

1 **Mercury contents in relation to biometrics and proximal composition and**
2 **nutritional levels of consumed fishes from Western Mediterranean Sea (Almeria bay).**

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17 relationship.

18

19 **Abstract**

20 The total liver and muscle mercury, and muscular composition, biometrics and trophic levels
21 were determined in four species (*Mullus surmuletus*, *Merluccius merluccius*, *Auxis rochei* and
22 *Scomber japonicus*) of Mediterranean Sea (Almeria Bay, Spain).The mercury levels did not
23 exceed the Maximum Residue Limit, being the *M. merluccius* the one which showed the highest
24 level in muscle. Great variations of Hg content among individuals were observed in not
25 gregarious species. A positive correlation between Hg and trophic level or length was found in
26 muscle but not in liver. The organ (liver or muscle) with major Hg accumulation depends on
27 species; in *M. merluccius* was the muscle and in *S japonicus* was the liver.The results indicate
28 that the Hg levels in fish depend on intra and inter species factors that should be taken into
29 account in the monitory systems of Hg levels.

30

31 **1. Introduction**

32 Pollution is one of the current problems facing the environment. In this context mercury (Hg) is
33 one of the six worst pollutants on our planet, according to the UN's International Chemical
34 Safety Programme (Keeler et al., 2006) as it has adverse effects on most living organisms (Dietz
35 et al., 2000), and also neurological damage, especially in children (Counter et al., 2002; Zhang
36 and Wong, 2007). It may enter the environment from human activities, like mining and smelting
37 processes (Gutiérrez et al., 2016; Kaitantzian et al., 2013; Odumo et al., 2014) or from fossil

38 combustion (Kelepertzis and Argyraki, 2015; Rodriguez Martin et al., 2014; Rodríguez Martín
39 et al., 2013). In any case, human activities have substantially raised the heavy metals levels in
40 the last decades (Rodríguez Martín et al., 2015). The global inventory of Hg sources for the year
41 2000 was 2,200 ton year⁻¹(Pacyna et al., 2006). Nowadays, about 2,200–4,000 ton year⁻¹ of
42 anthropogenic Hg is emitted to the atmosphere (Kim and Kim, 1999). Coastal ecosystems are
43 conditioned by growing anthropogenic impact. Consideration to pollution of the Mediterranean
44 Sea is asociated to semi-enclosed sea intensification of contamination effects (Aston and
45 Fowler, 1985). Same fish species from Atlantic Ocean contain half Hg than specimens from
46 Mediterranean Sea (Aston and Fowler, 1985). Della Croce et al. (1997) have established that the
47 amount of Hg discharged into the Mediterranean is 130t per year. The fish and shellfish being
48 the food that most concern the risk associated with exposure to Hg (Zamani-Ahmadm Mahmoodi
49 et al., 2014).

50

51 On the other hand, the potential health benefits related to fish consumption are due to the
52 presence of proteins, minerals, vitamins and the presence of unsaturated essential fatty acids
53 related (UFAs), especially omega-3 UFAs including eicosapentaenoic acid (EPA) and
54 docosahexaenoic acid (DHA). Nowadays the intake of fish is recommended as a healthy
55 nutritional habit. Although people may be exposed to any form of mercury in various
56 circumstances, diet is the mainly way of Hg accumulation (Hall et al., 1997) and seafood is one
57 of main way exposition (OMS, 2017). The Hg content varies among fish species (Groth, 2010),
58 feeding (Minganti et al., 2010) and length (Branco et al., 2004) or age (Monteiro and Lopes
59 1990; Storelli, 2005a, 2005b). The Hg is incorporated to the food chain provoking a
60 biomagnification, increasing Hg content with trophic position, being in adult top-predator more
61 than a million times higher than water concentration (Grigal, 2003; Ullrich et al., 2001;).

62

63 The Mediterranean Sea supplies of fish to more than 480 million people (EEA 2017), where
64 *Mullus surmuletus*, *Merluccius merluccius*, *Auxis rochei* and *Scomber japonicus* are four of the
65 most consumed species. Red mullet (*Mullus surmuletus*) is a target species of Mediterranean
66 demersal fisheries that can be caught through different gears (Reñones et al., 1995). In Almeria
67 Fish Market, *M. surmuletus* is located among the 20 species with highest profits in the last 3
68 years (328.538€ among 2015-2017, IDAPES). European hake (*Merluccius merluccius*) in one
69 of the most importan species of the Mediterranean Sea (Chapela et al., 2007), and it's fished by
70 longline, gillnet and bottom-trawling fishery. In Almeria Fish Market, the european hake is
71 placed the 9th position of the most earnings in the last 3 years, with landings of 97.802 kg and
72 798.652 € of economic gain (2015-2017, IDAPES). Bullet tuna (*Auxis rochei*) is a fish species
73 exploited commercially by artisanal fisheries (purse seiners, longliners and traps). Bullet tuna is
74 the most abundant species of the tuna family in the Mediterranean, and landings in Almeria Fish

75 Market have been of 281.565 kg with profits of 328.955 € (2015-2017, IDAPES). The Pacific
76 Chub Mackerel (*Scomber japonicus*) is a very important commercial species exploited by purse
77 seiners for direct human consumption and also for can industry and as food for bluefin tuna of
78 aquaculture. In Almeria Fish Market, chub mackerel is the second most landed species in
79 volume (kg) of small pelagic fishes after pilchard (*Sardina pilchardus*), with landings of
80 722579 kg and profits of 300.072 € (2015-2017, IDAPES).

81

82 The aim of this study was to explore the potential toxicity risk of Hg in the four species most
83 consumed in Andalusian coast. The main goals of this work were: 1) to determine the levels
84 of mercury contents in hepatic and muscular tissues. 2) to study the relationship between
85 mercury content and biometric index, age, trophic level and body composition. 3) to have a first
86 sight to the quality of fishing areas in the Bay of Almeria.

87

88

89 **2. Materials and methods**

90 **2.1 Studied Fish species**

91 Four popular fish species of the Mediterranean Sea with commercial importance were selected
92 from the Bay of Almeria (Western Mediterranean Sea)

93

94 Red mullet (*M. surmuletus*) is a teleost fish of the Order Perciformes of wide distribution, is
95 located in the Northeast Atlantic and Mediterranean, mainly in very shallow areas of the
96 continental shelf (between 0-30m) of as much zones of rock as sand and mud (Lombarte et al.,
97 2000; Whitehead et al., 1986). In spite of this very coastal distribution, this species can reach to
98 inhabit depths of up to 400m, depths that the other red mullet (*M. barbatus*) does not inhabit
99 (Lombarte et al., 2000). It is a benthic carnivore that feeds mainly on small invertebrates
100 (crustaceans, mollusks, polychaetes) that live on or in the interior of the marine substrate
101 (Gharbi and Ktari, 1979, Golani and Galil, 1991).

102

103 European hake (*M. merluccius*) is a demersal species teleost of the order Gadiformes widely
104 distributed in the Atlantic Northeast and throughout the Mediterranean Sea. It inhabits from 50-
105 750 m depth, although its most occurring habitat is in the deep zone of the continental shelf,
106 between 150-300m (Recasens et al., 1998). *M. merluccius* is an opportunistic carnivore that
107 feeds on adult stages of large decapods, euphausiidae and teleost fishes such as myctophids,
108 performing daily vertical migrations to feed (Bozzano et al., 1997; Cartes et al., 2009).

109

110 Bullet tuna (*A. rochei*) is a small tuna of the Order Perciformes that is distributed by the
111 temperate and tropical waters of the whole world, including the Mediterranean. *A. rochei*

112 mainly feeds on zooplankton organisms, with particular preference for planktonic crustaceans
113 such as amphipods and euphausiids, as well as small cephalopods, fish larvae and even adult
114 fishes for larger bullet tuna sizes (> 35 cm) (Mostarda et al., 2007)

115

116 La The Pacific Chub Mackerel (*S. japonicus*), is a small pelagic of the Order Perciformes. It is a
117 neritic pelagic species that is distributed mainly between 50-200m depth, in temperate and
118 tropical waters of the northern and southern hemisphere, including the Mediterranean (Collette
119 and Nauen, 1983) The diet of *S. japonicus* is mainly based on different stages of fishes
120 (including cannibalism, decapods, and annelids (Castro, 1993).

121

122 **2.2 Field collection**

123 In March 2016, the four species were caught during several commercial surveys in Almeria
124 Bay, Western Mediterranean, in the Southeast Coast of Andalusia (Figure 1). Two of the
125 species were small pelagics fished by the purse seine vessel “El Chapu”; the Pacific Chub
126 Mackerel (*Scomber japonicus*) in the fishing ground “La Terraila”, characterised by an isobath of
127 100 m depth, and the Bullet tuna (*Auxis rochei*), in the fishing ground named “El Cantillo” with
128 depths ranging between 50-180 m. The other 2 species were fished by the bottom-trawler “Jose
129 y Fernanda”, the most popular demersal species in the area, European hake (*Merluccius*
130 *merluccius*), in the fishing ground “Medio Canto” near the slope, at depths 130-200m, and the
131 abundant benthonic species Red Mullet (*Mullus surmuletus*), in the fishing ground “La
132 Terraila”, in the first 100m. The fishes were transported to the laboratory into ice for biometrics.
133 The liver and muscle were dissected out, weighed and stored at -20°C until lyophilization.

134

135 **2.3 Fish Biometric Indices and Body Composition**

136 Fishes were weighted (Wt) and measured (Total length (Lt)). Age of the fishes was calculated
137 following the formula of von Bertalanffy 's growth of other studies for each species (Table 1).
138 Trophic level for each species was calculated through the fractioning index TROPH presented
139 in Stergiou and Karpouzi (2001) where original studies are presented for red mullet and
140 european hake, and from Fish base online (www.fishbase.org) for chub mackerel and bullet tuna
141 (Table 1). This index is based in stomach contents and expresses the position of organisms
142 within the marine food webs. The index also takes in consideration the size of the specimens

143

$$144 \quad (1) \quad TROPH_i = 1 + \sum_{j=1}^G (DC_{ij} \times TROPH_j)$$

145 where $TROPH_i$ is the trophic level of species (i), $TROPH_j$ is the trophic level of prey (j), DC_{ij} is
146 the contribution of prey (j) in the diet of species (i) and G is the total number of prey. The
147 values of the TROPH range 2.0- 4.5:

- 148 a) 2.0-2.1: Pure herbivores
149 b) 2.1-2.9: Omnivores with a preference for vegetable materia
150 c) 2.9-3.7: Omnivores with a preference for animals
151 d) 3.7-4.5: Carnivores with a preference for large decapods, cephalopods and fish
152

153 The muscle composition was evaluated according to the Association of Official Analytical
154 Chemists (AOAC, 2000). Dry matter was determined gravimetrically after drying at $105\pm 0.5^{\circ}\text{C}$
155 (DM; method #934.01) and ash was determined after combustion at 500°C in a muffle oven
156 (method #942.05) to constant weight. Content of crude protein was determined by Kjeldahl (PB;
157 methods #954.01)(Nx6.25), and total lipid was determined by ethyl ether extraction (EE;
158 method#920.39)

159

160

161 **2.4 Measurement mercury levels**

162 The total Hg in all samples was determined using a direct Hg analyzer (DMA80, atomic
163 absorption spectrophotometer, Milestone, Wesleyan University, Middletown, CT, USA).
164 DMA80 provides two working ranges for Hg detection: 0–40 and 40–600 ng. Each range is
165 calibrated independently to optimise the response over the entire dynamic range. The limits of
166 detection (LOD) and quantification (LOQ) were 0.5 and $1.25\ \mu\text{g kg}^{-1}$, respectively. The LOQ
167 was established by the lowest calibration point; the LOD was 2.5 times lower than the LOQ
168 when the signal-to-noise ratio was higher than 10 (Carbonell et al., 2009). The analytical
169 procedure validation of the Hg analysis was performed with a certified reference material CRM
170 463 (tuna fish $2850\ \mu\text{g kg}^{-1}$ DW) and ERMI-CE278 (mussel tissue $196\ \mu\text{g kg}^{-1}$ DW). The Hg
171 analysis revealed good agreement between the obtained and certified values, showing an
172 average recovery of 97% and 101%, respectively. Results are in consonance with those of the
173 certified values. Two replicates were analyzed per sample.

174

175 **2.5 Statistical analysis**

176 A standard statistical analysis (mean, median, standard deviation, etc.) was carried out to
177 describe fish biometric and analytical body composition results. Statistically significant
178 differences related to the control were estimated using the analysis of variance (ANOVA). Data
179 were not transformed and significant differences between species were assessed by non-
180 parametric Kruskal-Wallis tests (at $\alpha = 0.05$).

181 To study the relationship between Hg in different tissues (muscle and liver) and fish biometric
182 (size and analytical body composition), we used CCorA (canonical correlation analyses).
183 Discovered by Hotelling (1936), this method is used considerably in ecology (Campos-Herrera

184 et al., 2013; Höss et al., 2011; Rodríguez Martín et al., 2014). Let Y1 and Y2 be two tables
185 (Mercury contents, and the response variables (Y2) based on size and body composition), with
186 variables p and q , respectively, we obtain:

187

$$188 \quad (2) \quad \rho(i) = cor(Y1a(i), Y2b(i)) = \frac{cov(Y1a(i), Y2b(i))}{var(Y1a(i)).var(Y2b(i))}$$

189

190 The CCorA provide two vectors, $a(i)$ and $b(i)$, that are maximised. Constraints must be
191 introduced so that the solution for $a(i)$ and $b(i)$ is unique. As the ultimate intention is to
192 maximise the covariance between $Y1a(i)$ and $Y2b(i)$ and to minimise their respective variance.
193 CCorA (Kianifard, 1993) provides the relationships between biological variability and
194 sensitivity to chemical disturbance (Campos-Herrera et al., 2016; Losi et al., 2013; Takoutsing
195 et al., 2017). The graphical results of the CCorA were presented with bi-plot scaling to evaluate
196 the relationship. The first set of variables were Hg contents in liver and muscle tissues and the
197 second set of variables are the results of Fish Biometric indices and body composition
198 parameters (Moixture, lipids, Protein, Ash, O.M. and NFE). All the statistical analyses were
199 carried out by XLSTAT (Addinsoft Version 2012.2.02) package for Windows.

200

201 **3. Results and discussion**

202 **3.1. Biometrics and muscle composition**

203 The summary statistics (mean and standard deviation) of biometrics of fish and their age and
204 trophic level are listed in Table 1 for the four study species. The Weight and Total Length (Lt)
205 were similar among individuals of each species. The highest variability was found in *M.*
206 *merluccius*. The *A. rochei* showed the highest values of weight and length, while the *M.*
207 *surmuletus* showed the lowest ones. The estimated age indicates that the *M. merluccius*, 3.5
208 years old, are the oldest fishes of this study and the *M. Surmuletus* are the youngest, with one
209 year old. *M. Merluccius* showed the highest trophic level (4.41 TROPH). On the opposite,
210 small fishes as *M. Surmuletus* were the ones which showed a low trophic level and similar to *S.*
211 *japonicus* (Table 1). The values of our species places the bullet tuna and hake with the highest
212 TROPH levels, while the red mullet and mackerel are located in lower links corresponding to
213 omnivores of animal preference (Stergiou and Karpouzi, 2001). The size of the individuals of
214 each species were similar (Table 1) with a little SD because fishes were caught in the same set
215 of the operation gear, indicating that they were of the same school in the case of pelagic fish, *S*
216 *japonicus* and *A. rochei*. Regarding demersal and benthonic species, they are not gregarious
217 and show more random geographic distributions, the bottom trawlers go across variable
218 distances capturing fishes of different stocks. As larger is an individual, there are dietary
219 changes towards larger prey, and therefore the trophic level it occupies in the marine trophic
220 chain, this is valid both within the same species and between different species (Pauly et al. al.,

221 1998, Pauly and Sa-a, 2000a). Body size is a good descriptor of the trophic level of a specimen,
222 regardless of the species (Jennings et al., 2007). In addition, the age of each species must be
223 taken into account, because their food structures grow and ingest larger prey (Deudero et al.,
224 2004; Galván et al., 2009). Therefore, our species and the trophic values that they show, are
225 combining both the size and the age of the specimens, and placing the hake in the highest place
226 of the trophic chain, despite not having the greatest weight but they are the oldest fishes.
227 Following the hake, is placed the bullet tuna, that if it has the greater weight and an intermediate
228 age between the hake and mackerel. At lower levels are mackerel and mullet, small sizes and
229 ages between 1-2 years (Table 1).

230

231 The study of the muscular composition is shown in Table 2. For moisture the highest value
232 correspond to *M. surmuletus* (82,21%) and lowest in *A. rochei* (65,03%) which presents the
233 highest percentage of lipids (23,69%) while the lower lipids content were observed in *M*
234 *merluccius*. The protein is major macronutrient content in all the species analysed 66% (*A.*
235 *rochei*) to 84% (*M. merluccius*). The organic matter and NFE showed similar values among
236 species; the lowest value was obtained in *M. merluccius* (94.67% and 5.05% respectively), and
237 the highest in *S. japonicus* (95.52% and 9.68% respectively). The lipids porcentaje observed in
238 *A rochei* (Table 2) was slightly higher to the one obtained by Saito and Ishihara (1996) for this
239 species, 4.8% for dorsal muscle and 21.6% for ventral muscle, but lower than the results of
240 Karunarathna and Attygalle (2010). *S. japonicus* showed similar lipids values to the results
241 described by Reinitz et al. (1979), which ranged between 1.5 and 19% of the wet weight, but
242 richer than the ones described by Celik (2008); *M. merluccius* showed approximately double
243 lipids levels than those published by Pérez-Villarreal and Howgate, (1987). Regarding the
244 protein, the values obtained for *A rochei* were similar to the protein reported by Karunarathna
245 and Attygalle, (2010), however *S. japonicus* and *M. merlucius* showed lower protein levels than
246 the reported by Celik (2008) and Pérez-Villarreal and Howgate, (1987) respectively. In general,
247 the values of muscular composition are in the range described by FAO (2017) for these species,
248 nevertheless fishes are subjected to seasonal changes in body composition due to different
249 availability and composition of their prey. Moreover, the activities of the fish such as
250 reproduction and migration (influenced by wáter temperature and photoperiod), have an
251 influence on the chemical composition of the fish (Bandarra et al., 1997; Olsson et al., 2003
252 Grigorakis et al., 2002) and it is difficult to compare data with only sampling.

253 A strong relation between muscle composition and fat, moisture, and weight were observed.

254 The increase of weight is related with fat content while the hydrophobic properties of fat
255 provoke a decrease of moisture with the increase of fat.

256

257 **3.2 Mercury Fish levels**

258 Table 3 summarises the statistics of the Hg contents in muscle and liver of the four study
259 species expressed as dry weight (DW). In order to assess the changes in the concentration of
260 muscle and liver the figure 2 shows the statistically significant differences between muscle and
261 liver for each species. Hg content in muscle for *M. merluccius* fell within 555.3 - 1065.6 $\mu\text{g kg}^{-1}$
262 ($854.8 \pm 197.54 \mu\text{g kg}^{-1}$), pointing out this species as the one with highest mercury content, with
263 statistically significant differences with *A. rochei* ($567.7 \pm 133.44 \mu\text{g kg}^{-1}$), *M. surmuletus*
264 ($490.7 \pm 183.68 \mu\text{g kg}^{-1}$), and *S. japonicus* ($306.4 \pm 48.67 \mu\text{g kg}^{-1}$) that showed the lowest values
265 of mercury in the muscle (Table 3). The variations of Hg content among individual of same
266 species should be considered to establish an adequate number of replies. A great variation of
267 data was observed in *M. surmuletus* and *M. merluccius* while *A. rochei* and *S. japonicus* didn't
268 show this variability. This could be related with the ecology of each species; *M. surmuletus* and *M.*
269 *merluccius* are not gregarious species, then there is high intraspecific variability in their feeding
270 (Stergiou y Karpouzi, 2001) while *S. japonicus* and *A. rochei* live in schools and presumably
271 with a more homogeneous diet among individuals of the school (Menard et al. 2000).

272

273 On the other hand, several studies have demonstrated elevated Hg concentrations in the
274 Mediterranean fishes compared to the same species from other parts of the world (Harmelin-
275 Vivien et al., 2009). The Hg level in fish varies among species and individuals of same species,
276 and the factors that influence in the bioaccumulation are not completely known. The level of Hg
277 in one species depends on trophic levels (Agah et al. 2006; Agusa et al. 2004; Anan et al. 2011),
278 the size and age (AESAN 2010; Agusa et al 2004; Andersen y Depledge 1997; ATSDR 1999)
279 and the duration and level of exposure (Authority EFS 2012).

280 *Merluccius merluccius* from Almeria bay has the highest concentration of Hg regarding the
281 other species studied (Table 3). In the Italian coast (Brambilla et al., 2013), this species has
282 shown mercury contents of $159 \mu\text{g kg}^{-1}$ in wet weight (WW), slightly lower than those measured
283 in the coast of Almeria ($163 \mu\text{g kg}^{-1}$ WW). *M. merluccius* caught off the Central Adriatic (Di
284 Lena et al., 2017) presented even lower content ($85 \mu\text{g kg}^{-1}$ WW). Although, Cresson et al.
285 (2015a) found levels of Hg in *M. Merluccius* in France mediterranean coast from 290 to 1360
286 $\mu\text{g kg}^{-1}$ (DW), similar to the levels of Hg analysed in this study ($854.83 \mu\text{g kg}^{-1}$ DW).

287

288 In our study *Mullus surmuletus* presents a mean content of $490.7 \mu\text{g kg}^{-1}$ DM of Hg, ($87 \mu\text{g Hg}$
289 kg^{-1} WW,) which is higher than the reported for the Gulf of Lions with $202 \mu\text{g kg}^{-1}$ DM
290 (Harmelin-Vivien et al., 2009), for Ligurian Sea with $210 \mu\text{g kg}^{-1}$ DM (Capelli et al., 2004), but
291 lower than the reported in the Italian coast with $258 \mu\text{g kg}^{-1}$ WW (Brambilla et al., 2013), in
292 Central Adriatic $129 \mu\text{g kg}^{-1}$ WW (Di Lena et al., 2017), and in the Gulf of Lions with $920 \mu\text{g}$
293 kg^{-1} DM (Cresson et al., 2015). Also *A. rochei* has presented lower levels of Hg in Almeria (198
294 $\mu\text{g kg}^{-1}$ WW) than the reported in the Italian coast with $221 \mu\text{g kg}^{-1}$ WW (Brambilla et al., 2013)

295 or 280 $\mu\text{g kg}^{-1}$ WW (Di Lena et al., 2017). The *Scomber japonicus* species (86 $\mu\text{g Hg kg}^{-1}$ WW)
296 shows lower level than those obtained in other areas of the Mediterranean Sea, as Central
297 Adriatic 171 $\mu\text{g kg}^{-1}$ WW (Di Lena et al., 2017) or Italian coast (Brambilla et al., 2013) with 220
298 $\mu\text{g kg}^{-1}$ WW.

299

300 In general the liver is the organ where more mercury can be found in any terrestrial or aquatic
301 species. However, no differences in Hg levels between muscle and liver were found in *A. rochei*
302 and *M. surmuletus* whilst the *M. merluccius* has significant higher Hg content in the muscle
303 (854.8 $\mu\text{g Hg kg}^{-1}$ DW) than in the liver (334.90 $\mu\text{g Hg kg}^{-1}$ DW) (Figure 2). Only the *S.*
304 *japonicus* showed significant higher Hg concentration in the liver 532.35 $\mu\text{g Hg kg}^{-1}$ DW than
305 in muscle 306.39 $\mu\text{g Hg kg}^{-1}$ DW, what means a 50% higher than in muscle (Figure 2). The
306 liver has an important role in redistribution, detoxification and transformation of pollutants
307 (Yamashita, et al., 2005; Maršálek et al., 2007). Havelková et al. (2008) found that the target
308 organ to accumulate Hg depends of pollution level; the fish are from high polluted areas, the Hg
309 accumulates in liver, in low polluted areas the target organ it is the muscle. However, in our
310 study the fish was caught off from same area (Bay of Almeria), and the Hg content variability in
311 the liver depends on the species (Table 3). It has been documented that species such as *Xiphias*
312 *gladius* and *Thunnus thynnus* present higher Hg content in liver than in muscle (Storelli, 2005),
313 whilst in shark it is the muscle the accumulative organ (Branco et al., 2007). However in catfish
314 there aren't differences in Hg content in organs, liver and muscle (Arantes et al., 2016).

315 The different distribution of Hg depends on elimination rate and transportation into the organs.
316 The elimination and transport of Hg in *Siganus canaliculatus* was slowly distributed into
317 muscle but was efficiently eliminated by the intestine. However the muscle didn't eliminate the
318 meHg. These elimination and accumulation rates seem to be specific to each species (Pen et al.,
319 2016).

320

321 **3.3 Assessing relationship between mercury content in tissues and Biometrics and muscle** 322 **composition**

323 As previously mentioned, no clear effect in the Hg accumulation have been shown when we
324 look at each species separately. To evaluate this, CCA allows to provide the relationships
325 between biological variability and sensitivity to chemical disturbance (Campos-Herrera et al.,
326 2016; Losi et al., 2013; Takoutsing et al., 2017); thus, this method has been considerably used
327 in ecology (Campos-Herrera et al., 2013; Höss et al., 2011; Rodríguez Martín et al., 2014).
328 Numerous factors have been described that affect the accumulation of Hg. In this study the Hg
329 content of tissues has been connected with length, weight, age, trophic level, and muscle
330 composition (protein, lipids, ash...) showing a positive association with age and trophic level.

331 The CCA (Figure 3) proved the relationships between fish Biometric indices and body
332 composition parameters versus muscle and liver Hg contents as a whole which accounted for
333 89% of total variance.

334 No association has been found between hepatic level of Hg and trophic levels, probably due to
335 the role in detoxification of the liver (Yamashita, et al., 2005; Maršálek et al. 2007) than that the
336 acculation.

337 On the opposite, trophic level and total fish length were the factors which was most correlated
338 with Hg contents in muscle. This correlation between trophic level and Hg muscle has been
339 previously confirmed (Snodgrass et al., 2000) and also the size of the fish (Vieira et al., 2011;
340 Storelli and Barone, 2013). Branco et al. (2004) found a tendency for Hg concentrations to
341 increase with length in shark. These results indicate that the bioaccumulation of Hg is due to
342 exposure; at higher trophic level and age, greater exposure to Hg. In the case of *M. surmuletus*
343 the Hg levels found were higher than what it would correspond to their age and trophic level
344 due to the fact that the habitat and feeding habits increase the exposure (Benedicto et al., 2008;
345 Storelli et al., 2005a), for that reason red mullet is considered as species indicative of the
346 environmental quality of the marine ecosystem (Machias and Labropoulou, 2002).

347

348 In any case, our results can be interpreted in the light of there is a great variability between
349 species still living in the same area where have been collected, but in general, bigger species
350 and a high trophic group tend to accumulate more mercury in the muscle tissue. By the other
351 hand, our results indicate that hake, red mullet, bullet tuna and mackerel consumption from
352 Almeria area does not represent a risk to health.

353

354 **4. Conclusions**

355 According the results the target organ for Hg accumulation, liver o muscle, depend on the
356 species. The age or trophic levels are related with Hg level in muscle but not with the Hg in
357 liver. It should be noted a high variation among individuals in non-gregarious species, *M.*
358 *surmuletus* and *M. merluccius*, that indicates the area and feeding of each individual are two
359 factors to consider in addition to age or trophic levels.

360 On the other hand, according to this result, the adequate and safe monitoring systems of Hg in
361 fisheries should be designed according of the area, trophic level and gregarious habit of the
362 species.

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374 Figure captions:

375 - Figure 1: Fishing areas for four species in Almeria Bay, Western Mediterranean Sea.

376

377 - Figure 2. Mean concentrations (\pm SD) of Hg on muscle and liver tissues per fish species.

378 Footnote: Significant between tissues at * 99% ($p < 0.01$). ns. not significantly different.

379

380 - Figure 3: Ordination diagram based on the CCorA of Hg in muscle and liver tissues versus

381 Fish Biometric indices and body composition parameters

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