation after exposure to BPA by means of a histopathological and morphometric study of the chloride and prolactin cells in zebrafish (*Danio rerio*) as an experimental model.*

*Twenty-five male 16-week old zebrafish (*Danio rerio*) were allocated randomly into 5 study groups (n=5/group); a control group, and four groups, exposed for 2 weeks to a concentration of (1, 10, 100 and 1000 µg/L) of BPA, respectively. After those 2 weeks, the animals were sacrificed and samples of their gills and pituitary gland were immediately taken for their subsequent histopathological analysis.*

*Our results showed how, in the first study groups, lesions appeared in chloride cells, generating compensatory modifications in the prolactin cells, which were enough to maintain stability in the ionic exchange. As the exposure concentration increased, more serious histological modifications occurred. In the groups with the highest concentration (100 and 1000 µg/L), the lesions were so severe that the prolactin cells underwent some degenerative processes, which probably prevented the compensatory action at gill level.*

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**Key words:** Bisphenol A, zebrafish, ionic regulation, prolactin cells, chloride cells

## INTRODUCTION

Bisphenol A (BPA) is a component of, among other items, plastics and food containers, and it is one of the chemicals produced in the largest volume in the whole world (LANG *et al.*, 2008), reaching high world production figures; in 2006, 3.8 million tons of it were produced (FITZGERALD *et al.*, 2014). Changes in pH, mechanical abrasions and heat, accelerate hydrolysis of the ester bond linking BPA molecules in polycarbonate plastic, and repeated washing of polycarbonate products causes BPA to easily leach out of products and spread it over the environment, even at ambient temperatures (HOWDESHELL *et al.*, 2003). It is a known fact that BPA is a weak oestrogenic chemical, which produces important effects in the male tract, mainly in testes, with a significant sperm decrease (BHANDARI *et al.*, 2015; WISNIEWSKI *et al.*, 2015). It is known that BPA acts on the anterior pituitary gland, stimulating PRL production by up to 50% of the maximal response obtained with 17  $\beta$ -estradiol (E2) from prolactin cells in the adult, inducing lactotrope proliferation (STOKER *et al.*, 1999, RAMOS *et al.*, 2003; VELASCO-MARINERO *et al.*, 2011). Further, it has been reported that BPA induces gill modifications and severely alters chloride cells (MOHAMMED *et al.*, 2013; FAHEEM *et al.*, 2016). Prolactin cells regulate osmotic balance, stimulating processes involved in freshwater adaptation in the gill, kidney, and gut (PIERCE *et al.*, 2007). These types of alterations in prolactin cells could be reflected in those changes in chloride cells. Several research works have reported prolactin cell participation in gill ionic regulation, because of which the serious modifications in chloride cells could induce a palliative prolactin cell reaction (BARTELS *et al.*, 2015; INOKUCHI *et al.*, 2015).

Many works have been focused on fish since, as they are aquatic inhabitants, they receive sewage or industrial effluents and agricultural runoff containing oestrogenic chemicals (HASSANIN *et al.*, 2002). Zebrafish are suitable for assessing toxic effects because test protocols have already been established, including OCDE guidelines (OCDE 204, 210, 212), that recommend these fish for chemical toxicity assessments, as well

as in Annex I of Directive 2010/63/EU, relative to the protection of animals used for scientific purposes.

With the aim of investigating in depth BPA toxicity, our objective was to evaluate the effects of BPA on ionic regulation through the study of gills and chloride cells and their possible relationship with prolactin cells by histological evaluation after 14 days of BPA exposure.

## MATERIAL AND METHODS

A total of twenty-five 16-week old male zebrafish (*Danio rerio*), were used to carry out this research. The animals were distributed randomly into 5 groups (n=5/group), a control group, and four treated groups, which were exposed for 14 days (OCDE 204) to graded concentrations (1, 10, 100 and 1000  $\mu\text{g/L}$ ) of BPA (Sigma Aldrich®), under flow-through conditions (10 water renewals/day) and photoperiod of 16 light hours: 8 dark hours. Water temperature was  $26\pm 1$  °C and dissolved oxygen was maintained above 60% of saturation level by continuously aerating the test solution.

The study was carried out in the Experimental Animal Service at the University of Córdoba (Spain). All procedures were approved by the Animal Care Committee of the University of Córdoba, and in concordance with the European Regulations for the Protection of Experimental Animals (Directive 2010/63/EU).

After 2 weeks of exposure, zebrafish were sacrificed with an overdose of anaesthetic solution of tricaine methanesulfonate (MS-222® 500 mg/L; Sigma-Aldrich®, St. Luis, EE.UU) buffered with sodium bicarbonate (300 mg/L; Sigma-Aldrich®, St. Luis, EE.UU), and next samples of gills and pituitary gland were removed for histological analysis.

### Histological evaluation

For the structural evaluation, samples were routinely processed for paraffin sections by fixing in 10% formaldehyde, dehydrating in graded series of ethanol, immersing in xylol and embedding in paraffin wax. Every tenth section (4  $\mu\text{m}$

thick) of each block was stained with hematoxylin and eosin and used for the morphological study.

For the ultrastructural study, small randomly selected samples were primarily fixed in a 2% glutaldehyde solution in 0.1M phosphate buffer (pH 7.4) overnight at 4 °C and then refixed in 1% osmium tetroxide in 0.1M phosphate buffer (pH 7.4) for 30 min. After dehydration in graded ethanol series and embedding in Araldite, semi-thin and ultra-thin sections were cut on an LKB ultramicrotome (Central Microscopy Research Facilities, University of Córdoba, Spain). Ultra-thin sections were double-stained with uranyl acetate and lead citrate. For the scanning study, the sample was critical point dried and then coated in colloidal gold. Ultra-thin sections were viewed and photographed in a JEM 1400 transmission electron microscope.

### Morphometric study

The morphometric studies of the prolactin cells were done directly on images taken of the cephalic lobe of the pituitary gland under the electron microscope, quantifying both the number and size of the cells. 20 small squares/animal were quantified so that 100 squares/group were counted, each grid square being 100  $\mu\text{m}$  per side, so that the totality of the surface  $10 \times 10 = 100 \mu\text{m}^2$ , the total surface analyzed/group being of  $100 \times 100 = 10000 \mu\text{m}^2$ . We based ourselves on cell identification by the pleomorphism of granules, measuring the nucleus surface so that we obtained the number of cells observed on that surface.

The morphometric studies of the chloride cells were made by optical microscope magnified to x40. Chloride cells were counted by measuring the nucleus of the five different preparations per animal (H&E).

### Statistical analysis

Data were analyzed using the statistical program Statgraphic Centurion XVI<sup>®</sup>, to determine BPA effects on every exposed group. ANOVA (test-F) was used to demonstrate whether there

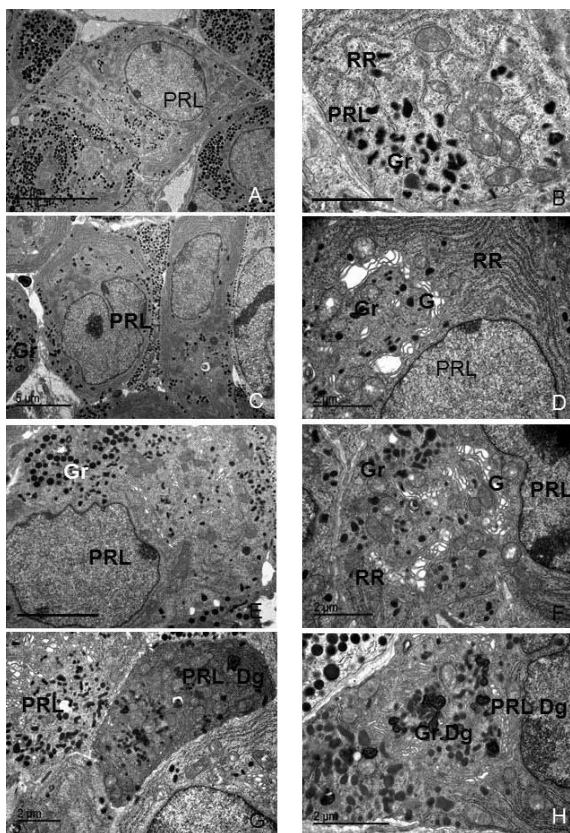
were any significant differences between the averages. The Fisher LSD post hoc test was performed on multiple comparisons between groups. Results are expressed as mean values  $\pm$  standard deviation (SD) and  $P < 0.05$  was considered to be significant.

## RESULTS

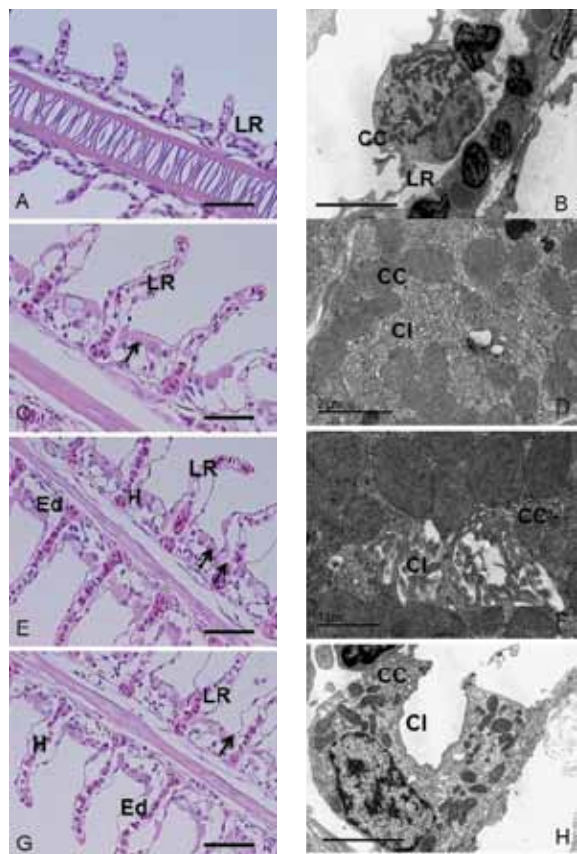
In the control group, the prolactin cells were distributed jointly with the adenocorticotrophic hormones throughout the zebrafish posterior and anterior pituitary gland. Prolactin cells were elongated in shape, with scant cytoplasmic prolongations, and they were near the capillaries (Fig. 1A). Their nucleus, spherical and oval in shape, was arranged in the center of the cell, with a thin chromatin and a developed nucleolus. This cell had abundant organoids, such as the rough reticulum and especially the Golgi complex, as well as proliferous mitochondria. These prolactin cells displayed secretion granules, which tended to be laid out near the nucleus relating themselves to the Golgi complex (Fig. 1B). However, their differential characteristic was their strong pleomorphism, which made the prolactin cells unmistakable in relation to the different pituitary gland cells. These granules came in different shapes, i.e. spherical, ovoid and with a branched contour.

In the analysis of the gills of the control group, the layout of the apparently normal primary and respiratory lamellae was observed as having large acidophilic chloride cells, these being found preferably in the basal zones of the respiratory lamellae (Fig. 2A, 2B, 3A, 3B).

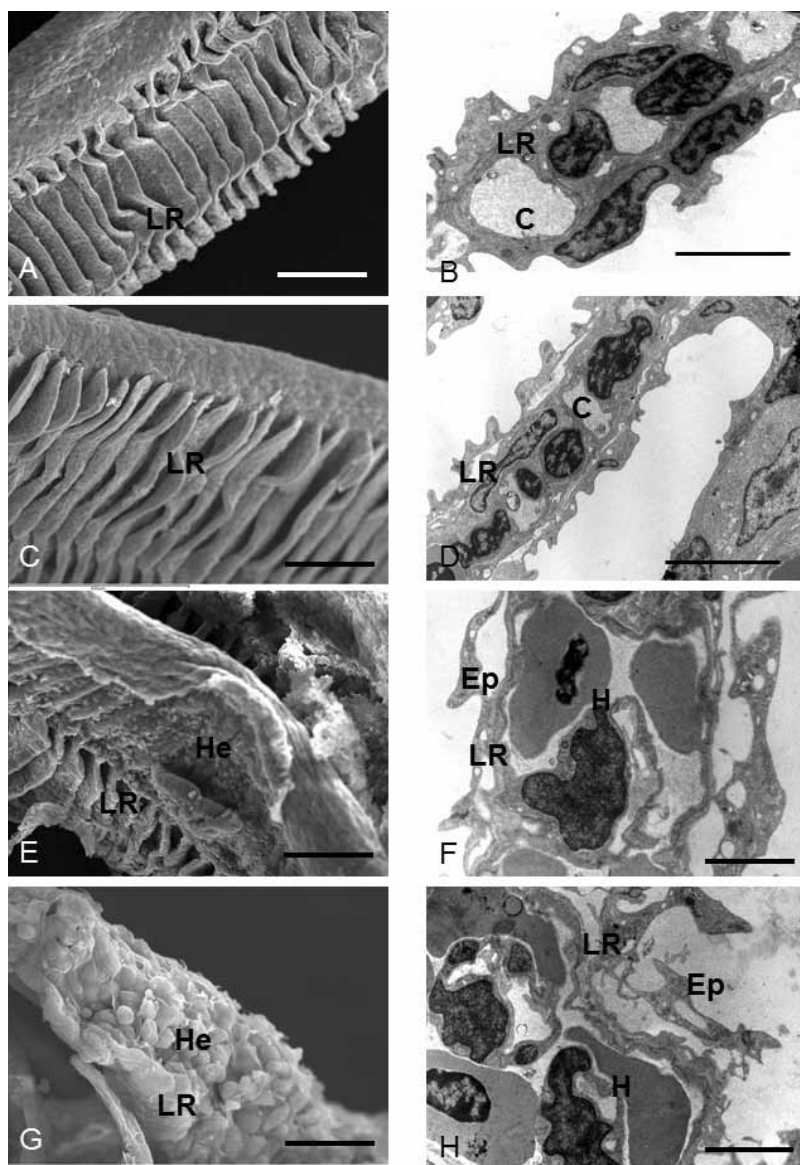
In the exposure group of 1  $\mu\text{g/L}$  of BPA, when evaluating the pituitary gland, we observed that the prolactin cells morphology was similar to that of the cells in the control group with regard to their configuration and distribution in the anterior lobe of the gland (Fig. 1A). They appeared in an isolated manner of between spherical and ovoid in shape. The images observed corresponded to a very active endocrine cell with a broad Golgi complex and a very abundant rough reticulum. The granules were seen to be highly pleomorphic and numerous, although the most pleomorphic ones were located as being related



**Fig. 1.** Ultrastructural observations of the pituitary gland.  
**A.** Control and 1  $\mu\text{g/L}$  group. Prolactin cell (PRL), with a stellate morphology, a large nucleus and a cytoplasm with abundant organoids and secretion granules.  
**B.** Control and 1  $\mu\text{g/L}$  group. Detail of (PRL). A rough reticulum (RR) and grouped and highly pleomorphic secretion granules (Gr) stand out.  
**C.** 10  $\mu\text{g/L}$  group. Prolactin cell (PRL), oval-shaped with a clear nucleus, organoids and pleomorphic granules (Gr) in a large amount.  
**D.** 10  $\mu\text{g/L}$  group. Detail of a very active Prolactin cell (PRL). A sizeable rough reticulum (RR) and Golgi complex (G) are prominent, and there is especially an increase in dense, pleomorphic secretion granules (Gr).  
**E.** 100  $\mu\text{g/L}$  group. A highly developed prolactin cell (PRL) with an eccentric nucleus and abundant organoids and secretion granules (Gr).  
**F.** 100  $\mu\text{g/L}$  group. Detail of Prolactin cell (PRL), which shows a great development of its organoids, of the Golgi complex (G) and rough reticulum (RR). It has abundant highly pleomorphic granules (Gr).  
**G.** 1000  $\mu\text{g/L}$  group. Two types of Prolactin cell (PRL) can be seen, on one hand a group which is similar to the activated cells (PRL) the other, the degenerated Prolactin cell (PRL Dg), both nucleus and cytoplasm are dense, and it is noteworthy that a large number of its granules are in crynophagy (self-destruction).  
**H.** 1000  $\mu\text{g/L}$  group. Detail of prolactin cell (PRL Dg), with most of its granules in autophagocytosis (GrDg).



**Fig. 2.** A, C, E, G: A photomicrograph of gills stained with H&E x40. B, D, F, H: Ultrastructural observations  
**A.** Control and 1  $\mu\text{g/L}$  group. Detail of gill under optical microscope, with normal respiratory lamellae (LR) and chloride cells (CC) in basal zone.  
**B.** Control and 1  $\mu\text{g/L}$  group. Detail of respiratory lamellae (LR) under transmission electron microscope (T.E.M). The presence of a chloride cell (CC) with abundant mitochondria should be noted.  
**C.** 10  $\mu\text{g/L}$  group. Detail of respiratory lamellae (LR). The acidophilous chloride cells (arrow) and vascular hyperaemia can be seen.  
**D.** 10  $\mu\text{g/L}$  group. Detail of chloride Cell (CC) under T.E.M. The intracellular canaliculus (CI) with numerous microvilli and mitochondria (M) standing out.  
**E.** 100  $\mu\text{g/L}$  group. Detail of gill. There are numerous chloride cells (arrow) and vascular alterations with oedema (Ed) and hyperaemia (H).  
**F.** 100  $\mu\text{g/L}$  group. Detail of chloride Cell (CC) under T.E.M. A dilated intracellular canaliculus (CI) is highlighted.  
**G.** 1000  $\mu\text{g/L}$  group. Detail of respiratory lamellae (LR). There are numerous chloride cells with hyperaemic membrane (H) and oedema (Ed).  
**H.** 1000  $\mu\text{g/L}$  group. Detail of chloride Cell (CC) under T.E.M. A dilated intracellular canaliculus (CI) and loss of microvilli stand out.



*Fig. 3. Gill images from the study groups. A, C, E, G: scanning electron microscopy (S.E.M.) B, D, F, H: Transmission Electron Microscopy (T.E.M.).*

*A. Control and 1  $\mu\text{g/L}$  group. Detail of gill under S.E.M. The normal and uniform respiratory lamellae (LR) are notable.*

*B. Control and 1  $\mu\text{g/L}$  group. Detail of respiratory lamellae (LR) under T.E.M. The presence of normal capillaries (C) stands out.*

*C. 10  $\mu\text{g/L}$  group. Detail of gill under S.E.M. Swollen respiratory lamellae (LR) are seen.*

*D. 10  $\mu\text{g/L}$  group. Detail of respiratory lamellae (LR) under T.E.M. Capillaries (C) with dilated lights and the presence of red blood cells are notable.*

*E. 100  $\mu\text{g/L}$  group. Detail of gill under S.E.M. Disorganization of the respiratory lamellae (LR) with haemorrhages (He) is observed.*

*F. 100  $\mu\text{g/L}$  group. Detail of respiratory lamellae (LR) under T.E.M. Disorganization of the hyperaemic capillaries (H) and of the epithelium (Ep) are prominent.*

*G. 1000  $\mu\text{g/L}$  group. Detail of the gill under S.E.M. There is a disorganization of the respiratory lamellae (LR), with partial loss of coating and accumulations of red blood cells (He).*

*H. 1000  $\mu\text{g/L}$  group. Detail of respiratory lamella under T.E.M. A disorganization of the respiratory lamellae (LR) with highly dilated and hyperaemic capillaries (H) and a loss of the coating epithelium (Ep) stands out.*

Table 1. Number and size of prolactin and chloride cells in zebrafish exposed to different BPA concentrations (mean±SD)

		Study Groups			
		Control and 1 µg/L	10 µg/L	100 µg/L	1000 µg/L
Chloride Cells	Number	3.46±0.76	5.44±0.70*	7.05±0.86*	5.82±0.79*
	Size (µm)	19.29±3.59	27.85±1.54*	30.26±2.75*	30.42±4.17*
Prolactin Cells	Number	1.93±0.51	2.60±0.71	3.03±0.39*	2.69±0.38*
	Size (µm)	15.63±1.19	17.45±1.02*	21.11±1.94*	19.85±1.19*

Significantly different from the Control and 1 µg/L groups with  $p < 0.05$ .

to the Golgi complex, with the granules situated close to the cell membrane (Fig. 1B).

In the histopathological study of the gills in this first exposure group, we hardly found any morphological alterations either in the primary lamellae or in the respiratory ones. Similarly, this occurred with the chloride cells, which in addition appeared as forming cup-shaped and acidophilic cells (Fig. 2A, 2B).

In the 10 µg/L group during the evaluation of the pituitary gland, it was observed how the prolactin cells of this group differed from those of the control. They presented granules in two places: first, those located in relation to the Golgi complex which were pleomorphic (this is a characteristic of this type of cell) and, second, the granules in the peripheral areas, which were very numerous, spherical and highly electron-dense. The prolactin cells had an ovoid nucleus. These cells had highly developed organoids, especially the Golgi complex, the endoplasmic or rough reticulum and mitochondria (Fig. 1C, 1D).

During the gill analysis, the initiation of its alterations was observed, with vascular modification in the lamellae, most of their capillaries being hyperemic (Fig. 2C, 2D, 3C). The chloride cells were also seen to be affected by an increase in number (Table 1), and above all an increment in size, but maintaining a uniform stain intensity (Fig. 2C, 3D).

The animals exposed to 100 µg/L of BPA displayed prolactin cells with two functionally different shapes. First, very similar ones to those of the previous group with a decline in granule density, with the development of their cytoplasmic organoids that participated directly in the

formation of granules (Fig. 1E, 1F).

Second, one shape was characterized morphologically by being an endocrine cell with abundant granule-forming organoids, these granulations being very abundant, pleomorphic and electron-dense, occupying a large part of the cell. However, what defines these cells was the existence of autophagosome as myelin figures, which were fundamentally formed of more central granules, and which led one to think of a self-destruction of the hormone within the granulation.

In this study group, some very serious vascular alterations were found in the whole gill area. The alterations were in the vascular bed, with a generalized hyperemia, with a prominent edema, which arrived at separating the lining epithelium from the respiratory lamellae, with the vascular bed. There was an increase in the number of chloride cells; the acidophilus was maintained, also showing a clearer and vacuolated cytoplasm (Fig. 2E, 2F, 3E, 3F).

Finally, the animals exposed to the highest concentration of BPA (1000 µg/L), exhibited prolactin cells also of two different types, but which were more defined; on the one hand, apparently functional cells, and a second type which not only modified its secretion granules but began to show morphological signs of cells in a degeneration process.

The active endocrine pituitary gland cells exhibited an important development in their granulations, these being pleomorphic and electron-dense and showing an abundant growth of the rough endoplasmic reticulum, Golgi complex and mitochondria (Fig. 1G, 1H).

The second type of prolactin cell corresponded to degenerative or regression phases of these cells. First, an increase in the electron density of all their components, cytoplasm and nucleus stood out. These modifications were preferably prominent in the cytoplasm, showing dilations of the Golgi complex and the rough endoplasmic reticulum, together with a hyalinization of the cell matrix. There were swellings in the mitochondria with a partial loss of the mitochondrial crests. In addition, as mentioned in the previous group, although abundant dense, pleomorphic granules were maintained, many of them were affected by crynophagy phenomena, which presented themselves as autophagosomes or myelin figures (Fig. 1G, H).

Finally, at gill level, the alterations appearing in this last experiment group were still more evident, both the vascular and ionic regulation ones. All the blood vessels were found to be hyperemic, highlighting the edema, which affected both the primary and the respiratory lamellae. The size of the chloride cells was increased, with a vacuolization in all of the cytoplasm standing out (Fig. 2G, 2H, 3G, 3H).

### Quantitative study

The data resulting from the optical and electron microscopic quantifications have been included in Table 1. The data obtained from the control group and 1 µg/L were considered all together as their quantified values were equal.

The prolactin cells were quantified under the electron microscope (Table 1). We observed an increase in the number of cells in the 10 and 100 µg/L groups, with significant differences ( $p < 0.05$ ) in the 100 µg/L group with respect to the control and the first exposed group. This significant difference was also observed in the last study group compared to the control although it displayed a drop in the number of cells. No significant differences were obtained between the treated groups.

There was an increase in the mean diameter of the prolactin cells in the groups exposed to 10 and 100 µg/L, which was evident in the 100 µg/L group, while in the 1000 µg/L group the mean diameter decreased. All the treated groups

showed significant differences with respect to the control ( $p < 0.05$ ), and between each other, with no significant differences being obtained between the 10 and 100 µg/L groups.

In the chloride cell quantification (Table 1), in the 10 and 100 µg/L groups, an increase in the cell number was noted with significant differences ( $p < 0.05$ ) in both cases with respect to the control and the first exposure group. This increase fell in the group with the highest concentration (1000 µg/L) although significant differences were still maintained compared to the control.

With regard to the nucleus size of the chloride cells, all the groups treated (except for that of 1 µg/L) displayed significant differences ( $p < 0.05$ ), with respect to the control but no significant differences, were obtained between the treated groups.

## DISCUSSION

Zebrafish are one of a group of small fish species that can be kept in the laboratory. They are easily exposed to endocrine-disrupting chemicals in tank water at different stages in their life cycle and exhibit measurable sensitivity to endocrine-disrupting chemicals, including sexual dimorphism (VAN DEN BELT *et al.*, 2001; ORN *et al.*, 2003; McGONNELL *et al.*, 2006).

Low-dose effects of endocrine-disrupting chemicals such as BPA are mediated by endocrine-signaling pathways that have evolved to act as powerful amplifiers, with the result that important changes in cell function can occur in response to extremely low concentrations (WELSHONS *et al.*, 2003).

The action of the BPA as a neuroendocrine disruptor has been widely studied (MOLINA *et al.*, 2013; JEDEON *et al.*, 2016; RHAMAN *et al.*, 2016). Due to its importance as an environmental and fundamentally aquatic pollutant, in this work, we proposed to evaluate its effects on ionic regulation in fish, by studying their chloride and prolactin cells.

To understand what happens in the pituitary gland cells, in this work it was first necessary to analyze what goes on in the gills. As reported by

MARCATO *et al.* (2014), endocrine disruptors affect the gill system and, consequently, its ionic regulation. Gill surfaces are in direct and permanent contact with water contaminants and are therefore suitable markers for aquatic pollution (BERNET *et al.*, 1999). Fish gills show limited responses to a wide range of environmental physicochemical stimuli; and, accordingly, they are considered to be general but nonspecific biomarkers. Thus, quantifying the tissue damage extension is necessary in order to gain information about potential compensatory reserves and their influence on fish homeostasis (MANERA *et al.*, 2016). BPA seriously affects the respiratory system of fish and their ionic regulation. A continuous treatment with this compound could trigger progressively evident and serious lesions in the gills, although it should be remembered that pituitary and gonad affectation caused by endocrine disruptors could favor gill alterations. Therefore, both facts are closely related.

On analyzing the prolactin cells, we observed that their granulations were the components marking cell depletion due to a lack of activity in the chloride cells, which they regulate. These cells behave like all endocrines as they store large amounts of hormones in their granules, which they are not able to use. A degradation is produced in the secretion granule itself, namely crynophagy or autolysis, which is probably the reason for our having observed numerous, large autophagosomes in the groups with the highest exposure concentration. There was an increase in the number of chloride cells in the (10 and 100  $\mu\text{g/L}$ ) group due to hyperplasia but they dropped in the 1000  $\mu\text{g/L}$  BPA group, probably due to depletion. Our results coincided with those of other authors who, after exposure to BPA, also described edema, hyperplasia and hypertrophy images (BARIŠIĆ *et al.*, 2015; FAHEEM *et al.*, 2016), in which damage increased with increasing concentrations of heavy metals and BPA, respectively. In relation to chloride cell size in the (10 and 100  $\mu\text{g/L}$ ) groups, it increased due to the dilation of the intracellular canal, which was maintained in the 1000  $\mu\text{g/L}$  exposure group, in which there was a total dilation probably due to depletion, which would end up causing the loss of its func-

tionality from excessive dilation. ELSHAER *et al.* (2013) observed cell necrosis after exposure to 50  $\mu\text{g/L}$  BPA for 15 days, subsequently observing necrosis in the secondary gill lamellae after 30 days of treatment. The progressive changes, such as hyperplasia and hypertrophy of epithelial cells, may increase epithelial thickness, which widens the distance between external environment and the blood, retarding or preventing the entry of toxic ions into the blood stream. This could be considered as being general safety measures against toxicants (ELSHAER *et al.*, 2013; BARIŠIĆ *et al.*, 2015).

Pituitary gonadotropin cells play a crucial role in the central regulation of the reproduction of most vertebrates. However, they can be seriously modified by endocrine disruptors and may be one of the reasons for infertility produced by these compounds. Possible modifications of prolactin cells are little known in these exposure concentrations, although their participation in pathological processes has been reported (WISNIEWSKY *et al.*, 2015). The reactions and evolutions of the prolactin cells were highly significant and evolved in parallel to the alterations described in gills. Thus, the reactive hypertrophy and hyperplasia processes on one hand, and atrophy and hypoplasia on the other, with which the prolactin cells terminate (GOLOUBKOVA *et al.*, 2000, VELASCO-MARINERO *et al.*, 2011), correspond to the phases, first, of the cell activations, and, second, the degeneration processes of the gill cells. From these events, it can be deduced that, in a first instance, BPA tends to alter the gill system, and this reacts by activating the chloride cells, which are enhanced by the hormonal action of the prolactin cells. When exposure to BPA is at higher concentrations (100 and 1000  $\mu\text{g/L}$ ), a defensive depletion of the gills is produced due to severe circulatory alterations and degradation of the chloride cells, making their pituitary regulation impossible, which could be considered as being the main cause of the functional inversion of the prolactin cells.

The activation of the prolactin cells is defined by a hypertrophy, which is due to a generalized increase in all the cell components, to a nuclear increase and, especially, to a greater develop-



ment of their metabolic organoids, which results in a larger amount of secretion granules. Curiously enough, the granulation activation was not only expressed by the increase in their number, but also by profound changes in their morphology. We have therefore described the pleomorphic granules as being in direct relation to the Golgi complex, and large deposits of large, spherical, dense granules in large amounts on the cytoplasmic periphery. In the quantification of the prolactin cells there was a significant increase ( $p < 0.05$ ) in their number in the exposure groups of 10 and 100  $\mu\text{g/L}$  of BPA due to hyperplasia, differing from what was observed in a study on rats in which the number of prolactin cells was seen to be modified, although not significantly (VELASCO-MARINERO *et al.*, 2011). There was an increase in the mean diameter in groups (10 and 100  $\mu\text{g/L}$ ), which was more evident in the 100  $\mu\text{g/L}$  group due to hypertrophy, and a diminution in size in the 1000  $\mu\text{g/L}$  group, probably because it did not receive any hormonal stimulus from the testicles, thus inducing a decrease in the secretion capacity, producing autophagy.

## CONCLUSIONS

In conclusion, our results indicated that exposure to BPA caused changes in chloride cells,

which were intensified as the exposure concentration dose increased. Those modifications triggered a series of alterations in prolactin cells, which were aimed at compensating that chloride cell hypofunctionality in an attempt to maintain an adequate gill functioning and, thus, guarantee ionic regulation. In groups with the highest BPA concentrations, the circulatory alterations and chloride cell degradation were so severe that prolactin cell compensation was made impossible, this being the main cause of the functional involution of these pituitary cells. It was, therefore, deduced that BPA would affect gill system so severely that its action could not be compensated at pituitary level, and its ionic regulation could have been affected.

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## Procjena utjecaja disruptora bisfenola A na ionske regulacije u zebrica kroz ispitivanje njihovih kloridnih i prolaktinskih ćelija

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### SAŽETAK

Bisfenol A je jedan od kemijskih spojeva koji se najviše proizvodi u svijetu. Najčešće se koristi za dobivanje plastike i posuda za hranu i može djelovati kao ksenoestrogen kod ljudi. S obzirom na rizik izloženosti bisfenolu iz okoline i ishrane, i u osnovi kao zagađivaču vode, cilj našeg istraživanja je procijeniti moguće učinke na ionsku regulaciju nakon izlaganja bisfenolu A pomoću histopatološke i morfometrijske studije kloridnih i prolaktinskih ćelija u zebrica (*Danio rerio*) kao eksperimentalnog modela.

25 muških jedinki 16 tjedana starih zebrica (*Danio rerio*) bili su nasumično raspoređeni u pet ispitivanih skupina (n=5/skupina). Kontrolna skupina i četiri skupine bile su dva tjedna izložene koncentracijama od 1, 10, 100 odnosno 1000 µg/L bisfenola A. Nakon ta dva tjedna, životinje su ubijene i uzorci njihovih škriga i hipofize su odmah izuzeti za naknadnu patohistološku analizu.

Naši rezultati su pokazali kako su se, kod prvih ispitivanih skupina, lezije pojavile u kloridnim stanicama, stvarajući kompenzacijske promjene na prolaktinskim stanicama koje su bile dovoljne za održavanje stabilnosti u izmjeni iona. Kako se povećavala koncentracija izloženosti, ozbiljnije histološke modifikacije su se dogodile. Kod skupina s višom koncentracijom (100 i 1000 µg/L) lezije su bile tako jake da su prolaktinske stanice prošle kroz određene degenerativne procese, što je vjerojatno spriječilo kompenzacijsko djelovanje na škrigama.

**Ključne riječi:** bisfenol A, zebriice, ionska regulacija, prolaktinske stanice, kloridne stanice